

**THE DUBLIN RAPE CRISIS CENTRE  
(A COMPANY LIMITED BY GUARANTEE)  
TRADING AS DRCC**

**ANNUAL REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2024**

**Registered Number: 147318  
Charity Number: CHY 8529  
Charity Registration Number: 20021078**

## **DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**

### **CONTENTS**

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Directors' annual report	1-52
Directors' responsibilities statement	53
Independent auditors' report	54-56
Statement of financial activities	57
Statement of financial position	58
Statement of cash flows	59
Notes to the financial statements	60-77

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**COMPANY INFORMATION**

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Chair	Anne Marie James Ann Marie Gill	Appointed 27 June 2024 Resigned 27 June 2024
Directors	Ann Marie Gill Aibhlín McCrann Grace O'Malley Carol Keane Anne Marie James John Fanning Siona Cahill Madeleine McCarthy Fergus Finlay Nichola Gallagher Eoghan Cleary Nóirín O Sullivan Alison Cowzer Doreen Gerety Peter Finlay	(Resigned 27 June 2024) (Resigned 29 January 2025) (Resigned 29 January 2025)  (Resigned 21 March 2024) (Resigned 20 March 2025)     (Appointed 13 June 2024) (Appointed 29 January 2025) (Appointed 29 January 2025) (Appointed 29 January 2025)
Chief Executive	Rachel Morrogh	
Company Secretary	Carol Keane	
Company Number	147318	
Registered Office	70 Lower Leeson Street Dublin 2	
Auditors	PKF Brenson Lawlor Brenson Lawlor House Argyle Square Morehampton Road Dublin 4	
Bankers	PTSB 70 Grafton Street Dublin 2  Allied Irish Banks 40/41 Westmoreland Street Dublin 2	
Solicitors	LK Shields Solicitors LLP 38 Mount Street Dublin 2	

# **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**

## **DIRECTORS' REPORT**

### **FOR YEAR ENDED 31 DECEMBER 2024**

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The Directors present their annual report and audited financial statements of the charity for the year ended 31 December 2024.

The company is a registered charity and hence the report and results are presented in a form which complies with the requirements of Companies Act 2014 and FRS 102. Although not obliged to comply with the Charities SORP, the organisation has implemented its recommendations where relevant in these accounts. The main activities of the organisation are charitable.

The content of the director's annual report is set out in the following headings:

- Chairperson's foreword
- Message from Chief Executive Officer
- Vision, mission and values;
- Achievements and performance;
- Financial review;
- Structure, governance and management;
- Reference and administrative details;
- Exemptions from disclosures;
- Funds held as custodian trustee on behalf of others;
- Likely future developments;
- Subsequent event and
- Political donations.

# **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024**

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## **Chairperson's Foreword**

It is my privilege to present the Annual Report of the Dublin Rape Crisis Centre for 2024.

Data from the Central Statistics Office (CSO) revealed a further 8% increase in reported rape and sexual violence in Ireland in 2024 which totaled 3,709 incidents. Calls to our helpline and demand for therapy and court accompaniment services have seen increases which reflect the CSO figures.

As we continue to further our fight for zero tolerance of rape and sexual violence, our mission of preventing the harm and healing the trauma is more important than ever before.

This year, after much soul searching, we made the momentous decision to move from our home at McGonnell House on Lower Leeson Street to a customised, new home at Equity House Ormond Quay.

Amongst other facilities, we will have soundproof therapy rooms, healing rooms and a home which will accommodate our staff and our clients in conditions which ensures the privacy and dignity of all concerned and the hoped-for result that our victims become survivors with our help.

While McGonnell House at 70 Lower Leeson Street has been and will always be remembered as a beacon of hope for many of our survivors, there will now be a welcome home in Equity House. We thank the McGonnell Family Trust from the bottom of our hearts for their incredible support and kindness in providing a safe haven for victims and survivors to come and tell their story in a safe place, where they would be believed, supported and healed.

In recognition of the epidemic of sexual violence, a dedicated governmental agency, Cuan, was established to coordinate the state's response to victims and survivors. We welcomed and worked closely with Cuan in 2024 and look forward to continuing this positive relationship into the future.

We have always strived to ensure that financially, the Centre has remained stable thanks to careful management of our resources, continued support from statutory and voluntary funders, and the generosity of the public. We are deeply grateful to all who make our work possible, from government and statutory partners to individual donors and philanthropists.

Our supporters also see public advocacy as central to the delivery of our mission. We are at the forefront of survivor-centred policy-making and bring our more than 45 years' experience of working with survivors to inform stakeholders' work, law-making and strategies. Dublin Rape Crisis Centre believes that there is a long way to go before we can truly say our legal, political, social and cultural pillars have survivors' experiences embedded into their work.

On behalf of the Board, I want to extend our heartfelt thanks to our incredible staff and volunteers, each and every one of whom is a first responder, and to our dedicated and victim-centred CEO Rachel Morrogh. Thank you all for your professionalism, compassion, and unwavering commitment to your roles.

We also stand on the shoulders of those dedicated staff, volunteers and board members who have gone before us. In particular, we recognise and warmly thank those who concluded their tenure during the year, including our former Chairperson, Ann Marie Gill, whose vision and leadership for her stewardship was so important in growing and developing our organisation.

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)  
DIRECTORS' REPORT  
FOR YEAR ENDED 31 DECEMBER 2024**

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As we look ahead, we remain firmly focused on strengthening our services, deepening our advocacy, and working toward a society where sexual violence is not only responded to effectively but prevented entirely.

Finally, but most importantly, I would like to acknowledge and pay heartfelt tribute to all the survivors the organisation has had the privilege to work with over the course of the last year. We witnessed survivors speak of their own deeply personal stories with a view to preventing the harm to others, to improving society as a whole, and to exposing extraordinary injustices through their own deeply personal experiences.

Courage builds courage, and their bravery has certainly inspired many more victims to stand up and speak out. Silence as we know is the enemy of recovery.

To the very many of you who have never shared your story, please know that we see you, we believe you and we will continue to advocate for you.

*Anne Marie James  
Chairperson, Dublin Rape Crisis Centre*

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024

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## Message from Chief Executive Officer

Over the course of 2024, Dublin Rape Crisis Centre supported more people than it has ever done before.

More disclosures of rape and sexual violence were made to staff and volunteers than in any of the 46 years for which the organisation has existed.

We listened, counselled, advised, informed and supported all those who turned to us for help, yet we know that this is only a small proportion of the true number of people who need and deserve to heal.

It is troubling that for many different reasons, there remain thousands and thousands of people in Ireland who have never even told another person about what happened to them, never mind received professional support. We desperately want this to change.

Throughout the year we sought to increase awareness of the supports, services and information that is available to people who have experienced sexual violence in the hope this would encourage people who were facing trauma alone to reach out for the first time. The efforts we made to connect with this silent majority were effective and we saw significantly increased demand for all our support services. Our staff and volunteers speak of the privilege it is to be the first person to whom a survivor discloses what happened to them.

At the heart of everything we do is a simple but powerful principle: **we believe victims and survivors**. Increasingly, it feels that standing firm in that belief is one of our most vital responsibilities, given an emerging narrative, particularly internationally, that trivialises and normalises sexual violence.

During 2024, we put this fundamental belief into action every day of the year, every hour of the day. We take pride in being the organisation our clients could count on to listen, to support, and most importantly, to believe. And we remain committed to being that same trusted support for everyone who needs us in the days, years and decades to come.

Dublin Rape Crisis Centre has operated the National Rape Crisis Helpline since 1979 and each year since then has witnessed a growth in caller numbers. However, in 2024 we witnessed an exceptional additional demand of 22%, with 22,700 contacts. The significant majority of these callers were making contact for the first time, but we remain a constant and reliable support for repeat callers too, who make up about 1 in 3 of our contacts. Most callers to the National Rape Crisis Helpline are seeking support for an adult rape (37%) with the next most frequent incident/s being child sex abuse (29%), followed by sexual assault as an adult (16%). In our Annual Report for 2023, we identified an increase in the acute mental health needs expressed by some of our callers. We outlined our concern at the increase in suicidal ideation being referenced to our staff and volunteers and that understandably such deep trauma requires additional, specialised support. Over the course of 2024, this trend continued with more than 10% of helpline callers - 2,337 people – referring to mental health issues, and 527 calls directly referencing suicidal ideation.

The year was also marked by high profile legal cases and these are reflected in caller numbers to the National Helpline – there are spikes in contacts when survivors of sexual violence speak out. This was the premise on which we developed our “Signs of Hope” campaign which we launched in October. We asked a group of courageous and selfless survivors to each write a message to other survivors who had not yet sought support after experiencing sexual violence. They urged people to call the National Rape Crisis Helpline and as a result, we witnessed a surge in calls from first-time callers. Some callers had carried their experience alone for

## **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024**

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decades and had never told another soul – until now. Dublin Rape Crisis Centre is hugely grateful to the survivors who participated in this campaign and because of its success in driving never-time callers to the Helpline means that we will continue it into 2025 in our effort to reach and support more victims of sexual violence.

The National Rape Crisis Helpline is often the first point of contact someone will have with Dublin Rape Crisis Centre, but many callers go on to receive counselling and therapy with us. In 2024, there was a huge increase in the number of people our therapists counselled, growing from 497 in 2023 to 637 people last year – an increase of 28%.

The increase in client numbers is reflected in the phenomenal growth in the number of appointments we offered during the year, which rose by 57% compared to 2023. In 2024, we delivered close to 6,000 sessions across our locations at Leeson Street, Coolock, Balbriggan, Dochas Women's Prison and Tallaght, compared to just under 3,800 in 2023. We were only able to achieve this kind of growth because of the endless commitment of our therapists, intake coordinators, administrative staff and HR colleagues, whose dedication meant that we could provide counselling to more survivors of sexual violence than we have ever been able to before.

More than 1 in 3 of people receiving therapy with Dublin Rape Crisis Centre in 2024 had been raped or sexually assaulted in the last 6 months, while others had experienced sexual violence more than 6 months ago or as a child. Five of our clients told us that they had become pregnant as a result of rape.

The gender of our therapy clients remains mostly female and although women are more likely to experience sexual violence than men, they are over-represented amongst our client numbers at 87%. We sought to connect directly with males in our "Signs of Hope" awareness-raising campaign in 2024 and although this led to an increase in callers to the National Rape Crisis Helpline, they didn't go on to avail of counselling. This is something that the organisation will remain focused on in 2025.

Over recent years, we have observed a concerning trend amongst our new therapy clients regarding additional physical or psychological violence inflicted upon them, on top of the sexual violence they have experienced. This additional violence may have occurred to facilitate a once-off sexual attack or may be part of longer term pattern of abuse our client has been subjected to. More than half of our therapy clients (55%) had suffered other forms of violence in addition to sexual violence, from physical and psychological abuse to coercive control, spiking, trafficking, stalking and threats to kill. Our therapists, and all of us at Dublin Rape Crisis Centre, have been particularly troubled and upset by the increase in physical restraints that are being used by perpetrators to prevent their victim from escaping from them before they are raped.

The medical teams working in the Sexual Assault Treatment Units have made similar observations; it was reported in the SATU Annual Report for 2023 that physical restraints were used in 38% of the incidents they recorded - an increase of 6% compared with 2022. Restraint by the throat was recorded in 77 (7%) of attendances. This level of violence speaks not only to the immediate medical care required, but also the profound shock, loss and grief that someone who has just experienced sexual violence can feel. For many people, the Sexual Assault Treatment Unit is where they will first encounter Dublin Rape Crisis Centre's Accompaniment Service, and our staff and volunteers support victims as well as their family and friends at a time of unimaginable distress.

In 2024, we supported 255 victims and survivors of sexual violence at the Sexual Assault Treatment Unit at the Rotunda Hospital. We also supported those who attended a follow-up clinic 4 weeks after their initial presentation. The presence of Dublin Rape Crisis Centre at the follow-up clinic was established as an Action



## **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024**

Research Project in 2024. This arose from a concern that some survivors are, understandably, not able to process information about support services when they first present at the Unit; this may mean they never access the support they need and deserve. In collaboration with the team at the Rotunda Hospital Dublin SATU, we set up an opportunistic brief-intervention model of care at the SATU's follow-up clinic. The success of this pilot meant that we supported 130 survivors who without this pilot would have risked falling through the net and not accessed a support service. We presented the findings of the pilot at the SATU Study Day and it is our hope that this model can be mainstreamed across the country.

As well as providing support to the survivors of sexual violence themselves, we gave psychological and emotional support to 145 friends, family members and other supporters who were accompanying a loved one to the Sexual Assault Treatment Unit.

Our Accompaniment Service also supports survivors to make a report of sexual violence to relevant authorities. Ahead of making the decision to report, survivors of sexual violence have many questions, doubts and concerns. Our Accompaniment team is skilled and experienced in providing information that will assist survivors in making the decision that is best for them.

In 2024, our accompaniment team provided support, information and accompaniment at the reporting stage to 226 victims and survivors. These numbers marked an increase of 21.5% from the 186 supported in 2023. Dublin Rape Crisis Centre is proud that our team is so trusted by survivors and that being supported by them makes such a difference when compared to the small proportion of victims of sexual violence nationally who will report a crime.

While most of our Accompaniment work is in Garda Stations and the Criminal Courts of Justice, we also worked in the Family Courts, Civil Courts, the International Protection Office and the International Protection Appeal Tribunal. In 2024, our team provided support, information and accompaniment to 98 survivors who wanted to know more about court, trials and other hearings, roughly the same number as in 2023 when the figure was 100. Of these, we went on to provide accompaniment to court for 75 victims and survivors, spending a total of 287 days in court settings.

However, it is important to reflect that although Dublin Rape Crisis Centre is reporting significant increases in those using our Accompaniment Service, there are very small numbers of people who report a sexual offence. Data published by the Central Statistics Office (CSO) in 2023 uncovered that 1 in 2 people who have experienced sexual violence never tell anyone else. Of the people who do disclose to another person, only 4% of women and 6% of men go to the Gardaí. This tiny proportion of the total number of people who experience sexual violence reflects the findings from the CSO that people don't think they will be believed, that they don't think what happened was serious enough or that they feel too ashamed or embarrassed to speak out. Amongst the clients who come to Dublin Rape Crisis Centre for therapy, the reporting rate to Gardai was 27%.

Other notable work throughout the year included the training of 759 people working in frontline services, up from 650 people in 2023. Our staff and volunteers covered topics such as the impact of trauma, managing disclosures and working with victims of childhood sexual abuse.

Ahead of the local and European elections, and with the General Election upcoming, Dublin Rape Crisis Centre provided a 4-part training module for all Oireachtas and constituency staff in association with the Parliamentary Women's Caucus. We wanted to offer this training because we know sexual violence is an issue politicians and their staff come across either as victims themselves or in their frontline work with constituents. Elected

## **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024**

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representatives also have a role to legislate against sexual offences and this training gave them a broad context from which to fulfil all these different roles.

Our national campaign We-Consent went from strength to strength in 2024 and we hosted consent workshops and discussion sessions nationwide, with 650 participants attending across 11 counties. We conducted extensive research about sexual violence and consent to gain further insights into the differences in men's and women's understanding of consent and raised awareness of the findings through the media. We were gratified to be viewed as thought leaders on the issue of consent when We-Consent was asked to contribute to chapters on sex, consent and relationships in three Social, Personal and Health Education (SPHE) books for senior and junior cycle curricula.

Advocacy remains at the heart of our work and in 2023 we engaged with policy makers, collaborated with partner organisations and amplified the voices of survivors to drive legislative change. Dublin Rape Crisis Centre was pleased that the issues we raised ahead of the General Election were reflected in parties' manifestos and, later, in the Programme for Government. Our focus now is to ensure that these commitments become reality, such as amending the law on counselling notes, developing a Fourth National Strategy on Domestic, Sexual and Gender Based Violence and fully resourcing the State agency Cuan so that it can drive the change we all want to see.

Our achievements would not have been possible without the leadership of former Dublin Rape Crisis Centre Chairperson Ann Marie Gill, and our current Chairperson, Anne Marie James. I am also enormously grateful for the guidance and support of every member of the Board of Directors I had the pleasure of working with in 2024.

Dublin Rape Crisis Centre is wholly dependent on the kindness, empathy, solidarity and commitment of our staff and volunteers to deliver our services with the compassion and care that our clients deserve. It is the human dimension that makes the organisation the sanctuary that it has become for so many people and I am humbled to work alongside such dedicated and selfless colleagues.

