

Annual Statistics 2025

National Helpline

23,955

Total Rape Crisis Helpline contacts

up 5.5% on 2024 and up 29% on 2023

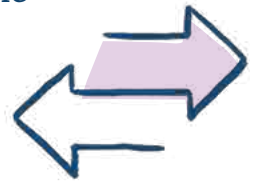


Contacts

7,352 First-time

11,623 Repeat

4,980 Unknown



Therapy

838

Clients in 2025
up 31.5% on 2024



of which

542

were new

and

296

were ongoing

7,270

Therapy appointments delivered



26%

Of appointments for recent rape or assault

79.5%

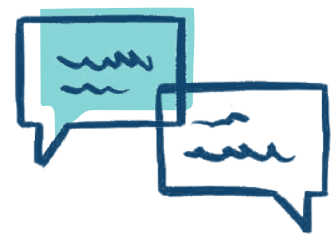
of clients experienced sexual violence as adults

32%

of clients experienced sexual violence as children

15%

of clients experienced sexual violence both as adults and as children



A note on statistics for 2025: The information collected in these statistics relates to details disclosed by callers, clients and people availing of our support services during 2025. We aim to provide confidential and specialised support and information, and for this reason our statistics have varying levels of detail. Their value is that they tell of the experiences of the people who availed of our services.

Accompaniment at Sexual Assault Treatment Unit

299

victims and survivors supported at first visit, up 17% on 2024



219

supported at the follow-up clinic

146

friends and family offered emotional support



Accompaniment in Justice System

108

individuals supported across the justice system

350

support sessions delivered



242

friends and family supported attending court



Note: our reporting system for accompaniment work was revised in 2025; figures are not directly comparable with previous years.

Education

62



Training sessions delivered



907

People trained

198

participants in 15 sessions for youth educators

Website and social media

Over 108,000 views

Over 50,000 unique users

30+ million

combined reach across social media platforms

6%

engagement rate, well above industry average

4,700 Downloads



Media

Volunteers



2,350+

pieces of media coverage and other engagements

157 million combined reach



74

Volunteers

10,051

Combined hours contributed