

# Job Description

## *Crisis Support Therapist*

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**Location:** Dublin – onsite work location

**Reports to:** Therapy Lead – Therapy Services

**Contract Type:** 2 Years

### **Purpose**

This role plays a vital part in providing immediate support and assistance to individuals facing acute crises related to sexual violence. The responsibility of a Crisis Support Therapist is to offer stabilization and guidance to help individuals navigate through challenging times.

**Hours of Work:** 4 days per week – Wednesday – Friday 09.30 – 17.30 with one late night (12.00–20.00) and Saturday 09.00–16.00.

### **About Dublin Rape Crisis Centre**

Dublin Rape Crisis Centre (DRCC) has a twofold mission: to prevent the harm and heal the trauma of all forms of sexual violence. We provide first response services through the National 24/7 Helpline, face to face therapy and an information and support service. We provide accompaniment and support to those who attend the Rotunda Sexual Assault Treatment Unit, Garda Stations, Courts and other settings. In addition, we offer education and training programmes for a wide variety of professionals, frontline staff and volunteers who work with those who have experienced sexual violence.

### **Key Duties & Responsibilities include but are not limited to the following**

- To provide short-term crisis support to people who have experienced sexual violence and child sexual abuse.
- Participating in staff training and supervision to ensure best practices in client care.
- Maintaining accurate client records, including intake case notes, support plans, and consent forms.
- Providing referrals to longer-term therapy and other support services as needed.
- Ethical Compliance: Adhering to codes of ethics and recognized standards of practice.
- To complete and maintain clients records to the highest standards.
- Assess individuals in crisis to determine the level of support needed.
- Provide immediate support through therapy and de-escalation techniques.
- Create and implement support plans as appropriate.
- Refer clients to appropriate long-term care or support services.
- Follow up with clients to monitor their progress and provide additional support as needed.
- Collaborate with other professionals such as social workers, therapists etc.
- Educate community members about crisis supports available.
- Stay updated with the latest practices and protocols in crisis therapy.
- Conduct risk assessments for suicide, violence, or other potential dangers.

- Providing support for clients on the transfer list and therapy waiting list.
- Manage a small number of therapy clients.

### Person Specification – Crisis Support Therapist

The successful candidate is likely to have most of the following competencies and experience.

Criteria	Essential	Desirable
<b>Qualifications &amp; Accreditation</b>	<p>A recognised degree or professional post-graduate qualification in counselling or psychotherapy recognised for accreditation by one of the following as appropriate: IACP, ICP, IAHIP.</p> <p>Fully accredited membership with one of the following as appropriate: IACP, ICP, IAHIP.</p> <p>A minimum of 3 years post-accreditation experience in a clinically relevant area, having provided a range of interventions in a wide range of settings and with a diverse range of client presentations.</p>	Certifications in crisis intervention or trauma-informed care.
<b>Experience</b>	<p>Experience in delivering brief and/or time limited therapies.</p> <p>Experience working in high-stress environments.</p> <p>Experience with specific populations, such as adolescents, victims/survivors of sexual violence.</p>	
<b>Skills &amp; Knowledge</b>	<p>Strong understanding of legal and ethical considerations in crisis intervention.</p> <p>Proficiency in crisis intervention techniques.</p> <p>Knowledge of local and national resources for crisis intervention.</p> <p>Excellent verbal and written communication skills.</p> <p>Strong problem-solving and decision-making skills.</p> <p>Basic computer skills and familiarity with record-keeping software.</p>	
<b>Personal Attributes</b>	<p>Empathetic and non-judgmental approach.</p> <p>Ability to remain calm and effective in high-pressure situations.</p>	

### What We Offer

- Salary €58,958 Pro Rata
- 25 days annual leave Pro Rata
- 2 Company Days (Christmas and Good Friday)
- Pension scheme
- Death in Service Insurance

- Travel Tax Saver Scheme
- Bike to Work Scheme
- Immediate access to Dublin Rape Crisis Centre Employee Assistance Programme (EAP)

## How to Apply

If you meet the qualifications, we would love to hear from you! Join our dynamic and expanding organisation for an exciting opportunity.

Please apply with your up to date CV and a cover letter outlining why you believe you are a good fit for us.

Send to [recruitment@rcc.ie](mailto:recruitment@rcc.ie). Please include **"Crisis Support Therapist"** in the subject line.

**Closing Date:** 19th June 2026 @ COB

**Expected Interview:** TBC

### Note

*All prospective employees are required to declare prior convictions and whether they have been or ever having been the subject of any investigation or inquiry into abuse or other inappropriate behaviour.*

*DRCC is committed to providing reasonable accommodations for applicants and employees with a disability. Please note that DRCC is an equal opportunities employer. Should you have a reasonable accommodation request, and you wish to discuss, please contact Naomi Patton, HR Manager.*

*The details contained in this job description reflect the content of the job at the date the job description was prepared. It should be remembered, however, over time, the nature of individual jobs may change; existing duties may be lost, and other duties may be gained without changing the general character of the duties or the level of responsibility entailed. Consequently, this job description may be revised from time to time.*