The organisation couldn't do what it does without funding. We are enormously grateful to our statutory funders who have believed in our mission for many years and backed us so that we can be there for people who need our support. We also rely on private donations, corporate giving and generous philanthropy to supplement the funding we receive from the State, and we owe huge thanks to those who support each of these income streams. A diversified funding base is essential for our organisation so that we can be flexible and agile when we identify unmet need.

In 2025, there will be further change for the organisation when we move from Leeson Street to Ormond Quay. Dublin Rape Crisis Centre has needed a new home for many years and the new location will unlock a visionary, holistic model of support that reflects the continuum of care a survivor of sexual violence needs throughout their whole life. We will be trialing new services and supports, carrying out exciting research and growing our offering to clients so that we are there for them whenever and however they need us.

Finally, to each of the clients who is represented by a number or percentage in this document, I want you to know how much more you are to each of us who works in Dublin Rape Crisis Centre. You are seen and you are special. Everything we do is with you in mind and I want to thank you for trusting us to help you heal.

Rachel Morrogh  
Chief Executive Officer

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2024

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#### VISION, MISSION AND VALUES

Our **vision** is of an Ireland free from Sexual Violence.

Our **mission** is to prevent the harm and heal the trauma of rape and other forms of sexual violence.

Our core **values** under our strategic plan are:

Trust Worthy	We are a trusted brand, informed by evidence and our understanding of the trauma of sexual violence, committed to speaking out and seeking supports and justice for all victims / survivors of sexual violence.
Respectful	We are respectful of the lived experience of victims/survivors of sexual violence and listen in a careful and non-judgemental manner, providing an empathetic and empowering response to victims/survivors, while also ensuring that our engagement with our staff, volunteers and Board is both respectful and empowering.
Professional	Our services and interactions with clients, partners and staff are of a high standard, targeted at meeting the needs of all those who seek support and engagement with the organisation.
Informed	Our work is informed on an ongoing basis by the voices and lived experiences of the callers and clients with whom we work, as well as international and sectoral best practice.
Inclusive and diverse	We work to ensure our services and supports are accessible to all who need them and are provided by a diverse and inclusive staff and Board.
Action Learning	We are an action learning organisation that learns from our successes and our challenges, taking action in order to develop creative, flexible solutions and strategies to pressing problems.

#### ACHIEVEMENTS & PERFORMANCE

The organisation's 3-year strategic plan for 2024 to 2026 has three strategic goals:

##### Goal 1:

High-quality protection through timely services and supports focused on supporting recovery, building resilience and attaining justice for those harmed by rape and other forms of sexual violence

- |              |   |
|--------------|---|
| Objective 1: | Build on the provision of quality frontline services for victims/survivors of sexual violence |
| Objective 2: | Work to enhance the services provided, and  |
| Objective 3: | Work to ensure services are accessible to all victims/survivors.                              |

**Goal 2:** Effective prevention informed by the lived experiences of victims/survivors of sexual violence (through advocacy, education, as well as legal, policy and research work)

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|--------------|--|
| Objective 4: | Record evidence of sexual violence in society  |
| Objective 5: | Promote know-how by providing awareness, education and training for professionals and others |
| Objective 6: | Lead, inspire and influence.   |

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2024

**Goal 3: Be a sustainable organisation, which effectively manages risk and proactively supports its people towards excellence in meeting the needs of victims/survivors.**

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|--------------|--|
| Objective 7: | Resourcing the work                          |
| Objective 8: | Encouraging excellence in communications and |
| Objective 9: | Minding our people.                          |

The three strategic goals and their related objectives are laid out in this report with an account of the organisation's work in each area in 2024.

**Goal 1: High-quality protection, though timely services and supports focused on supporting recovery, building resilience and attaining justice for those harmed by rape and other forms of sexual violence**

#### **Objective 1: Build on the provision of quality frontline services for victims/survivors of sexual violence**

In its national Sexual Violence Survey, the Central Statistics Office (CSO) described sexual violence as any sexual act which takes place without freely given consent or where someone forces or manipulates someone else into unwanted sexual activity. The word "violence" is sometimes associated with the use of force, but it can also mean "having a marked or powerful effect" on someone, which includes actions or words that are intended to hurt people.

Sexual violence therefore refers to any kind of unwanted sexual activity or contact, whether physical or non-physical, including words or actions, that is done without consent.

Trauma is defined as an event or series of events that the individual perceives as life-threatening, leaving them overwhelmed, helpless and out of control. Dublin Rape Crisis Centre's approach to counselling and therapy is grounded in the understanding that such trauma deeply impacts a person's mental, emotional and physical well-being.

DRCC's frontline services to victims/survivors are delivered through:

- The freephone 24-Hour National Rape Crisis Helpline **1800 778888**;
- An online webchat support service;
- An Interpreting Service for those wishing to access the National Helpline in 240+ languages;
- A text service for Deaf and hard-of-hearing callers;
- Face-to-face counselling and psychotherapy;
- Survivor accompaniment support services in the justice and forensic healthcare systems; and
- A client support/welfare service.

#### **Freephone 24-Hour National Rape Crisis Helpline**

The freephone 24-hour National Rape Crisis Helpline 1800 77 88 88 offers free and confidential listening and support to adult victims/survivors of sexual violence. Trained telephone counsellors are available 24 hours a day, 365 days a year, to provide non-judgmental support to anyone affected by sexual violence. The line can also support families and friends of victims/survivors as well as those who work or volunteer with victims/survivors.

#### **Other National Rape Crisis Helpline services**

In addition to the freephone 24-hour National Rape Crisis Helpline, Dublin Rape Crisis Centre provides some additional specialist services for those seeking crisis help (note that these services are not 24/7 and are closed on public holidays):

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2024

- a **text service** for those who are Deaf or hard of hearing, operating **Monday to Friday from 8am to 6.30pm, at 086-823 8443**;
- a **Webchat Support Service** on our website drcc.ie, open **Monday to Friday 10am to 5pm and Tuesday and Wednesday midnight to 3am**, offering a written mode of communication, which is particularly helpful to those who cannot verbally articulate their needs or who don't have a private space in which to speak; and
- a live **Helpline interpreting service** for those who do not speak English, operating **Monday to Friday from 8am to 6.30pm, and midnight to 8am daily**.

National Rape Crisis Helpline contacts in 2024

**Table 1: Contacts with National Rape Crisis Helpline, January–December 2024**

Type of contacts	Number of contacts in 2024
<b>Total Helpline contacts</b>	<b>22,700</b>
Helpline counsellors responded to:	
▪ Counselling calls	19,653
▪ Emails	1,756
▪ Webchat	1,013
▪ Text messages	258
First-time contacts	10,727
Repeat contacts	5,277
Unknown	6,696

**Table 2: Breakdown of contacts by type**

Type of contact	Number
Counselling/ssupport	8,541
Therapy-related support	6,164
Information	3,886
Hang-up	3,153
Hoax	388
Silent	377
Abusive	191
<b>Total</b>	<b>22,700</b>

**Table 3: Breakdown of contacts by type of abuse**

Type of abuse	% of contacts
Adult rape	37%
Child sexual abuse	28.7%
Adult sexual assault	16.3%
Unspecified abuse	16%
Sexual harassment	2%

These figures are based on the 77% of contacts who disclosed type of abuse.

In 2024, there were **22,700** contacts with the 24-hour National Rape Crisis Helpline (see Table 1), a stark increase of 22% from 2023, when there were 18,562 contacts. Most contacts were from first-time callers.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2024

As in previous years, most contacts related to rape as an adult (37%), followed by child sexual abuse (28.7%) and sexual assault as an adult (16.3%) (see Table 3). Sexual harassment was cited by 2% of callers. Almost a sixth (16%) of callers did not disclose the type of sexual violence they had experienced.

#### Gender and age of contacts

Of the contacts calling the 24-hour National Rape Crisis Helpline in 2024 who disclosed their gender, the majority (85%) were female, while 14% were male and 1% identified as other (see Table 4). The largest group of contacts by age was those aged 30–39 years (19.3%), closely followed by those aged 40–49 years (19%) (see Table 5). The third largest group was those aged 50–59 years (18.7%). A total of 35.8% of contacts were aged under 30 years, and 8.2% were aged over 60 years. These figures are broadly similar to those from 2023, with a slight increase in the number of older contacts, potentially due to campaigns run by Dublin Rape Crisis Centre during 2024 which may have led more older callers to contact the 24-hour National Rape Crisis Helpline.

**Table 4: Gender of contacts**

Gender	% of contacts
Female	85%
Male	14%
Other	1%

These figures are based on the 85% of contacts who disclosed their gender.

**Table 5: Breakdown of contacts by age**

Age cohort	% of contacts
Aged under 16 years	1.2%
16–17 years	1.8%
18–23 years	15.8%
24–29 years	16%
30–39 years	19.3%
40–49 years	19%
50–59 years	18.7%
60–69 years	7.2%
Aged 70 years and over	1%

These figures are based on the 57% of callers who disclosed their age.

#### Location and origin of contacts

While almost 6 in 10 (57%) of those contacting the 24-hour National Rape Crisis Helpline in 2024 were in Dublin, over 4 in 10 (42%) said they were calling from outside the capital (see Table 6). About 1% were located outside of Ireland. Where the contact indicated their country of origin, most (86%) were Irish, with 3% from wider Europe and 11% hailing from countries outside of Europe (see Figure 1).

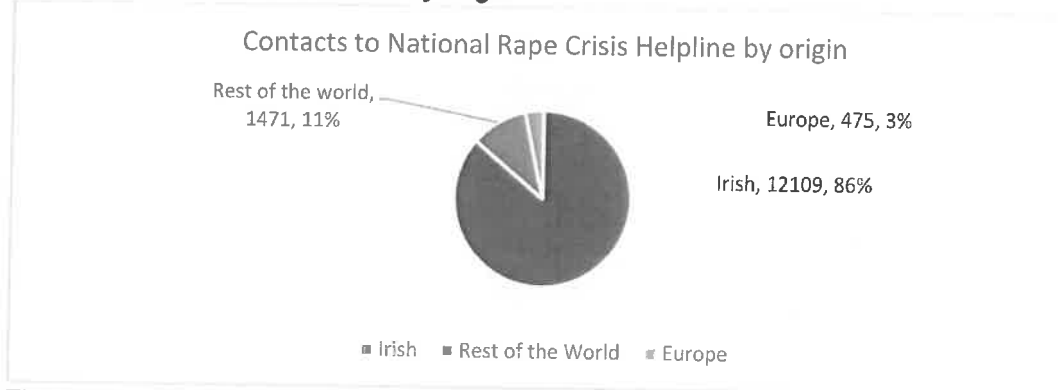
**Table 6: Breakdown of contacts by geographic location**

Location of contact	% of contacts
Dublin	57%
Elsewhere in Ireland	42%
Outside of Ireland	1%

These figures are based on the 65% of contacts who disclosed their location.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024

**Figure 1: Breakdown of contacts by origin**



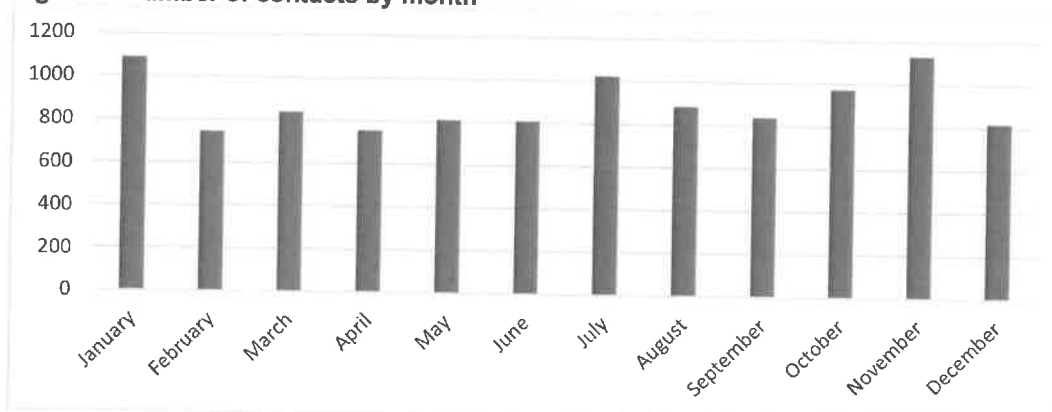
These figures are based on the 62% of callers who disclosed their nationality.

## Contacts by month and onward referral

Our busiest month on the 24-hour National Rape Crisis Helpline was November, with 1,133 contacts (see Figure 2). Surges in calls during this month were prompted by our national "Signs of Hope" campaign – which also resulted in a higher-than-average number of calls in October – as well as by coverage of the Nikita Hand court case result on 25 November 2024. There were also high levels of contacts in January 2024 (1,089) and July 2024 (1,023).

Some contacts sought or needed further information or support beyond Dublin Rape Crisis Centre services (see Table 7). Most were referred to general practitioners (GPs) (29%), another counselling service (14%), another rape crisis centre (13%) or An Garda Síochána or specialised Garda service (12%). About 1 in 14 referrals was to a Sexual Assault Treatment Unit (SATU) (7%). Some 4% of referrals were to suicide prevention services, and 3% each were to mental health services, other medical services and legal services. About 2% of referrals apiece were made to our sister organisations, One in Four, CARI (Children at Risk in Ireland) and Women's Aid.

**Figure 2: Number of contacts by month**



# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2024

**Table 7: Referral of contacts to external agencies**

<b>Services and agencies referred to included:</b>	<b>% of contacts</b>
GP	29%
Other counselling services	14%
Other rape crisis centres	13%
Gardaí/Garda National Protection Services Bureau (GNPSU)/Garda Victim Service Office (GVSO)	12%
SATU	7%
Suicide prevention services	4%
Mental health services	3%
Other medical services	3%
Legal services	3%
One in Four	2%
CARI	2%
Women's Aid/Domestic violence services	2%
Tusla/Child protection services	1%
Addiction services	1%
Children and youth services	1%
Medical Council of Ireland	1%
Crisis Pregnancy Agency	<1%
Migrant support agencies	<1%
Lesbian, gay, bisexual, transgender and other (LGBTI+) services	<1%
Homeless services	<1%
Services for men	<1%
Ruhama	<1%
<b>Total</b>	<b>100%</b>

These figures are based on the 5,308 contacts who were referred to other agencies.

#### 24-hour National Rape Crisis Helpline trends in 2024

As has been the case over the past few years, the 24-hour National Rape Crisis Helpline continued to receive varied and complex calls. A sizeable minority – about one in ten - disclosed a range of mental health issues including anxiety, eating disorders and post-traumatic stress disorder (PTSD). Many callers were experiencing distressing symptoms, including flashbacks, nightmares and panic attacks. Addiction was a serious issue that many survivors struggled with, either their own or that of the perpetrator.

Some of those who contacted the Helpline were in very severe distress, with 527 callers directly referencing suicidal ideation. The 24-hour National Rape Crisis Helpline team have had extensive training in suicide prevention to assist them in supporting callers.

Many contacts we received during 2024 mentioned the positive impact of survivors of sexual violence telling their own stories or speaking out about similar issues in media reports. Many callers on the 24-hour National Rape Crisis Helpline said how they felt empowered after hearing these individual experiences, particularly where the reports provided a message of hope to others. In this vein, our "Signs of Hope" campaign led to an increase in callers in October and November who had been inspired to seek support by the stories and words of other survivors.

Throughout the year, these high-profile media reports and investigations into past abuses, whether by individual perpetrators or in settings like schools or medical facilities, led a lot of people to make contact with the 24-hour



## THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024

National Rape Crisis Helpline for support. Callers ranged in age from younger people to those in their 80s. Older men in particular talked about abuse they had experienced as children in school. Most older callers were disclosing their abuse for the very first time and were overwhelmed with the emotions it brought up for them.

The justice system was also a topic brought up by callers. Some cited anxiety about approaching court dates, others were awaiting decisions from the Director of Public Prosecutions (DPP) while others called to express huge disappointment if a decision was made not to proceed. Some mentioned being treated with kindness and sensitivity by gardaí during the reporting process. Other callers wanted to express gratitude for the support they had received from the Dublin Rape Crisis Centre accompaniment team which helped them deal with pressure around their case and to process what was happening.

The issue of drinks being spiked came up regularly, with callers expressing confusion and anxiety at their lack of clear memory of the abuse. Some were assaulted while away on holiday, with some receiving medical attention and reporting to police abroad, and others returning home as quickly as possible and receiving treatment in a SATU in Ireland.

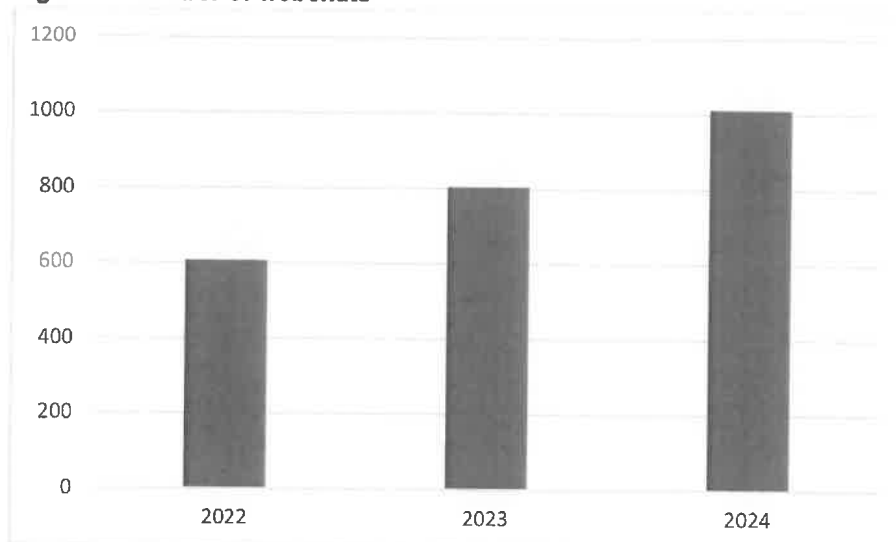
A small but noticeable number of callers cited experiencing difficulty when they have medical treatments, arising from the trauma of sexual violence. Some were anxious about having certain procedures like a colonoscopy or gynaecological examination, or they felt extremely vulnerable at having to lie flat for a dental procedure. This may result in their postponing or cancelling vital medical care, which is very concerning.

We also had calls from professionals such as teachers, doctors, care workers and those working with migrants seeking guidance on how to support those in their care. Parents contacted the 24-hour National Rape Crisis Helpline asking for guidance on how to support a child who has experienced sexual violence.

### Webchat Support Service

The Webchat Support Service continued to grow in 2024 (see Figure 3). We received 1,013 webchats, an increase of 25% from 805 in 2023.

**Figure 3: Number of webchats**



## **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024**

The service is useful for those who prefer to type rather than talk, or where it is difficult to have a telephone conversation due to privacy issues. Sometimes a webchat will lead to a Helpline call and can progress from there to a therapy engagement. Chats can vary in duration, with some lasting longer and involving multiple issues. Some contacts referenced how helpful the chat format was in documenting their struggles. The Webchat Support Service is available Monday to Friday, 10am to 5pm, and also midnight to 3am on Tuesday and Wednesday mornings.

### **Looking ahead**

The 24-hour National Rape Crisis Helpline will be entering its third cycle of accreditation with the Helplines Partnership Quality Standard in 2025. This nationally recognised quality standard is awarded following a meticulous inspection of all aspects of our Helpline work. We have maintained this certification of best practice and quality assurance from the Helplines Partnership since 2018, and we will be completing our next application in early 2025.

### **24-hour National Rape Crisis Helpline Support Worker – “Niamh”**

I have been working with the National Rape Crisis Helpline for several years. I originally began my journey on the Helpline as a volunteer, where I received excellent training and support to develop the skills of active listening and holding a non-judgmental space for a caller to explore how they have been left feeling.

Our work can be varied and is often influenced by media reporting. In recent times, we have received so many calls from people frustrated with the slow pace of social change, particularly in relation to violence against women, court processes and sentencing. We have also spoken with callers who have been inspired to start their own journey to healing by witnessing the strength and courage of others.

It is a privilege to work with people as they bravely look at the hurt and pain they have experienced and begin to rebuild their lives. We appreciate how difficult it can be to take that first step and we strive to offer support to our callers throughout the process. We have taken many calls from supporters, family and friends of survivors. We are here for anyone who has been impacted by sexual violence. This has been a life-affirming experience for me. I know that sounds improbable, but the resilience, strength and humanity of our callers can be humbling.

### **Feedback**

- One caller expressed her gratitude for help she had received many years ago at the Sexual Assault Treatment Unit, where the kindness and support of the volunteer from Dublin Rape Crisis Centre had helped her hugely. She said that she wanted to give back by taking part in a fundraising event with her friends and family, saying, “I wish I was richer so I could give you a fortune.”
- Another caller expressed her gratitude for her experience across a number of Dublin Rape Crisis Centre services. She had initially called the 24-hour National Rape Crisis Helpline, was put on a therapy list, availed of the accompaniment service for support throughout the legal process, which she found invaluable, and ultimately progressed to attending therapy, while still calling the Helpline to get support whenever she needs.
- Some callers have told us that the National Rape Crisis Helpline is the only place they can openly talk about their trauma. During the many instances of media coverage of sexual violence that occurred in 2024, many callers rang to express their anger or sadness at the abuse described and/or a verdict. Most of these callers also conveyed their gratitude for the Helpline and the support they get from it.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2024

#### Quotes

- "The [staff of the] Helpline are the only people that I can trust right now, and I always know there is someone on the line to support me."
- From a first-time male caller who had gone through a lot of abuse in a particular residential school setting and was frustrated by the lack of accountability and justice: "Now I've said it out loud, it's not all fixed, but it has lifted the anxiety a bit."

#### Therapy and counselling

Dublin Rape Crisis Centre *provides counselling and psychotherapy for adult survivors of sexual violence, including rape, sexual assault, sexual harassment and childhood sexual abuse.* We also offer a counselling and therapy service for 16- and 17-year-olds, with the consent of their parent(s) or guardian(s), strictly by consultation.

By the end of 2024, the therapy team was operating with a full cohort of 20 therapists, including 3 individuals in dual roles who also worked as therapy intake coordinators. This increase in team members was the result of a productive recruitment drive which allowed us to expand our capacity and enhance service delivery.

This expansion has contributed to a considerable reduction in the number of clients on our waiting list. With more therapists and intake coordinators, we have been able to not only offer additional therapy appointments but also to reduce wait times for both therapy and intake services, offering a more diverse choice of appointment options to those seeking therapy.

#### Overview of therapy services in 2024

*Note that the statistics in this section are divided between sexual violence experienced as adults and as children, and the percentages are of the total client cohort.*

In 2024, **we provided therapy to 637 clients**, an increase of 28% from the 497 clients seen in 2023. The growth in the number of clients is thanks to the extremely hard work of our therapy team and a successful recruitment drive over 2023 and 2024. Of our overall client cohort, 381 were new to the service in 2024, or just under 60% percent of total clients.

We **delivered 5,916 therapy appointments to clients** in 2024, up 57.3% from 2023 when 3,761 appointments were given. In total, we offered clients 7,711 appointments during 2024, which translates to an uptake rate of 77%, allowing for cancellations and no-shows. This is the same rate as in 2023. Of the appointments delivered, 36% were for people who had experienced a rape or sexual assault within the previous 6 months, and 64% were for clients who had experienced past sexual violence as an adult or childhood sexual abuse.

Some 72.6% of clients had experienced sexual violence as adults, with 27.4% abused as children, similar to in 2023. Among our clients in 2024, 25 disclosed that they had a disability.

**Table 8: Gender of therapy clients**

Gender	%
Female	87%
Male	12%
Other	1%

Most clients were female (87%) with 12% male and 1% identified as other (see Table 8).

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**DIRECTORS' REPORT**  
**FOR YEAR ENDED 31 DECEMBER 2024**

**Table 9: Age of therapy clients**

Age cohort	%
16–17 years	1%
18–23 years	20%
24–29 years	24%
30–39 years	22%
40–49 years	17%
50–59 years	11%
Aged 60 years and over	5%

People of all ages come to Dublin Rape Crisis Centre for counselling and therapy (see Table 9). In 2024, the largest age cohort was those aged 24–29 years (24%), followed by those aged 30–39 years (22%), while 1 in 5 clients was aged 18–23 years. About 45% of clients in 2024 were aged under 30 years. Only 5% of therapy clients were aged 60 years and over.

**Types of sexual violence**

As in other years, the largest cohort of clients reported being raped as an adult (42.2% of incidents) (see Table 10). Some 2.7% of incidents involved rape by an intimate partner/spouse and a further 2.7% rape facilitated by use of drugs – totalling nearly half (47.6%) of incidents disclosed by our therapy clients. Almost 1 in 5 incidents were of sexual assault (19%) and 2.3% included aggravated sexual assault where additional violence, humiliation or degradation was involved. About 2.3% of incidents disclosed by therapy clients were about sexual harassment, and 1.4% online abuse. More than a quarter of incidents reported by clients (27.4%) in 2024 were of abuse as children (see Table 11).

**Table 10: Abuse experienced by clients as adults**

Type of abuse	% of incidents
Rape	42.2%
Sexual assault	19%
Marital rape	2.7%
Suspected drug-facilitated rape	2.7%
Aggravated sexual assault	2.3%
Sexual harassment	2.3%
Online abuse	1.4%
<b>TOTAL</b>	<b>72.6%</b>

**Table 11: Abuse experienced by clients as children**

Type of abuse	% of incidents
Child sexual abuse	27.4%
<b>TOTAL</b>	<b>27.4%</b>

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2024

#### New clients in 2024

#### New clients: Incidents of sexual and other forms of violence

Among the 381 clients who began therapy with Dublin Rape Crisis Centre in 2024, some 416 incidents of abuse were disclosed. In addition to sexual violence, 200 of these new clients experienced other forms of violence, amounting to 229 incidents, meaning that 55% of new clients were subjected to other forms of violence in addition to the primary experience of abuse (see Table 12).

**Table 12: Percentage of new clients in 2024 affected by other forms of violence**

Primary incident category	% with additional violence	Number with additional violence
Adult Rape/Sexual Assault	41%	171
Child Sexual Abuse	14%	58
TOTAL	55%	229

For victims of sexual violence as adults, most additional incidents of violence involved physical abuse at 46.2% of incidents, followed by psychological abuse at 25.7% and coercive control at 11.7% (see Table 13). Spiking was carried out in 5.9% of such incidents and trafficking in 4.1%. For clients abused as children who had suffered other forms of violence, the vast majority of incidents involved psychological abuse (77.6%) and about a fifth (20.7%) physical abuse (see Table 14).

**Table 13: Adult victims – other forms of violence**

Types of violence experienced as adults	% of incidents
Physical abuse	46.2%
Psychological abuse	25.7%
Coercive control	11.7%
Spiking	5.9%
Trafficking	4.1%
Threat or attempt to kill	2.9%
Abduction	2.9%
Stalking	0.6%

**Table 14: Childhood abuse victims – other forms of violence**

Types of violence experienced as children	%
Psychological Abuse	77.6%
Physical Abuse	20.7%
Threat to Kill	1.7%

#### New clients: Relationship between victim and offender

In 2024 as in other years, the vast majority of our clients knew the person who had raped or assaulted them. More than 96% of childhood abuse incidents and 89% of sexual violence incidents during adulthood were perpetrated by a person or persons known to the victim or survivor. Of those subjected to sexual violence as adults, a quarter (25.1%) reported intimate partner abuse, while for those abused as children it was almost 1 in 20 (5.1%) (see Table 15).

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2024

**Table 15: Relationship between victim and offender by adult and child abuse incidence**

Relationship between victim and offender	Child sexual violence	Adult sexual violence
Parent	10.2%	2%
Sibling	10.2%	1%
Partner/spouse	5.1%	25.1%
Other relative	24%	4.7%
Other known person	44.5%	53.5%
Person in authority	2.6%	2.3%
Stranger	3.4%	11.4%

#### **New clients: Pregnancy**

In 2024, new female clients disclosed five pregnancies as a result of rape, with outcomes including parenting, adoption and miscarriage.

#### **New clients: Reporting to gardai**

Of our 381 new clients in 2024, 104 reported the crimes against them to An Garda Síochána (either in 2024 or previously), a reporting rate of 27%.

Outcome information was known for 49 of the 104 cases reported (47%) (see Table 16).

**Table 16: Case outcomes among new clients who reported to An Garda Síochána**

Outcome of case	Number of cases
Under Garda investigation	38
Dropped by DPP or client	7
Went to trial	4
Not disclosed	55

Of the 4 cases that went to trial, 1 resulted in an acquittal and 3 resulted in convictions.

#### **Updates and trends in therapy services**

Current affairs and events throughout 2024 had an impact on clients, who expressed feeling distress and being triggered by what they were hearing and seeing online and through the media.

In 2024, there was a slight increase in male clients accessing therapy and counselling services and attending intake assessments. This is a very welcome development, as men can find it very difficult to disclose experiences of sexual violence for a variety of reasons, and they may believe that rape crisis centres do not provide supports for them.

Our therapists have observed an increase in the number of clients who report being subjected to physical violence, including the use of restraints, in their assaults. Therapists have also noted a rise in coercive control, involving financial, emotional and psychological (such as "silent treatment") abuse. More clients are applying for or getting safety orders against their aggressors and experiencing intimidation or death threats. Marital rape or sexual

## **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024**

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violence at the hands of a long-term intimate partner has also risen, and we are seeing more clients who are availing of other services, particularly domestic violence support bodies such as Women's Aid.

### **Looking ahead**

As we continue to grow and evolve, our focus remains on providing high-quality, compassionate care for survivors of sexual violence. In 2025, we plan to:

- expand our outreach services to additional locations
- continue our recruitment drive to ensure we can meet the increasing demand for services, and
- enhance our customer relationship management (CRM) system to improve service delivery further.

Our goal is to continue to reduce wait times while increasing access to therapy and support services, ensuring that every client who reaches out to us for help receives the care and attention they deserve.

### **Quotes**

"The therapy sessions have been like an anchor for me, and now I am ready to set sail."

"I would like to thank you for giving me a chance to attend therapy and connect me with my therapist at Dublin Rape Crisis Centre. I would like to express my sincere appreciation for the outstanding support and dedication shown by my therapist, for her exceptional care and support, for being there for me, for being a pillar of strength and comfort during my most vulnerable moments, her presence, support and advice not only brought peace and positivity, but also gave strength and emotional well-being."

"Please be informed that am so glad I have attended therapy, I used to grieve and keep everything inside me, being able to talk [about] how I feel was a huge relief, I have noticed a positive change in me and I know that my therapist has been a big factor in that change, I have been able to pick up my life and keep moving forward. Thank you for your wonderful service."

### **Accompaniment support**

Victims and survivors of sexual violence must be able to seek justice for the crimes committed against them, if that is what they choose to do. It can be daunting to engage with the justice system alone, without knowing how the system works or where to find assistance. Someone who has just experienced sexual violence may be reluctant or not know how to seek appropriate medical attention, which may have serious long-term health implications.

Dublin Rape Crisis Centre provides a specialised support service to assist people as they access and navigate these systems. Our Accompaniment Support Workers are there 24/7 for victims and survivors of rape and sexual assault who attend the Sexual Assault Treatment Unit (SATU) at the Rotunda Hospital Dublin, who report sexual violence to An Garda Síochána or another authority, and/or who attend court or other proceedings in relation to sexual violence. The accompaniment service is also available to survivors' friends and family members who may attend SATU with them.

## **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024**

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### **SATU accompaniment:**

The Sexual Assault Treatment Unit at the Rotunda Hospital in Dublin is available to anyone needing medical/forensic care after experiencing sexual assault or rape. This and five other SATUs around Ireland offer a free service, available day and night, with a seventh unit in Limerick available through local gardaí.

The accompaniment team from Dublin Rape Crisis Centre is on hand to offer emotional and psychological support to those who attend the SATU at the Rotunda Hospital Dublin, whether they are alone, with supporters or with garda assistance.

In 2024, we provided support to 385 victims and survivors at the Sexual Assault Treatment Unit. This headline figure represents the number of victims supported in the immediate aftermath of a sexual assault, plus the number of people supported at the follow-up clinic that takes place 2 weeks later. We supported 255 victims and survivors at their first visit, which compares to 308 in 2023. The decrease reflects our observation of lower numbers of people attending SATU overall.

During the year, we established a presence at the SATU follow-up clinic in an effort to offer support to people who didn't or weren't able to engage with us at their first visit, which led to our engaging with 130 victims and survivors at this later opportunity.

In addition, we provided psychological and emotional support to 145 friends, family members and other supporters of victims and survivors at the unit, who generally find this information and guidance very helpful.

Dublin Rape Crisis Centre is part of a liaison committee of the Rotunda Hospital which advises on and monitors services there. We are also represented on the national SATU Implementation Project Team.

### **Justice system accompaniment**

Many victims and survivors who are thinking about reporting a past or recent sexual offence – or who have already taken that step – will have questions and concerns about it. Talking it through with or voicing these worries to someone who has knowledge and experience of these processes can be a very empowering first step or a welcome move forward.

For those attending a trial or hearing, our accompaniment service can offer support, information and accompaniment. They can answer specific questions, explain unfamiliar language and structures and help navigate what can be a complex criminal legal process. The service can also include a visit to the court ahead of the trial to become familiar with the layout and process.

We regularly offer a court familiarisation service to those with impending court dates, where we bring them to the Criminal Courts of Justice to see the courtroom and the victim support unit. Victims and survivors who may never have been inside a courtroom before find this a highly valuable service which gives them a chance to see where everyone sits and to ask questions about the legal process.

We provide support to victims and survivors who are writing their Victim Impact Statements or considering waiving their anonymity. We also support victims of workplace sexual harassment to access information around their legal options.

For a long time, but especially since the COVID-19 pandemic, there have been extensive delays in cases moving through the court process. Cases can often take 4–6 years from reporting to trial, and sometimes even longer. While awaiting their day in court, they must keep the details of the incident or incidents of sexual violence fresh in



# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2024

their minds in order to be able to testify, often with last-minute and repeated delays and deferrals. This has a drastic impact on the wellbeing of victims and survivors.

**Reporting accompaniment:** Our accompaniment team provided support and information about reporting sexual violence in Garda stations and other settings where sexual violence may be notified to 226 victims and survivors in 2024. This was an increase of 21.5% on the 186 victims and survivors supported in 2023. About 9% were men and under 2% identified as other, with the remaining 88% women. Of those 226 victims and survivors, some 43 were accompanied by our support workers while they made their statements, totaling 51 days in 2024, up 16% from 44 days in 2023.

**Court & hearing accompaniment:** Most of our accompaniment work in the justice system is at the Courts of Criminal Justice. However, in 2024 our team was also with victims and survivors at the family courts, civil courts, the International Protection Office and the International Protection Appeals Tribunal, as well as accompanying victims and survivors to college disciplinary hearings.

Our team gave support and information around court, trials and other hearing processes to 98 victims and survivors in 2024, down 2% on the 100 people supported in 2023. Of these, about 5% were male and the remaining 95% were women. We provided accompaniment to 75 of those who contacted the service, spending 287 days in court settings over the year, an increase of 36% over 211 days in 2023.

#### Training

Over the year, we ran accompaniment training for our staff, Board and volunteers, including visits to the courts for familiarisation and also advanced training in the Criminal Courts of Justice for our court accompaniment support workers.

#### Case study

I had the privilege of supporting a close friend through the criminal justice system after she experienced sexual violence, and I can honestly say that Dublin Rape Crisis Centre's accompaniment support at the Criminal Courts of Justice provided exceptional care and assistance. From the moment we stepped into the victims' suite, we were met with warmth and understanding, which immediately put us at ease in an otherwise intimidating environment. The secure support rooms were private and peaceful, offering a space where we could have sensitive conversations without the fear of being overheard or interrupted.

Our Accompaniment Support Worker immediately made my friend feel safe, understood, and valued. Throughout the process, her calm demeanour and deep empathy helped guide us through a system that felt overwhelmingly complex and intimidating. She took the time to explain everything in detail, ensuring that my friend was fully informed and empowered to make decisions at every stage.

Accompaniment Support created a safe and supportive environment where my friend could express her feelings, share her fears, and ask questions without judgment. This support gave us all a sense of agency. While the legal proceedings were daunting, she helped us understand each step, which gave my friend confidence and control in a situation where it often felt like everything was happening to her rather than with her. This consistent support helped my friend feel less alone in a system that can often feel isolating.

I truly believe that this service is vital for anyone going through such a harrowing experience, and I am deeply grateful for everything they did to help and support my friend. The unit creates a space where victims can feel empowered, heard and supported every step of the way.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2024

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#### Quote:

"Without DRCC I actually wouldn't be alive today. My children wouldn't have a Mammy anymore." - Paula Doyle, accompaniment support client

#### Trauma-sensitive and survivor-centred information

##### *Finding Your Way after Sexual Violence*

Our online resource, *Finding Your Way after Sexual Violence*, is very useful for those seeking to know more about the forensic, reporting and legal processes that someone may encounter in the aftermath of sexual violence. Written in a trauma-informed way, the guide presents the options available to someone who has experienced sexual violence with a focus on personal testimonies, how to support yourself and others, and practical tips and information. Using animations, audio clips and personal accounts, it covers how to access medical treatment after rape or sexual assault, report to An Garda Síochána and navigate the courts process. Each module features a section for people who want to support a friend or loved one who has experienced sexual violence. There are stories from victims and survivors as well as staff and volunteers in the health and justice systems explaining how these processes work. The guide is accessible online at [www.drcc.ie/fyw](http://www.drcc.ie/fyw).

In 2024, *Finding Your Way after Sexual Violence* was viewed 7,000 times and reached 4,300 people. In April, we marked the first anniversary of its launch with a wave of articles in specialist frontline publications such as the *Garda Review*, *World of Irish Nursing* and *Irish Hospital Review*. In the autumn, the guide was shortlisted for a Learning Technologies Award for Excellence in the design of learning content - public and non-profit sector. Towards the end of 2024, the guide was being translated into Polish, French and Brazilian Portuguese, to launch in 2025.

#### Feedback

- "I am very impressed with the guide. There is so much to commend. I like the bite-sized chunks, the short videos and the glossary. I can see that a huge amount of work went into deciding, structuring and writing clear information." - Staff member, National Adult Literacy Agency
- "I found it very easy to navigate despite me being all over the place emotionally. I was able to read it and understand what to do next. No negatives from me. Thank you – it helped me a lot." - User feedback

#### We-Consent Resource Hub

Our flagship We-Consent project grew its [online hub of resources](#) throughout 2024. It covers an array of consent-related topics, from advice for parents and caregivers to masculinity to neurodivergence and consent, as well as resources for survivors of sexual violence. On its [YouTube channel](#), We-Consent has collated some lively, informative videos explaining key concepts around consent, including a series created with therapist and content creator The Mind Geek and a set of thought-provoking animations.

#### Looking ahead

In 2025, we will create new resources for survivors and the general public that facilitate self-care and greater awareness of the impact of sexual violence, in particular, a new online self-guided training module.

# **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**

## **DIRECTORS' REPORT**

### **FOR YEAR ENDED 31 DECEMBER 2024**

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#### **Objective 2: Work to enhance the services provided**

##### **Regular and relevant staff training**

The work we carry out is challenging and diverse, so our staff and volunteers are given information and support in upskilling on a range of issues as needed.

- Given the sensitive nature of our work, staff underwent Children First Training, Safeguarding Adults Designated Officer Training and Mandatory Reporting Training.
- Throughout the year, we organised regular in-house Lunch & Learn sessions, open to staff and volunteers, with invited speakers covering topics such as the work of An Garda Síochána Divisional Protective Services Units, working with gender and sexual diversity, and the work of the Office of the Director of Public Prosecutions.
- All staff and volunteers are offered data protection education, and we were lucky to have a full day of data protection training hosted by Arthur Cox Solicitors.
- Using funding provided by the Community Foundation of Ireland, at the end of 2024 we enhanced our intercultural competency by hosting awareness workshops for all staff on intercultural competency and anti-racism.
- We began to develop our online learning capacity via our in-house Learning Management System (LMS), which includes recordings of in-person trainings and a number of online learning modules.
- Also, during 2024 we had training across a number of teams from Helplines Partnership around how to sensitively and responsively manage challenging contacts.
- We have noted an increase in therapy clients identifying as neurodivergent, and as such we organised a special refresher training for our therapy team with regard to working with neurodivergent clients.
- We offered training on working with interpreters to our therapy and National Rape Crisis Helpline teams, and organised visits to the courts and the Sexual Assault Treatment Unit for staff and volunteers.

##### **Volunteer mentoring**

Our volunteers benefit from one-on-one mentoring from our 24-hour National Rape Crisis Helpline team, which volunteers find highly useful in developing their support skills. One volunteer commented that they "found the process very beneficial, [Helpline team member] gave great advice and I was able to put this into practice on the next shift ... thank you."

##### **Monitoring and evaluation of service quality and effectiveness**

Throughout 2024, we collected information from across our teams providing services, reviewing regularly for any gaps in order to maintain high standards.

#### **Objective 3: Work to enhance services are accessible to all victims/survivors**

##### **Outreach in Dóchas Centre**

For many years, Dublin Rape Crisis Centre has provided a counselling service to women prisoners in Dublin's Dóchas Centre. Research indicates that an above average number of women in prison have experienced domestic and/or sexual violence, often as children. Being incarcerated can cause past experiences to resurface, and it can intensify trauma symptoms. Our therapist Marie offers weekly sessions to clients in Dóchas as part of a holistic healthcare service provided to prisoners. This is often the first time the women in Dóchas may have

## **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024**

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experienced this kind of therapeutic support, and it can equip them with coping skills, support them in processing their traumatic experiences and encourage them to continue their therapy post-release.

### **Working with less-heard groups**

We organise outreach events and meetings with a range of vulnerable and minority groups who may not see or encounter our general offering. In 2024, we held events and talks in refugee/asylum centres, with Traveller groups, in homeless shelters and in youth residential settings. In these sessions, we were able to learn about the specific barriers facing the groups present and pass on information and strategies for dealing with trauma. We have also created specific print resources in a variety of languages which signpost further supports and services.

In addition, thanks to funding grants our training and education team is able to offer a limited number of courses free of charge to those working to support people in homelessness and addiction.

### **Satellite therapy services**

The growth of our therapy team has led to a significant expansion of our outreach services. We now offer additional services in Tallaght and Coolock and have resumed our satellite service in Balbriggan. Additionally, we have been able to offer specialised services to support women prisoners in the Dóchas Centre.

### **Sexual Assault Treatment Unit (SATU) outreach**

In March, we commenced a new outreach clinic in the SATU at the Rotunda Hospital. For very understandable reasons, when victims and survivors first attend the SATU following an incident of sexual violence, sometimes they are not able to engage with our crisis supports. This new clinic offers a way to engage with them on an invitational basis on their return health-check visit. They can discuss any concerns they may have and learn about wider rape crisis supports and services such as psychotherapy, the 24-hour National Rape Crisis Helpline and justice system accompaniment. The feedback from those availing of this service has been that it's really useful to get more information at this point in their recovery, as they may not have been able to take in anything meaningful during their initial visit. Later in 2024, we expanded the clinic's opening hours to 3 days a week as its positive impact was evident.

### **National Rape Crisis Helpline interpreting service**

DRCC operates the 24-hour freephone National Rape Crisis Helpline 1800 77 88 88 in English, but where someone prefers to engage in another language, the Helpline interpreting service can help. It runs Monday to Friday, 8am to 6.30pm except on public holidays. It also operates midnight to 8am, 7 days a week. The service is free, non-judgmental and confidential. For more information, visit [our website](#).

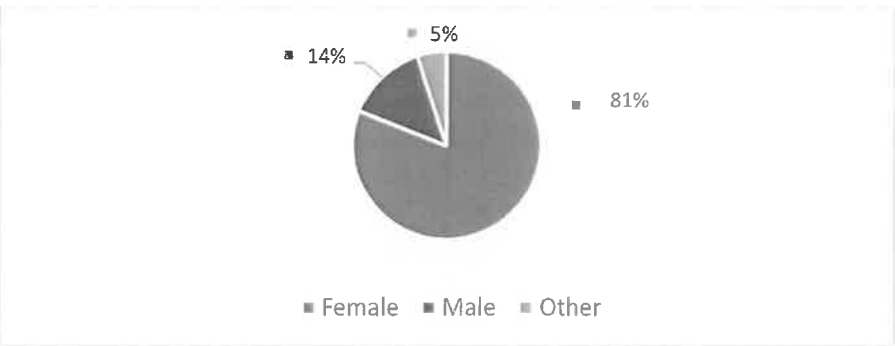
**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)  
DIRECTORS' REPORT  
FOR YEAR ENDED 31 DECEMBER 2024**

**Client support and welfare service (CSWS):** This is a much-needed service provided by DRCC to ensure that clients can remain focused on healing from the trauma they have endured while being supported to access their rights and entitlements, find relevant information and seek referral to other services as appropriate. The service works alongside the therapy and accompaniment teams, who can refer their clients.

In 2024, the service only operated between January and May due to a change in personnel. Nonetheless, it assisted **37 people with 130 interventions**. Interventions may address a singular issue or may cover multiple issues in the one meeting. Where an intervention covers multiple issues, one intervention is recorded, detailing all the issues involved. In 2024, issues that commonly arose included housing and housing assistance payment (HAP), homelessness and access to emergency accommodation, welfare applications, the International Protection process, accessing mental health supports, education, and employment.

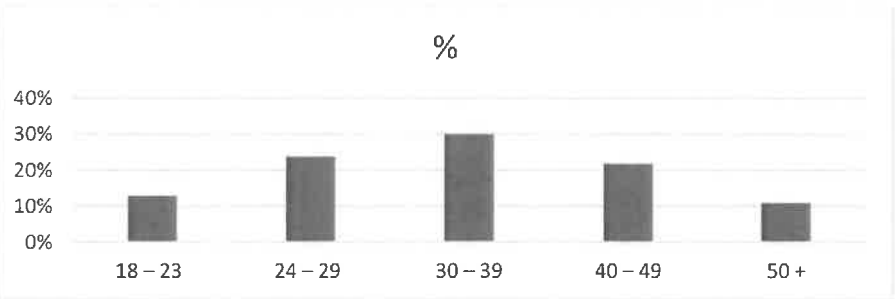
Most clients supported by the service were female (81%), with 14% male and 5% identifying as other (see Figure 4).

**Figure 4: Gender of CSWS clients**



The largest cohort of clients using the service were aged 30–39 but those supported ranged from their teens to over 50 (Figure 5).

**Figure 5: Age of CSWS clients**



## **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024**

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### **Education and training for external bodies**

Our Education and Training Team is a well-established source of expertise and support for organisations and structures that seek to better support the victims and survivors of sexual violence who use their services. We offer regular training on supporting victims and survivors of sexual violence and on prevention, but we can also create bespoke training courses for individual teams. In 2024, we provided training to staff in a wide range of fields, including colleges, addiction services, women's refuges, men's mental health services, adolescent residential units, prisons, community groups and emergency services (see next section for more information).

### **Consular contacts**

In 2024, we contacted a group of foreign embassies and organised an information session with ambassadors representing Luxembourg, Bulgaria, Estonia, Norway and Canada. In addition to describing the supports and services we provide more generally, we also focused on how these intersect with the ambassadors' consular work.

### **Tech outreach**

In June, we decamped to the enormous Google campus in Dublin 4 for an outreach day with the thousands of people employed there. In addition to engaging with some people who were interested in volunteering with us, we talked to staff about our work and ran two workshops discussing consent, sexual violence and supporting survivors.

### **International outreach**

Dublin Rape Crisis Centre is part of the National Observatory on Violence against Women (VAW), which is convened by the National Women's Council of Ireland and meets on a quarterly basis to monitor progress on VAW in Ireland. In 2024, the Observatory hosted a delegation from Greece seeking to better understand how the Observatory works in Ireland and what are best practices and challenges, to which Dublin Rape Crisis Centre gave inputs. The Greek delegation aims to set up a regional observatory in Crete initially and then scale up throughout the country to collect data on VAW nationally and create a coordinated response.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2024

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**Goal 2: Effective prevention informed by the lived experiences of victims/survivors of sexual violence (through advocacy, education, as well as legal, research, communications and policy analysis work)**

#### **Objective 4: Record evidence of sexual violence in society**

##### **Highlighting survivor voices**

It is essential that survivors – as the experts by experience on issues of sexual violence – are invited to give their views and insights on issues that affect them and give input where it will make policies and measures more effective, more feasible and more trauma-sensitive. Centering and amplifying the voices and needs of victims and survivors has always been a key priority for DRCC.

Over the course of 2024, we sought to give a platform to survivors wherever possible and appropriate by ensuring that survivors were at the heart of our campaigning, communications and policy work, as well as that of partner organisations. The survivors we support have told us that it gives them hope and encouragement to hear relatable and authentic voices and stories, and that it helps to normalise their experiences so that they can access support and participate more fully in society.

Some of the ways we sought to centre survivor voices in 2024 included:

- Our **“Signs of Hope”** campaign in autumn aimed to encourage those who have not sought support before to reach out to the 24-hour National Rape Crisis Helpline by promoting messages of reassurance, inspiration and hope from nine fantastic survivors via billboards, radio advertisements and social media.
- Throughout 2024, we supported **survivors wishing to share their stories** via media and other platforms to raise awareness of issues impacting them.
- The We-Consent campaign continues to be supported by a strong and diverse group of survivors – the **We-Consent Survivor Council** – who contribute their expertise, passion and careful insights to the campaign in order to ensure lived experience remains at the core of the work.
- The **We-Speak** online story-sharing website, part of the We-Consent campaign programme, is a secure, anonymous place for survivors of sexual violence to safely tell their own stories, in their own time, in their own words. It aims to provide a platform for these stories, in all of their diversity, thereby enabling victims and survivors to reclaim their voice. Throughout 2024, 29 stories were submitted, and the site was visited 27,000 times.
- During 2024, we sought feedback from victims and survivors of sexual violence for policy submissions and research.
- We assisted **Cuan**, the national domestic, sexual and gender-based violence (DSGBV) agency, in seeking valuable feedback from survivors on a number of its campaigns on issues of sexual and gender-based violence.

##### **We-Speak quotes**

- “Healing is possible. Take a deep breath for me. As cliché as it is, know that you are not alone. Your story is yours to share when you are ready, but I promise you that when you take that leap, so many people will be there to catch you. You are so loved. Take up space. Be loud. Be you. Take back the power. You are so deserving. I’m proud of you.”
- “Reading these stories reminds me I’m not alone and that I won’t be judged by others and people willing to help. I hope one day I can feel ‘normal’ again and live the rest of my life as any young woman should.”

## **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024**

- "I find this very healing ... Posting this today is a brick in the wall I'm building up to distance myself from people who breached my sexual boundaries in the past. I love the fact that there's a 'safety exit' [on the website] as a lot of people who use this may be living with people who would not understand or are their abusers (in which case, they need to escape as soon as they can). Just knowing that there are people who came up with this idea is very empowering. Thank you so much."
- "There is always light at the end of the tunnel. There is always hope as 'hope is a thing with feathers'. There is help out there and there is always someone willing to listen. Things always get better in the end, there is so much more to look forward to. You are not your past trauma. There is a future out there, waiting. Healing means accepting what has happened but learning that it is not your fault and it was never your fault."
- "Now, nearly 10 years later, I have found my voice. I am not a victim but I'm a survivor. I speak for women whose voices are lost too, so one day they will have the courage to find them and speak up too. You are never alone and anytime you use your voice I promise you, you'll be heard. We are women, we are powerful!"
- "Healing has been strong in yourself and believing every day that you did not do anything wrong. It was all on the Perpetrator. I have healed and so can anyone. I will never forget. It does leave pivotal marks and indelible scars, but you have to live your life and be happy every day and know that you are a Survivor."

### **Putting a spotlight on data and research**

In April, we added a sexual violence information section to our website, offering definitions, data and research in this area as well as drawing on the eminent work of bodies such as the Central Statistics Office, SATUs and the Courts Service. We plan to maintain, grow and update this section as a resource for media, survivors and the general public.

### **Working with third-level education bodies**

DRCC is represented on the Consent, Sexual Violence, Harassment and Equality in Higher Education (COSHARE) network. Staff members sit on consent committees for higher education institutions as they tackle the issue of sexual violence and harassment on campus, and our Education and Training Team gave guidance and support on policies and resources to various third-level education groups in 2024.

### **Research and academic partnerships**

Over the course of 2024, we were involved in two research projects, and we made one academic and one non-academic research contribution. We also investigated one potential research collaboration for 2025. We supported three PhD researchers with their work during the year.

### **Reproductive coercion and intimate partner violence:**

DRCC is the civil society partner for qualitative research into understanding the relationship between reproductive coercion and intimate partner violence (IPV) in the Irish context, which is being conducted by Dr Meg Ryan from the Trinity Centre for Global Health, Trinity College Dublin, as part of the Irish Research Council New Foundations Awards 2023. The research began in early 2024 with a mapping exercise to identify key stakeholders for a project advisory group which included colleague organisation working in the areas of DSGBV and reproductive health. In November, Dr Ryan published her findings for the project: Reproductive coercion and intimate partner violence in the Irish context: A stakeholder-informed qualitative analysis, which included that:

Reproductive coercion is a commonly occurring form of abuse and often co-occurs with IPV. While IPV may exist in the absence of reproductive coercion, in the context of intimate partner relationships, reproductive coercion can be understood as a form of IPV.



## **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024**

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There is a lack of awareness of reproductive coercion, which is largely due to the lack of a legal definition as well as education and information on the topic. As a result, people often don't recognise their experience of reduced reproductive autonomy as reproductive coercion.

### **Criminal justice Open Research Dialogue Partnership:**

Dr Ian Marder from the School of Law and Criminology, Maynooth University, successfully applied for funding through the National Open Research Forum to set about creating a culture of interdisciplinary open research in Ireland's criminal justice sector through a partnership between researchers, policymakers, and practitioners. Dublin Rape Crisis Centre is one of the 135 partners representing 59 organisations working across research, criminal justice policy, agencies and oversight, non-state justice services, civil society, and research infrastructure. The CORD partnership aims to embed a culture of interdisciplinary open research within Ireland's criminal justice system. With this objective in mind 58 CORD partners representing 32 organisations [published an article in the Irish Probation Journal \(Vol. 21\)](#). Drawing on the insights from workshops hosted in 2024 and a literature review of international criminal justice research partnerships, a working agenda for the coming year will be developed.

### **Other research:**

Earlier in 2024, we encouraged the public to avail of an extension of deadlines for those seeking compensation via the Criminal Injuries Compensation Scheme. We also contributed to research on sexual experience evidence in rape trials being undertaken by Dr Sinéad Ring of the Maynooth University School of Law and Criminology to better understand the functioning of the law on the admission as evidence in trials of a victim's previous sexual history.

### **Processing of sexual offences:**

In June, the Department of Justice published two pieces of research to which we had contributed. [Rapid Review of Evidence on Delays in Processing Criminal Adult Sexual Cases](#) and [A Review of the Processing of Sexual Offences in Ireland: Stakeholder Experiences](#) are both available on the Department of Justice website. Among the recommendations made in the reports were increased investment across the criminal justice system, a streamlining of the disclosure process in sexual offence cases (which is regarded as a significant delay factor) and a review of the Criminal Legal Aid Scheme, as well as a 3-year pilot of a specialist sexual offences court.

### **The role of pornography in the pandemic of violence against women and girls:**

In 2024, DRCC was part of an advisory group convened by Women's Aid to examine this issue, following a survey of the Irish public on concerns that exposure to and consumption of pornography is negatively impacting children and young people. A report, [Facing Reality: addressing the role of pornography in the pandemic of violence against women and girls](#), draws on Irish and international research to find that much of what features in mainstream pornography constitutes sexual violence. The report highlights the very negative impact pornography has on young people and society more generally. Pornography is shaping young people's sexual expectations to normalise harmful, coercive and abusive behaviours; in so doing, it undermines educational work on consent and safe, healthy and respectful relationships. At the report launch, our Board member and secondary school teacher, Eoghan Cleary, shared his experience teaching a transition-year module dealing with this topic and the challenging discussions that have emerged.

## **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024**

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### **Objective 5: Promote know-how by providing awareness, education and training for professionals and others**

#### **Training courses**

With sexual violence at epidemic levels in Ireland, many frontline staff are meeting disclosures from or need to support victims and survivors in their daily work. It is imperative that this is done in a way that is sensitive to victims' and survivors' circumstances and does not cause further trauma. We aim to help frontline services and professionals become more trauma aware and better able to understand and support victims and survivors and their needs.

Over the course of 2024, we provided 54 training sessions of varying duration to 903 participants, an increase of 40% over 643 in 2023. Topics discussed in the sessions included working with victims of childhood sexual abuse, safeguarding older people, awareness and disclosure of sexual violence, supporting refugees and asylum seekers who have been impacted by sexual violence and awareness and prevention courses for young people. Our courses were attended by a wide range of frontline workers, including from such sectors as second and third-level education, disability rights, refugee/asylum seeker support, mental health services, addiction support, consular, government departments, homelessness support, community outreach and primary healthcare. In May, the team also delivered four 1-hour talks to members of the Oireachtas on the invitation of the Irish Women's Parliamentary Caucus.

Evaluation of our courses delivered throughout 2024 indicate that they are meeting the need for training in this specific area: 100% of attendees said they found our training courses extremely useful and relevant to their work, and that they felt our courses helped them develop high levels of awareness and understanding of sexual violence and its impact, confidence in sensitively supporting someone who has been assaulted, and knowledge of how to resource themselves when working with individuals who have undergone trauma like sexual violence.

#### **Feedback**

"The facilitators were very knowledgeable and approachable – it was a safe space to discuss such sensitive topics. I feel more confident in my ability/confidence to know what to do should someone make a disclosure of sexual violence to me. I really appreciated the time taken to discuss self-care and vicarious trauma."

"A truly brilliant training and one which was skillfully delivered. I found the learning to be practical and applicable and the chance to discuss in our groups helped me learn more about my colleagues' roles in the organisation. Furthermore, the training was delivered and handled in a way which always felt accessible which is a difficult thing to achieve given the subject matter."

"I really enjoyed the training and I felt it gave me a different perspective on something I deal with daily as part of my job. It also made me think about the impact it may have on me dealing with it and how to resource myself to better deal with it."

"I found this training to be deeply enriching to my therapy practice. I will read over the resources and use them going forward to support myself and clients. The facilitating was top class, the containing of the group was empathetic and boundaried."

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2024

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#### Learning Management System

In 2024, the team introduced a Learning Management System (LMS). This has helped to enhance and expand our course offering, particularly for those who attend multiple training sessions, such as our own volunteers and staff, youth workers, teachers and community consent ambassadors. The LMS is an excellent platform which enriches the learning experience for participants, as it provides learners the ability to work through modules in their own time, review materials as needed and consult online resources like videos and recorded role-play. Feedback regarding the LMS included that it is "a wonderful way to share heavy material for pre-reading, with space on the next training session to discuss the topics and clarify anything. The LMS made the training very valuable indeed" and that "the case studies discussing consent and the videos we watched are excellent resources and they will be very useful in class".

#### Youth-focused training

Given the widespread prevalence of sexual violence in our society, DRCC prioritises equipping those who work with and educate young people to understand key issues around sexual violence, healthy relationships and consent.

In 2024, **144 of the overall training** participants took part in **11** sessions of the youth education programmes BodyRight and #LetsGetReal, as well as other associated youth-focused training programmes. We also ran an online self-directed course on preparation for delivering youth programmes and general education on Relationships and Sex Education (RSE) in schools and youth work settings for 60 alumni of our youth programmes, which means we had **204** attendees in total in this area for 2024.

Those who take part in our youth-focused programmes gain access to an information portal with relevant online resources where they can share best practice with other alumni.

**BodyRight:** This flagship training course is a 4-day programme designed to equip those working with young people with the skills to raise awareness of respect and healthy relationships, consent and online safety, and to prevent sexual violence. It is a highly popular course and generally fills up within a few days of advertising. In 2024, we delivered 7 BodyRight facilitator training sessions to a total of 99 participants, including teachers, guidance counsellors, youth workers, therapists and other youth professionals.

**#LetsGetReal:** This educational resource for youth workers and school staff has become increasingly popular as more educational and youth facilities become aware of the need to educate young people to become more critical in their consumption of advertising, popular culture and pornography. This programme was updated in 2024 in line with the growing needs of young people in this area and the new programme was piloted in 2024 and it was attended by 15 participants.

We were able to provide this important instruction to participants free of charge thanks to a funding grant.

During 2024, we completed and launched the update of both flagship youth programmes to support curriculum and trend changes while improving resources for those delivering the programmes to young people.

#### Feedback on our youth-focused programmes

"I really enjoyed the training. I feel it has given me the added confidence to discuss such topics with my students and deal with any disclosures that may be made. Furthermore, I feel I will use some of the resources to educate parents." – BodyRight, October/November 2024

## THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024

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"I know the course is for young people, but I think that society as a whole would benefit [from it], as someone in the course mentioned. In particular, I think parents should be educated especially around the dangers for children online. I think these sorts of things should be spoken about openly on public broadcasting platforms. All in all, great training, it was mindful, informative and really well delivered." – BodyRight, September 2024

"I have recommended this training to everyone in my service, it is a valuable resource to help combat and hopefully decrease sexual violence and its impact on survivors." – BodyRight, September 2024

"Found the training to be excellent both in content and in delivery. Concept of being trauma informed was maintained throughout training by facilitators which was really positive to witness." – BodyRight, February 2024

### Handbook for interpreters

In November, we launched a new publication, *Interpreting in Situations of Domestic, Sexual & Gender-Based Violence*, developed as part of [the JUSTISIGNS 2 project](#). It is imperative that, as frontline professionals, interpreters are able to do their work in a safe, sensitive and informed way so that they can ensure the communities relying on their expertise can access vital support. Support services like one-to-one therapy are premised on confidentiality and privacy, so the presence of a third person like an interpreter can impact a session unless done in a way that inspires confidence in the client. The handbook also seeks to improve the accessibility of specialised support services like counselling and therapy for migrants, refugees and Deaf people who as well as being survivors of sexual violence may also face multiple forms of discrimination. The handbook also provides resources for sign and spoken language interpreters who work in situations of DSGBV, which can be extremely difficult work and may cause secondary trauma. We also carried out training for interpreters and our own therapy team on best practice in conducting therapy sessions involving interpretation.

The launch was chaired by our Chairperson, Anne Marie James, and featured a panel discussion with experts in the field of interpreting and the provision of support to migrant, refugee and Deaf communities. The panel included Professor Lorraine Leeson (Trinity College Dublin), Dr Hassina Kiboua (Irish Refugee Council), Ravind Jeawon (Talk Therapy Dublin) and Margaret O'Reilly-Carroll (psychotherapist and supervisor). You can [download the handbook from our website](#).

### Case study on bespoke training

In 2024, we received a request from a domestic violence organisation working with women and children. We set up an initial meeting with them to better understand their needs and issues. The staff explained that many of the women they work with have experienced sexual violence not only in their intimate partner relationship, but also as children. While they were often able to describe the emotional, physical and financial abuse they had experienced from their partners, it could be very difficult for them to name the sexual abuse they had also experienced. Some women might feel a lot of shame about their experience; others might not recognise that what they had experienced was abuse; while others might not be sure whether rape can really happen in relationships.

It was agreed that Dublin Rape Crisis Centre would facilitate 2 half-days of training to cover the very broad and complex needs of this group. The core content of this training included:

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)  
DIRECTORS' REPORT  
FOR YEAR ENDED 31 DECEMBER 2024**

- the different forms sexual violence can take
- laws relating to sexual violence
- core internalised beliefs and the impact of childhood sexual abuse
- myths and attitudes about sexual violence
- medical and legal processes relating to sexual violence
- the impact of trauma such as sexual violence
- facilitating a disclosure of sexual violence, and
- secondary trauma and self-care for the staff themselves, to help them deal with the impact of their work.

However, we also wanted to include opportunities in the training for participants to talk about these issues in the context of domestic and intimate partner violence, and to make it very practical and applicable to their work. We developed some additional content, including pieces around:

- consent within the context of domestic violence situations
- facilitating consent conversations and exploring what challenges might arise when discussing consent with victims/survivors
- sexual violence within the context of intimate partner violence, and
- sexual violence as a form of coercive control.

We encourage discussion in such groups, but we also invite people to participate at the level they are comfortable with. Sexual violence is a challenging topic, and we always aim to create a mindful and safe environment for trainees. Over the 2 days, we had many rich and thought-provoking discussions.

In both the final check-out and the follow-up evaluation survey, participants said that, while the content was very heavy, the training was very relevant and extremely useful. One participant said that in services like theirs, the impact of working with trauma can be normalised and minimised, so the training was a helpful counterpoint to this. Others emphasised the practical information around medical and legal processes. They said becoming aware of the availability of the 24-hour National Rape Crisis Helpline as a support was most beneficial, while others mentioned they had enjoyed the conversations around consent.

Our facilitators were so impressed by the thoughtfulness and compassion of the participants. We too were impacted by the experiences the participants shared, and we also learnt a lot from them.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2024

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#### Objective 6: Lead, inspire and influence – campaigning and policy work

##### We-Consent campaign

Following its launch in March 2023, this multi-annual campaign began its first full year with ambition and purpose. During 2024, the We-Consent team hosted four large-scale events, including an event for Culture Night and a Kumar Klub fundraiser, and collaborated on 10 other events such as the Waterford Walls Festival – which now features a prominent consent mural – and the Fleadh Cheoil na hÉireann Festival, where we handed out thousands of badges and provided information stickers for local bars and restaurants.

We have hosted We-Consent Conversation Workshops and discussion sessions nationwide, with 650 participants attending across 11 counties. We have upskilled 30 We-Consent Ambassadors from across Ireland. We have also collated a huge online resource hub, jam-packed with information and videos for all audiences, which can be viewed anywhere, at [we-consent.ie](https://we-consent.ie).

##### Feedback from We-Consent Conversation Workshops

"I really enjoyed the workshop as a whole... both presenters were very knowledgeable in the subject area, and I felt as though I learned more about consent and interpersonal relationships. It was refreshing to be in a space where boundaries were put in place to ensure all participants were made feel safe and heard."  
- Workshop participant

"Thank you all so much for a great day! Really changed my perspective and I learned so much on how I thought I viewed/ knew what consent is/ was. I feel more confident having these conversations now."  
- Workshop participant

We have shared the We-Consent message through social media, radio, newspapers, podcasts, digital pedestals and posters. We secured 61 pieces of media coverage during 2024 and an engagement rate on social media of 9.53%. We-Speak, our survivor story-sharing platform, grew its reach over the year, with 29 stories submitted and 27,000 visits to the website.

We conducted extensive research about sexual violence and consent to gain further insights into the differences in men's and women's understanding of consent. The campaign contributed to chapters on sex, consent and relationships in three Social, Personal and Health Education (SPHE) books for senior and junior cycle curricula.

We continued collaborations with Pavee Point, Macra na Feirme, HIV Ireland, AsIAm, Men's Sheds and Age Action in order to produce materials and resources tailored to those communities. We also collaborated with dating apps such as Tinder and Grindr to make it easier to spread the We-Consent message while you swipe.

In June we won the Public Relations Consultants Association (PRCA) award for best issues-led campaign with PR agency Drury which was a wonderful vindication of the hard work we put in to building this campaign.

Over the year, we gave presentations on our work at home and abroad – including at the South African Conference of Gender Practitioners against DGBSV and the All-Ireland Network on Sexual Violence Research (AINSVR). Finally, we launched our own merchandise line – available at [we-consent.ie](https://we-consent.ie) – so that our supporters can play a role in spreading the message while looking good doing it.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2024

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#### Working with State partners

In January 2024, a new agency, Cuan – meaning “harbour” in Irish – was established with responsibility for coordinating government actions to tackle domestic, sexual and gender-based violence, which includes delivering services to victims and increasing the availability of emergency accommodation. With others in the sector, Dublin Rape Crisis Centre contributed to the legislation that established this agency, the Domestic, Sexual and Gender Based Violence Agency Act 2023. Cuan was officially launched in February and took over coordinating and driving the implementation of *Zero Tolerance: Third National Strategy on Domestic, Sexual & Gender-Based Violence 2022-2026*.

#### New EU directive on Violence Against Women (VAW)

Early in 2024, we learned about Directive (EU) 2024/1385, a new European Union (EU) Directive on combating VAW and domestic violence. This Directive aims to impose minimum standards in EU law for criminalising certain forms of gender-based violence, and to improve access to justice, protection and support for victims across the 27 EU Member States. This new law also proposed to establish a common definition of rape in the EU based on lack of consent, which would make rape a crime under EU law and harmonise criminal penalties between Member States. However, in January Member of the European Parliament (MEP) Frances Fitzgerald raised concerns in Irish media that Ireland was among a number of countries in Europe which had not yet agreed on a definition of rape to be included in the Directive.

Dublin Rape Crisis Centre wrote to the Minister for Justice and highlighted this issue in the media. Ultimately, a definition of rape based on lack of consent was not included in the Directive. We described this as a missed opportunity to combat sexual violence across the EU in the first comprehensive legal instrument at EU level to tackle violence against women. However, the Directive does criminalise physical, psychological, economic and sexual violence against women in the EU, and female genital mutilation and forced marriage are now stand-alone crimes. Cyberviolence has been criminalised under the new rules, including the non-consensual sharing of intimate images, cyberstalking, cyber-harassment, and misogynous hate speech. The new law contains a revision clause which we hope to revisit at a later date to strengthen pan-European protections against and prevention of sexual violence.

#### Reforming use of counselling notes in Irish trials

One issue that has a grave impact on survivors who have reported crimes in Ireland is that, if they also seek to avail of therapy, the legal team acting for the defence is permitted to seek access to their counselling notes – while any similar notes for the alleged perpetrator would not be available. This provision can cause some people to reconsider whether to seek healing through counselling, effectively forcing them to choose between healing and justice. At our Annual Report launch in June, solicitor, activist and survivor Sarah Grace spoke about this flawed and unjust rationale, and attendees watched a powerful video, “Our Time to Heal”, which highlighted the impact of this issue. One of the survivors featured, Paula Doyle, asked how this could be allowed to continue when perpetrators have taken so much from victims and survivors already.

The Zero Tolerance implementation plan provides for the examination and review of the rationale for disclosing counselling notes, and DRCC has been invited to join the advisory group.

#### Policy submissions

Over the course of 2024, we made five individual and one joint submission, covering a range of issues including relationship and sexuality education and the Online Safety Code for video-sharing platforms in the draft Autism Innovation Strategy.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2024

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#### Coalition-building

Dublin Rape Crisis Centre believes that we gain in knowledge and impact when we collaborate with colleagues across the community and voluntary sector and beyond. We are part of a number of strategic and sectoral groups whose purpose is to advance victims' and survivors' rights and contribute to prevention of sexual violence at national and local levels:

- ▶ **Rape Crisis Centres Forum**, a collective group of 10 of the country's 16 rape crisis centres.
- ▶ **National Women's Council (NWC) of Ireland**: As a member of the National Women's Council of Ireland, we contributed to its research exploring the extent of sexual exploitation and sexual harassment in the rental market, which resulted in the publication of a new report, 'Sex for Rent'. The findings include that such exploitation affects primarily people renting a room, as opposed to those renting own-door accommodation, and is compounded by the fact that these renters do not enjoy the same protections as other tenants. The report recommends that landlords engaging in sex-for-rent exploitation should be criminalised.
- ▶ **Children's Rights Alliance**: Dublin Rape Crisis Centre provided feedback and other inputs to the Children's Rights Alliance's Annual Report Card which evaluates the State's performance in upholding children's rights in Ireland.
- ▶ **Strategic Human Rights Advisory Committee** of An Garda Síochána
- ▶ **Sex Offender Risk Assessment and Management (SORAM) group**, of which Dublin Rape Crisis Centre is a member of the National Advisory Committee.
- ▶ **The Wheel**, which represents and engages with community and voluntary organisations around Ireland.
- ▶ **Charities Institute Ireland** aims to promote greater transparency and impact for our sector through best practice in governance, fundraising, and financial standards
- ▶ **Victims' Rights Alliance** of victim support and human rights organisations in Ireland.
- ▶ **Victims' Forum** which facilitates dialogue between civic society organisations working with victims of crime, the Department of Justice and other stakeholders to help ensure appropriate responses to the reporting of a crime, enhance outcomes in the justice system and support the healing of victims.
- ▶ **All Ireland Network on Sexual Violence Research**: In August, Dublin Rape Crisis Centre took part in the All Ireland Network on Sexual Violence Research's first conference, which took place at Queen's University Belfast. We presented the We-Consent campaign's work to date and discussed the need to recognise the burdens carried by victims and survivors as a significant challenge for the sector, whether emotional/psychological, financial, practical (in terms of accessing services or navigating the criminal justice system) or personal, such as a victim/survivor waiving their anonymity.



# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2024

**Goal 3: Be a sustainable organisation which effectively manages risk and proactively supports its people towards excellence in meeting the needs of victims/survivors**

#### **Objective 7: Resourcing the work**

##### **Fundraising**

As an independent non-governmental charity that provides vital support and resources to victims and survivors across Ireland, Dublin Rape Crisis Centre depends on raising funds from a range of sources – public, State and philanthropic.

Our first major event of 2024 was the Annual Corporate Quiz Challenge in February. It was a great evening, as always, with the brilliant Pat Kenny quizzing 40+ teams on our behalf. Most importantly, the evening raised a fantastic €48,000 for Dublin Rape Crisis Centre.

We participated in the VHI Women's Mini Marathon in June, with over 40 runners hitting the streets in their signature purple T-shirts to support survivors of sexual violence. People took part in numerous community fundraising events throughout 2024, from skydives, yoga sessions, coffee mornings, head shaves, sea swims, marathons and many more challenges. Together, these fundraisers raised an incredible €97,000 to support survivors.

In addition to these fundraising efforts, the public continued to stand with survivors by directly donating to our work; in particular, we saw a surge in donations towards the end of 2024 from people who wanted to show their solidarity to Nikita Hand. Thank you to everyone who organised events, raised money or donated to Dublin Rape Crisis Centre in 2024. Donations can be made directly on our website: [www.drcc.ie/donate](http://www.drcc.ie/donate).

The wonderful team at Pluto arranged another Womankind event in September. This superb afternoon was emceed by Claire Byrne and attended by over 300 guests for lunch and a fashion show; the event promoted a powerful message of solidarity with Dublin Rape Crisis Centre for a safer, more just society. This event was closely followed by the Annual Golf Classic, which saw 20 teams come together at Castle Golf Club in Rathfarnham for golf, dining and celebrations, with Newstalk's "Off The Ball" team providing commentary. The four-ball teams competed for the J.B. Carr Diamond Trophy, and although competition was fierce, the fun was fiercer.

Our fundraising events for 2024 went out on a high with the festive Countdown to Christmas lunch in late November. Some 200 guests joined us for the afternoon to celebrate the bravery of survivors of sexual violence, with an exceptional performance given by Mary Byrne.

In 2024, we saw the continued generosity of a number of corporate partners and philanthropic donors, including Wolfgang Digital, Greencoat Renewables, St Stephen's Green Trust, Community Foundation Ireland, ESB Energy for Generations Fund, Fidelis Partnership and other anonymous partners. We also gratefully received three legacy donations.

## THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024

Each year, Dublin Rape Crisis Centre is reliant on donations and financial support from the public, companies, trusts and philanthropists. While our work tackling sexual violence is funded in part by the Government, we need to raise a further €1.2 million per year to make sure our work towards healing from and prevention of sexual violence can continue. Donations from both the public and the private sector allow us to be flexible, agile and responsive in responding to the emerging issues facing survivors, preventing sexual violence and creating a greater societal awareness of consent.

If you would like to donate or find out more about a partnership with Dublin Rape Crisis Centre, please contact us at [fundraising@rcc.ie](mailto:fundraising@rcc.ie).

### Objective 8: Excellence in communications

#### Internal communications

To ensure that our people are up-to-date on news and actions across the organisation, we have internal communications mechanisms, including a regular staff bulletin and a volunteer update, as well as weekly team and management meetings and wider staff and volunteer gatherings.

#### External communications

In 2024, we worked to build awareness of Dublin Rape Crisis Centre as a trusted national source of support and host of the 24-hour National Rape Crisis Helpline by means of media engagement, public campaigns and digital outreach. We used communications tools and channels to broaden understanding of sexual violence and its impacts, to promote our services and supports to victims and survivors, and to campaign for a society that has zero tolerance for sexual violence and that understands and values sexual consent. The voices and views of victims and survivors are at the heart of our communications work, and we sought to support and amplify them wherever possible.

In June, we published our annual report and statistics for 2023. It was launched by Minister for Justice Helen McEntee at the Royal Irish Academy. We showcased a powerful video, *Our Time to Heal*, which featured three incredible survivors – Karen Stanley, Chris Rooke and Paula Doyle – speaking about their experiences and hopes for the future. Our outgoing Chairperson Ann Marie Gill, our Chief Executive Rachel Morrogh and Cuan Chief Executive Dr Stephanie O'Keeffe all spoke at the launch. Lawyer, activist and survivor Sarah Grace closed the event with a powerful description of some issues that need to change in the justice system, in particular an end to the use of victims' and survivors' counselling notes in rape cases.

#### Digital engagement

**Websites:** DRCC maintains a [website](https://www.drcc.ie) ([drcc.ie](https://www.drcc.ie)) with information on its services and supports, including the online guide *Finding Your Way after Sexual Violence*. The website is the access point for our Webchat Support Service, which allows people to receive crisis support via online chat with a support worker. The site also houses downloadable resources which are focused on offering survivors information and tools to understand and manage the impacts of their trauma. In 2024, there were over 106,400 views on the site with over 40,000 unique users, as well as 3,860 downloads, 2,699 telephone calls and 837 emails sent from the site.

## **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024**

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There is also a campaign-specific site for the We-Consent project, which contains a wealth of resources and toolkits on consent and other topics at [we-consent.ie](https://we-consent.ie), and an online platform that enables survivors to safely share their stories at [we-speak.ie](https://we-speak.ie).

### **Social media**

We used our social media channels on Facebook, Instagram, LinkedIn, TikTok and YouTube to highlight our work, engage with followers and draw attention to issues of concern. We-Consent has a separate set of social channels focusing more closely on broadening awareness and practice of consent across communities.

### **Digital pedestals**

Throughout 2024, we were grateful for the opportunity to promote our services and supports via street-level advertising in Dublin and other locations in Ireland. These digital pedestals, maintained by Clear Channel Communications in cooperation with eir and Dublin City Council as well as other local authorities, advertised the services and supports we as well as other frontline organisations offer. The pedestals also feature integrated telephone units with free access to emergency telephone numbers, including the 24-hour National Rape Crisis Helpline 1800 77 88 88.

### **Media engagement**

Throughout 2024, the DRCC's communications team aimed to maintain the organisation's profile in the media and other channels as an expert voice with regard to issues of sexual violence and its prevention. The team shared insights and evidence, flagged issues of concern and provided comment on issues related to our work. We issued over 20 statements to media on a diverse range of topics, all of which are available on our website, and garnered more than 2,000 pieces of coverage and other engagements over the year, with a reach of 142.7 million.

### **Campaigns and awareness**

Alongside our national We-Consent campaign, DRCC ran a number of targeted campaigns highlighting equality, safety and support for survivors, particularly noting International Women's Day, Pride and the 16 Days of Activism against Gender-Based Violence. We also supported the campaigns of other bodies, including national campaigns launched by Cuan to raise awareness of domestic violence, consent and support services.

### **"Signs of Hope" campaign**

In 2023, the national Sexual Violence Survey conducted by the CSO revealed that, although more than one-half of women and almost one-third of men have experienced sexual violence in their lifetimes, fewer than half of people ever disclosed it to anyone. Their reasons included that they felt their issue was not important enough, they were embarrassed or ashamed, they thought they were to blame in some way or they feared they would not be believed.

In addition, most did not seek support: fewer than 1 in 10 availed of counselling or psychological services. However, where they did seek support, the majority said they found it helpful.

We felt there was a strong need to reach out to those who might benefit from support but had not yet sought it. Furthermore, we believed that by platforming the words of people who had accessed and benefitted from supports, we could reach the silent majority of survivors who have experienced the trauma of sexual violence but never accessed support. Our insight was that survivors want to know more about the experiences of other survivors and are more likely to seek support if they can relate to a real story or message.

## THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024

In autumn 2024, we launched an awareness campaign called "Signs of Hope". This campaign centred the voices of survivors giving messages of hope and empowerment to other survivors, encouraging them to call the freephone 24-hour National Rape Crisis Helpline at 1800 77 88 88.

**Campaign elements:** With the pro bono help of creative agency Publicis Dublin, we collected handwritten personal messages from our survivor group and displayed them on billboards around Dublin city, as well as on social media. We created audio advertisements in which survivors voiced words of experience and encouragement that ran on daytime national radio.

On our website at [www.drcc.ie/signsofhope](http://www.drcc.ie/signsofhope), we displayed longer letters from survivors to those who had not yet sought support, offering personal insights and encouragement. We created videos highlighting our survivors' words which ran on YouTube and social media. Finally, we created a powerful video featuring our survivors and their messages for a second phase of the campaign in November.

**Campaign performance:** Earned media coverage of the campaign was strong, with 32 pieces of coverage including several radio, print and TV interviews with our wonderful group of survivors. The billboards were displayed in 9 locations around Dublin for 2 weeks, and each billboard had an estimated viewership of almost 100,000 per week. The radio advertisements had an unduplicated reach of 23% of all adults nationally (990,000) for the first phase (14 October–8 November) and 18% of adults (765,000) for the second (25 November–18 December). Digital reach of the campaign was substantial, with over 330,000 views of our videos on YouTube, 1.4 million on Meta and 1.3 million on TikTok. Digital audio advertisements reached over 280,000 people.

**Impact:** We are so delighted that the campaign's message of hope was clearly received by many people. During the campaign period, contacts with the 24-hour National Rape Crisis Helpline rose by 20%, compared with the previous year, with certain weeks seeing spikes of over 30%. One first-time caller said: "It's just been a lot but reading the letters really helped me feel like I'm not alone anymore and I will get better."

We saw a distinct increase in visitors to our website during the period that the campaign ran, with a 50% rise in views compared with the same period in 2023, as well as sharp increases in telephone calls (up 13% from the previous year) and webchats (up 20%).

Our message to all those who have experienced the trauma of sexual violence remains: "When you are ready to talk, we are ready to listen."

### Objective 9: Minding Our People

As we are working in an area of immense sensitivity, maintaining a safe space year-round for our clients and callers who are coping with the impact of sexual violence, it is vital that we also look after ourselves. All staff and their immediate families can avail of the Health Assured employee assistance programme – which includes assessment, short-term counselling and referral services. In addition to this, frontline teams have access to regular supervision sessions with an external supervisor and in some departments the teams have access to peer and group supervision as well. Our volunteers also benefit from facilitated peer support sessions.

### DRCC Staff

Our professional and dedicated staff carry out DRCC's mission and goals, managed by our CEO and management team and overseen by our voluntary Board. For the past 10 years, we have been extremely privileged to have been able, thanks to a generous bequest, to have a building in which to carry out our work. However, our current offices

## THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024

on Leeson Street can no longer meet the demands of our growing workforce and clientele. In 2025, we will be moving to a new location which is fully equipped and accessible for our clients and which offers the opportunity to further expand the services and supports they need to further their healing journey.

### **DRCC Volunteers**

Over the course of 2024, volunteers continued to provide invaluable support to survivors of sexual violence over the 24-hour National Rape Crisis Helpline and in the SATU. Some 65 volunteers were engaged with the organisation in 2024.

**Recruitment:** Our Volunteer Services team recruited and trained two new cohorts of volunteers to maintain this vital level of support, with interested parties able to attend online information evenings for an overview of our services and the volunteer role. The two sessions of volunteer training both took place over four weekends, and the groups reported thoroughly enjoying the experience of being immersed in a training environment whose focus was to develop volunteers' skills while creating a safe space where they could learn together.

**Support:** Throughout their time with the organisation, our volunteers are well supported by our Volunteer Services team. Monthly supervision sessions play a key part in their work, as these allow volunteers to share their experiences with staff and peers. This is also an occasion where the volunteers get to connect with and support each other. All volunteers are also afforded ongoing learning and access to various Dublin Rape Crisis Centre events, such as our publication launches, educational Lunch & Learn sessions or suicide prevention training. Our Volunteer Services organised two recognition events to demonstrate how highly we value our volunteers' contributions, as well as a graduation ceremony for those who reached their milestone of 2 years' commitment.

During 2024, many volunteers shared with us how proud they are to be associated with Dublin Rape Crisis Centre and to be part of the change they want to see in society.

### **Volunteer voices**

**Aash:** "Volunteering training as a crisis counsellor with Dublin Rape Crisis Centre has been a profoundly transformative experience for me. Engaging with people from all walks of life in Dublin, allowing myself to be vulnerable to learning, learning how to empathise and becoming an active listener have all been essential to my training experience. Ultimately, this role has taught me about the complexities of trauma and the importance of listening.

Through training at Dublin Rape Crisis Centre, I have developed a deeper understanding of trauma-informed care. This approach has taught me the importance of creating a safe, non-judgmental space for survivors to share their stories at their own pace. Not only this, I have learned that victims' stories are their own and that they don't have to tell anyone anything. Dublin Rape Crisis Centre offers a space to victims that they might not be able to find elsewhere. One of the most powerful statements I have learned through this training is to tell a silent caller that I can hear their silence."

**Joanne:** "I honestly didn't know what to expect when I volunteered for a role in Dublin Rape Crisis Centre, but I'm so glad I did it. It really opened up my eyes and gave me a deeper knowledge of how to help victims/survivors. I've learnt the difference between empathy and sympathy and feel I've a much greater understanding now ... I've also learned how we as a society might make unconscious judgements of people and I feel now I wouldn't judge any victim regardless of circumstances. I've met some really wonderful women. The leaders are really lovely and the fellow volunteers are a great bunch who have helped and supported each other through our learning process.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2024

#### DRCC Board

Our work is immensely strengthened by the guidance of our voluntary Board. Our Board members are non-executive and receive no remuneration for their services, and they contribute a rich and wide range of skills and experience to Dublin Rape Crisis Centre's work. The Board has strategic oversight of our organisational risk, budget and financial management and compliance with governance requirements. It provides expert input around fundraising and strategic direction, as well as people management and resourcing.

Our board met 7 times in 2024, in 6 board meetings and an AGM. There are three board committees: Audit Finance & Risk; Human Resources & Remuneration; and Fundraising, which all met as required during the year.

Board member	Meetings attended (Total=7)
Ann Marie Gill (Resigned from board and as Chair June 2024)	3
Siona Cahill	6
John Fanning (Resigned March 2024)	2
Fergus Finlay	7
Anne-Marie James (Chair from June 2024)	7
Carol Keane (Secretary and Treasurer)	6
Madeleine McCarthy	7
Aibhlín McCrann	5
Grace O'Malley	5
Eoghan Cleary	6
Nichola Gallagher	5
Nóirín O Sullivan (Joined June 2024)	1

*Note: Board members are not remunerated for their services to DRCC, nor are any expenses reimbursed for travelling to/from board meetings.*

#### FINANCIAL REVIEW

The directors report the following financial events during the year.

The financial results for the year ended 31 December 2024 are shown in the Statements of Financial Activities on page 57 and are considered satisfactory by the Board.

Income has increased by 23% to €4,591,467 (2023: €3,720,467). An analysis of the various income streams is included with the accounts as a supporting schedule.

Expenditure is up by 16% to €4,320,726 (2023: €3,711,113). The principal item relating to this increase are wages and salaries increase of €511,582 from last year due to an increase in the level of employees required to support the growth in our services and the processing of a phased 8% salary increase agreed by the Workplace Relations Commission (WRC). €200,654 was spent on our Signs of Hope media campaign as part of our strategy to connect with all victims of sexual violence and bring awareness to the supports and services offered by DRCC. Including in this cost is €45,276 of pro bono services provided by Publicis Dublin to the campaign. The same amount has been included in the accounts as donation income.

**Reserves Strategy:** Dublin Rape Crisis Centre has a responsibility to ensure that it uses the funds and resources it receives for its charitable purpose of supporting the services it provides. There are uncertainties around most sources of funding and resources. To this end, Dublin Rape Crisis Centre has a reserves policy in place where reserves are to

# **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**

## **DIRECTORS' REPORT**

### **FOR YEAR ENDED 31 DECEMBER 2024**

be maintained at a level which ensures that Dublin Rape Crisis Centre core activity could continue during a period of unforeseen difficulty. A proportion of reserves are maintained in a readily realisable form.

As at 31 December 2024, the directors have designated cash reserves of €2,820,588 for specific purposes. An amount of €2,160,363 representing 6 months of 2024 expenditure, has been reserved to ensure the centre can continue its core activity during a period of unforeseen difficulty. The balance of €660,225 has been allocated to a capital reserve to cover the charity's long-term mortgage balance of €204,454 and any future capital requirements in regard to the centre's premises or relocation of the premises

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

Dublin Rape Crisis Centre is a company limited by guarantee, not having a share capital, registered CRO 147318. DRCC holds charitable tax exemption from the Revenue Commissioners (CHY 8529) and is also registered with the Charities Regulatory Authority (RCN 20021078). The organisation has a constitution. The directors are volunteers to Dublin Rape Crisis Centre.

Dublin Rape Crisis Centre is committed to openness and transparency both within the organisation and externally with donors, funders, supporters and the public.

#### **Meeting legal and statutory obligations**

DRCC complies with the Charities Governance Code published by the Charities Regulatory Authority. We met legal requirements throughout the year, including the General Data Protection Regulation (GDPR) and Children First, providing relevant training to staff and ensuring all requirements were incorporated in organisational policies.

We made timely lobbying returns to the Standards in Public Office Commission and completed the annual Governance Code Compliance Record Form as well as submitting the standard annual report to the Charities Regulator to comply with the Code of Practice for Good Governance of Community, Voluntary and Charitable Organisations in Ireland. Our Board and Staff abide by a conflict of interest policy.

#### **Effective monitoring and evaluation strategies**

Dublin Rape Crisis Centre tracks its processes across teams meticulously, and throughout 2024 we reported extensively on our work to funders and State bodies. We record and review progress against our strategic key performance indicators (KPIs) on a monthly basis, and collect all external feedback on our services and supports to improve our work. Our performance against these benchmarks is highlighted and discussed at monthly meetings of the management team.

Alongside our strategic goals and KPI framework, we also have in place a teams-based performance and development review process that unites our organisational targets with the personal development goals of individual staff members. This process allows us to reflect on progress, challenges and opportunities at regular intervals throughout the year.

The Board of Directors are responsible for governance and developing and approving policies and strategies. The directors have responsibility for managing risk and are aware of the risks associated with the operating activities of the organisation. The key risks include staff recruitment and retention, operational and safety risks; financial risks; the ability of the organisation to guarantee sufficient funding from voluntary and other sources to maintain its activities; general economic factors and compliance with a range of legislation and regulations. The directors review these risks on a regular basis. The directors are satisfied that adequate systems of governance, supervision and internal controls are in place and that these controls provide reasonable assurance against such risks.

The internal control systems aim to ensure compliance with laws and policies and efficient and effective use of the Company's resources. They also safeguard the Company's assets and maintain the integrity of the financial information produced. Financial information is subject to detailed review allowing for continuous monitoring of the organisations operations and financial status.

# **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**

## **DIRECTORS' REPORT**

### **FOR YEAR ENDED 31 DECEMBER 2024**

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#### **Governing document**

The organisation is a charitable company limited by guarantee, and not having a share capital incorporated in the Republic of Ireland under the Companies Acts 2014. As the company does not have a share capital and consequently the liability of members is limited, subject to an undertaking by each member to contribute to the net assets or liabilities of the company on winding up such amounts as many be required not exceeding one Euro (€1).

The charity was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its constitution and managed by a board of directors.

#### **Directors and secretary and their interests**

The directors do not hold any beneficial interest in the charity.

#### **Recruitment and appointment of new directors**

Directors are required to stand down at their third Annual General Meeting but may stand for re-election. However, no Director can serve for more than nine consecutive years. During 2020, the board passed a special resolution that provided always that in special circumstances those directors who would ordinarily be required to retire, under Article 46 of the Constitution, shall be eligible for re-election for a further three years. The decision as to what constitutes special circumstances shall be at the discretion of the Board.

Directors may appoint any person to be a Director so long as the total number of Directors shall not at any time exceed 15. Any Director appointed shall hold office until the next annual general meeting, at which point he or she will be eligible for re-election.

#### **Induction and training of new directors**

There is an induction pack for new Directors, which includes copies of the governing document and strategic plan, introduction of Board vision and remit, Board Director job description, Board Director declaration and confidentiality agreement, conflict of interest policy and Board Director code of conduct.

#### **Organisational structure**

The Directors of Dublin Rape Crisis Centre, who are also the organisation's only members, are responsible for the running of the organisation. The day-to-day running of Dublin Rape Crisis Centre operations is overseen by the Chief Executive Officer, Rachel Morrough, to whom all staff report and who, in turn, reports to the Board of Directors.

The names of the persons who at any time during the financial year were directors of the company are as follows:

Ann Marie Gill  
Aibhlin McCrann  
Grace O'Malley  
Carol Keane  
Anne Marie James  
John Fanning  
Siona Cahill  
Madeleine McCarthy  
Fergus Finlay  
Nichola Gallagher  
Eoghan Cleary  
Nóirín O Sullivan



## THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024

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### **Ann Marie Gill, Chairperson**

**Start of term:** 2011

**Retired:** June 2024

**Experience, skills and knowledge:** Ann Marie is Adjunct Professor at University College Cork (UCC) Business School and has over 30 years' experience in executive and non-executive positions in private and public sector organisations. She is deputy chair of Glór, the arts centre in Co Clare. Former Board memberships she has had include IDA Ireland, the interim Equality Authority and the National Centre for Quality Management. Ann Marie was former Vice-Chair of the Irish Chamber Orchestra and a Fellow of the Institute of Directors, UK.

### **Anne Marie James, Chairperson**

**Start of term:** As Chair – June 2024; As board member – 2017

**Experience, skills and knowledge:** Anne Marie is a solicitor with nearly 40 years' experience, and is Managing Partner of Kirwan McKeown James Solicitors LLP, specialising in litigation, commercial and family law. She has campaigned on several national issues and fundraised for many causes, including Women's Aid, the Irish Hospice Foundation and DRCC. She is a member of the Institute of Directors and mentors young professional female lawyers under the auspices of the incorporated Law Society of Ireland.

### **Síona Cahill**

**Start of term:** 2020

**Experience, skills and knowledge:** Síona is a public relations and communications professional from Co. Longford. She has advocacy experience from working across youth, education, arts and culture, social justice and LGBTI+ rights. She is a former President of the Union of Students in Ireland. Síona holds a Bachelor of Civil Law (BCL) in Civil Law and Sociology (International) from Maynooth University, and a Public Relations Institute of Ireland (PRII) Diploma in Public Relations, receiving the 2022 Gladys McNevin Award for excellence in public relations. She is a regular contributor on Irish current affairs radio and TV programmes.

### **Eoghan Cleary**

**Start of term:** 2023

**Experience, skills and knowledge:** Eoghan is a secondary school teacher and assistant principal at Temple Carrig School in Co Wicklow. He has over a decade's experience as a youth worker, working in the most marginalised communities in the east inner cities of both Dublin and Galway. Eoghan holds master's degrees in Drama and Theatre Studies, International Human Rights Law, and Education. He is a regular contributor to newspapers and radio programmes and is the co-author of a series of textbooks for the new SPHE curriculum at both Junior and Senior Cycle levels. Eoghan is currently completing a master's degree in Humanistic and Integrative Psychotherapy, with the aim of specialising in the area of child and adolescent psychotherapy.

### **John Fanning**

**Start of term:** 2017

**Retired:** March 2024

**Experience, skills and knowledge:** John lectures in Branding and Marketing Communications at the University College Dublin (UCD) Smurfit School of Business. He is the former Managing Director and Chairman of McConnells Advertising. He published *The Importance of Being Branded: An Irish Perspective* (Liffey Press) in 2006 and *The Mandarin, the Musician and the Mage* (Peter Lang) in 2022. John is a regular contributor on branding and marketing communications and is the Chairman of Bord Bia's Brand Forum.

## THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024

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### **Fergus Finlay**

**Start of term:** 2022

**Experience, skills and knowledge:** Fergus is the former Chief Executive Officer of Barnardos, Ireland's largest children's charity. Prior to that he was Senior Adviser to the Labour Party and was one of the drafters of the Downing Street Declaration, and he was centrally involved in the election of President Mary Robinson in 1990. He served as a Director of Wilson Hartnell Public Relations and is the author of four books. Fergus is a lifelong campaigner for the rights of people with disabilities. He broadcasts regularly on radio and television and contributes a weekly column to the *Irish Examiner*. He is a member of the Board of the Health Service Executive (HSE), the Christine Buckley Centre and the Tyrone Guthrie Centre, and was previously on the Charities Regulatory Authority. Fergus has been given a French Republic Human Rights Prize by the French Embassy in Dublin to recognise the work of Barnardos. He has also been honoured by UCC as an Outstanding Alumnus and been awarded an honorary doctorate by the University of Galway.

### **Nikki Gallagher**

**Start of term:** 2023

**Experience, skills and knowledge:** Nikki is Head of Public Affairs at Ibec. Prior to that, Nikki led teams at the Ombudsman for Children's Office, SOLAS and the National Lottery, and was previously a National Press Officer with Fine Gael. Nikki has for many years been a champion of human rights and equality through her professional and voluntary roles, specifically in the areas of LGBTI+ rights, children's rights, gender equality, prisoners' rights and reproductive healthcare rights. She has considerable experience of governance, having served on state and civil society boards, including as Chair of BeLonG To, Ireland's largest LGBTI+ youth organisation, from 2015 to 2021, and on the advisory board of the Together for Yes campaign. Her qualifications include a professional certificate in Corporate Governance and a diploma in Law.

### **Carol Keane (Secretary and Treasurer)**

**Start of term:** 2016

**Experience, skills and knowledge:** Carol is a qualified Chartered Accountant, having trained with PwC Ireland. She has over 15 years' experience leading private organisations through periods of high growth and change. She is passionate about contributing to society and has previously volunteered as a youth mentor in Foroige's Big Brother Big Sister programme and also as a visitor with Friends of the Elderly. Carol currently chairs the Dublin Rape Crisis Centre Audit, Finance and Risk Committee.

### **Madeleine McCarthy**

**Start of term:** 2020

**Experience, skills and knowledge:** Dr Madeleine McCarthy is a specialist GP with over 30 years' experience in women's health and general practice. She set up her own practice in 1988 in Dún Laoghaire, which is now known as Harbour Health. Her work includes training both GP registrars and undergraduate medical students. She is also a family planning and contraception tutor. She developed a keen interest in menopause over her many years in general practice and has advanced clinical training in menopause care. She has multiple further qualifications in Occupational Health, Diabetes, Sexual Health, Family Planning, Therapeutics, Minor Surgery, Dermoscopy and Travel Health. Madeleine is a member of the Irish College of General Practitioners; the Royal College of Physicians of Ireland Faculty of Occupational Health; the British Menopause Society; the Dún Laoghaire ICGP Faculty; the Travel Medicine Society of Ireland; and the Irish Association of Sexual and Reproductive Health Care Professionals.

## THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024

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### **Aibhlín McCrann**

**Start of term:** 2015

**Experience, skills and knowledge:** Aibhlín is a Director of leadership communications consultancy Communiqué International, and has extensive experience of strategy writing and facilitation of strategic planning. She specialises in stakeholder engagement and facilitation in the state, semi-state, and community and voluntary sectors. Her work includes coaching senior leaders to succeed at executive interview and facilitating the communication elements of change management and organisational restructuring. Aibhlín is a fluent Irish speaker with extensive experience as a performer, media spokesperson, freelance writer and organiser of national and international cultural events. She served on the Board of the Arts Council for more than 10 years. She is current Chair of the internationally renowned Irish Chamber Orchestra and founding Chair of Cruit Éireann (Harp Ireland). Aibhlín serves on the Board of the arts centre Glór in Co Clare and on the Governing Authority of the University of Limerick and its University Concert Hall.

### **Grace O'Malley**

**Start of term:** 2015

**Experience, skills and knowledge:** Grace is a Chartered Psychologist and Psychotherapist. She has over 20 years' experience working in the area of sexual and gender-based violence as a therapist, supervisor and activist. She has worked in the corporate, third-level education and non-governmental organisation (NGO) environments, specialising in organisational behaviour and organisational development. She feels strongly about empowering people from both individual and systemic perspectives and seeks to use her professional experience to advocate for change in the area of gender-based violence. Grace holds degrees from Trinity College Dublin and UCD in Psychology, as well as a Master's of Business Administration (MBA) from the UCD Smurfit School of Business. She is a Fellow of the Chartered Institute of Personnel and Development (CIPD).

### **Nóirín O'Sullivan**

**Start of term:** 2024

**Experience, skills and knowledge:** Nóirín was the first woman to lead An Garda Síochána as Garda Commissioner, and to head the Garda National Crime & Security Intelligence Service. Throughout her career, she has prioritised and promoted a rights-based service to victims of crime and established the Garda National Protective Services Bureau (GNPSU) to provide a professional and consistent approach to the investigation of sexual related crime. She now operates as non-executive director, independent advisor and consultant across a number of sectors. She recently served as Assistant Secretary General in the United Nations (UN) Department of Safety and Security, based in New York. Nóirín is a graduate of the Federal Bureau of Investigation's National Executive Institute (NEI). She holds a Master's in Business Studies (MBS) from the UCD Smurfit School of Business. She is the recipient of numerous awards, including an Honorary Doctorate of Laws (LLD) for Distinguished Public Service from Ulster University.

During the year, our Chairperson Ann Marie Gill stepped down from the role, having devoted 10 years to attentive leadership. She was succeeded by Deputy Chair Anne Marie James. Our long-standing Board member John Fanning also finished his term after many years of service, while former Garda Commissioner Nóirín O'Sullivan joined the board in June.

In early 2025, as part of our Board succession planning, we will recruit further Board members to ensure continued high-quality expertise and counsel for the organisation as it delivers on a new strategic plan.

## THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2024

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The day-to-day work of the organisation is carried out by our dedicated and professional staff, led by our Chief Executive Rachel Morrogh and management team, and overseen by our voluntary Board of Directors. The management team meets as a group on a weekly basis to provide updates on developments and operational matters, and on a monthly basis to monitor implementation of strategy and work plans.

Our Chief Executive reports directly to the Board, and members of the management team present on their individual areas of responsibility and work as required.

The Chief Executive and management team to whom responsibility for the day-to-day management of the Charity during 2024 was delegated are:

Chief Executive Officer	Rachel Morrogh
Head of Therapy Services	Vivienne Carson
Head of Operations and Administration	Suzanne McMullen
Head of Fundraising	Kirsty Cawthron
Head of Finance	Vanessa Gaughan
HR Manager	Naomi Patton
Therapy Services Manager	Yvonne Barnewall
National Helpline and Webchat Service Manager	Michelle Grehan
Accompaniment Services Manager	Cliona Woods
Education and Training Manager	Caitriona Freir
Communication and Campaigns Manager	Yvonne Woods
We-Consent Campaigns Manager	Sarah Monaghan
Policy and Data Protection Manager	Shirley Scott

### Commitment to Best Practice

- We follow good practice standards, such as those in the Statement of Recommended Practice (SORP) for annual reporting as well as the guidelines and recommendations for charities published by the Charities Regulator.
- Database: Having introduced a new CRM database across teams in 2021, we carried out a review of its functionality and processes in 2024, which included workshops with staff.
- Data security: The nature of our work means that our data is especially sensitive, so we take data security seriously. Our data is housed primarily on a cloud-based platform with robust access controls and security features. Data access is restricted based on role-specific permissions. We also use a separate external backup solution to maintain critical data and protect against potential data loss. Multi-factor authentication is enforced across all systems to enhance access security, while regular penetration testing by an external security partner helps identify and address vulnerabilities. All staff laptops are encrypted to prevent unauthorised access. Additionally, we maintain up-to-date antivirus software on all devices and conduct ongoing security awareness for employees to ensure comprehensive data security across all endpoints.
- Policy review: We reviewed our policy register over the year and updated policies as required, including our child protection policy.
- Risk register: We have an active risk register which is reviewed regularly by DRCC management and the Board.

# **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**

## **DIRECTORS' REPORT**

### **FOR YEAR ENDED 31 DECEMBER 2024**

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#### **Principal risks and uncertainties**

The directors have identified that the key risk and uncertainty the charity faces is the risk of its funding being reduced and the consequent impact that this would have on the ability of the charity to provide its services.

The charity mitigates this risk as follows:

- The charity continually monitors the level of activity, and prepares and monitors its budgets, targets and projections.
- The charity maintains active communication with Cuan it's principal statutory funder and with its other non-statutory major donors.
- The charity closely monitors emerging changes to regulations and legislation on an ongoing basis.

Internal control risks are minimised by the implementation of financial policies and procedures which controls the authorisation of all transactions and projects.

The charity has no currency risk and no credit risk. The charity has some interest rate risk due to the fact that the charity has borrowings but the charity continues to work with its bankers to manage this risk.

The directors are aware of the key risks to which the charity is exposed, in particular those related to the operations and finances of the charity and are satisfied that there are appropriate systems in place to mitigate these risks appropriately.

#### **Satisfying Funder Duties**

DRCC fulfilled its targets and reporting obligations for all funders during the course of the year. The financial accounts give a detailed picture of the income, expenditure and activities of the organisation in 2024.

# **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**

## **DIRECTORS' REPORT**

### **FOR YEAR ENDED 31 DECEMBER 2024**

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#### **REFERENCE AND ADMINISTRATIVE DETAILS**

<b>Name of charity</b>	The Dublin Rape Crisis Centre (A Company Limited by Guarantee)
<b>Charity number</b>	CHY 8529
<b>Charity registration number</b>	20021078
<b>Company Number</b>	147318
<b>Address</b>	70 Lower Leeson Street, Dublin 2

#### **Professional Advisors**

##### **Auditors:**

PKF Brenson Lawlor,  
Brenson Lawlor House,  
Argyle Square,  
Morehampton Road,  
Dublin 4.

##### **Solicitors:**

LK Shields Solicitors LLP

#### **EXEMPTIONS FROM DISCLOSURES**

The charity has availed of no exemptions, it has disclosed all relevant information.

#### **FUNDS HELD AS CUSTODIAN ON BEHALF OF OTHERS**

The charity does not hold any funds or other assets by way of custodian arrangement.

#### **LIKELY FUTURE DEVELOPMENTS**

The charity plans to continue the activities outlined in its objectives and activities in forthcoming years subject to satisfactory funding arrangements.

#### **SUBSEQUENT EVENTS**

Dublin Rape Crisis Centre signed a 10-year lease for a new premises at Equity House on Ormond Quay Dublin7 in March 2025. The cost of the lease will be €156,115 per annum. The lease facilitates a rent review at the end of year 5. The current premises at Leeson Street will be put up for sale on the open market when the transfer to the new premises is completed at the end of 2025.

#### **POLITICAL DONATIONS**

The charity did not make any political donations during the year.

## **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**

### **DIRECTORS' REPORT**

### **FOR YEAR ENDED 31 DECEMBER 2024**

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#### **Accounting Records**

The measures taken by the directors to secure compliance with the requirements of sections 281 to 285 of the Companies Act 2014 with regard to the keeping of accounting records are the implementation of necessary policies and procedures for recording transactions, the employment of competent accounting personnel with appropriate expertise and the provision of adequate resources to the financial function. The accounting records of the company are located at the charity's premises, 70 Lower Leeson Street, Dublin 2.

The Board of Directors acknowledge that they have a responsibility to ensure that the organisation is fully compliant with their obligations under the Companies Act 2014. To this end, the audit finance and risk committee review the internal controls in place on a regular basis. They confirm that:

- Adequate controls are in place in order to meet the obligations of the company,
- Appropriate arrangements and structures are in place that is, in their opinion, designed to secure material compliance with the company's relevant obligations.

#### **Statement on relevant audit information**

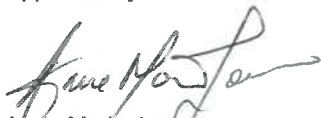
In the case of each of the persons who are directors at the time this report is approved in accordance with section 332 of Companies Act 2014:

- so far as each director is aware, there is no relevant audit information of which the company's statutory auditors are unaware, and
- each director has taken all the steps that he or she ought to have taken as a director in order to make himself or herself aware of any relevant audit information and to establish that the company's statutory auditors are aware of that information.

#### **Auditors**

In accordance with Section 383(2) of the Companies Act 2014, the auditors, PKF Brenson Lawlor, will continue in office as auditors of the charity.

Approved by the board of directors and signed on its behalf by

  
Anne Marie James  
Director

  
Carol Keane  
Director

**15 May 2025**

## **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' RESPONSIBILITIES STATEMENT FOR YEAR ENDED 31 DECEMBER 2024**

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The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

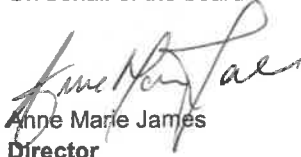
Irish company law requires the directors to prepare financial statements for each financial year. Under that law, the directors have elected to prepare the financial statements in accordance with Companies Act 2014 and FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (Generally accepted Accounting Practice in Ireland) issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the profit or loss of the company for that financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and profit or loss of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the board



Anne Marie James  
Director



Carol Keane  
Director

15 May 2025



# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF DUBLIN RAPE CRISIS CENTRE

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## Opinion

We have audited the financial statements of Dublin Rape Crisis Centre ('the company') for the year ended 31 December 2024, which comprise the statement of financial activities, the statement of financial position, the statement of cash flows and notes to the financial statements, including the summary of significant accounting policies set out in note 3. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland issued in the United Kingdom by the Financial Reporting Council modified by the Statement of Recommended Practice 'Accounting and Reporting by Charities'. In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2024 and of its surplus for the year then ended;
- have been properly prepared in accordance with FRS 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland modified to the Charities SORP*; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

## Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

## Conclusions relating to going concern

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

## Other information

The directors are responsible for the other information in the annual report. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF DUBLIN RAPE CRISIS CENTRE

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### **Opinions on other matters prescribed by the Companies Act 2014**

In our opinion, based on the work undertaken in the course of the audit, we report that:

- the information given in the directors' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report has been prepared in accordance with applicable legal requirements.

We have obtained all the information and explanations which, to the best of our knowledge and belief, are necessary for the purposes of our audit.

In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited, and the financial statements are in agreement with the accounting records.

### **Matters on which we are required to report by exception**

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the directors' report.

The Companies Act 2014 requires us to report to you if, in our opinion, the requirements of any of sections 305 to 312 of the Act, which relate to disclosures of directors' remuneration and transactions, are not complied with by the company. We have nothing to report in this regard

### **Responsibilities of directors for the financial statements**

As explained more fully in the directors' responsibilities statement, the directors are responsible for the preparation of the financial statements in accordance with the applicable financial reporting framework that give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, if applicable, matters related to going concern and using the going concern basis of accounting unless management either intend to liquidate the company or to cease operations, or have no realistic alternative but to do so.

### **Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the company's financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the company's financial statements is located on the IAASA's website at: <https://www.iaasa.ie/Publications/Auditing-standards/Standards-Guidance-for-Auditors-in-Ireland/Description-of-the-auditor-s-responsibilities-for>. This description forms part of our auditor's report.

# **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF DUBLIN RAPE CRISIS CENTRE**

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## **The purpose of our audit work and to whom we owe our responsibilities**

This report is made solely to the company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.



**Thomas Mc Donald**  
**For and behalf of PKF Brenson Lawlor**

**Date: 15 May 2025**

**Chartered Accountants**  
**Statutory audit firm**

Argyle Square  
Morehampton Road  
Donnybrook  
Dublin 4  
D04 W9W7

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR YEAR ENDED 31 DECEMBER 2024**

	Notes	Unrestricted Funds €	Restricted Funds €	Total 2024 €	Total 2023 €
<b>Income from:</b>	<b>5</b>				
Donations and legacies	<b>6</b>	696,771	355,836	1,052,608	1,015,639
Charitable Activities		155,937	3,382,922	3,538,859	2,704,827
<b>Total income</b>		<b>852,708</b>	<b>3,738,758</b>	<b>4,591,467</b>	<b>3,720,467</b>
<b>Expenditure on:</b>	<b>7</b>				
Raising Funds		248,730	-	248,730	253,912
Charitable activities	<b>6</b>	327,596	3,738,758	4,066,355	3,436,341
Other		5,641	-	5,641	20,860
<b>Total expenditure</b>		<b>581,967</b>	<b>3,738,758</b>	<b>4,320,726</b>	<b>3,711,113</b>
<b>Net income</b>		<b>270,741</b>	<b>-</b>	<b>270,741</b>	<b>9,354</b>
Transfer to / between funds		-	-	-	-
<b>Net movement in funds for the year</b>		<b>270,741</b>	<b>-</b>	<b>270,741</b>	<b>9,354</b>
<b>Reconciliation of funds</b>					
Total funds brought forward		3,163,088	-	3,163,088	3,153,734
<b>Total funds carried forward</b>		<b>3,433,829</b>	<b>-</b>	<b>3,433,829</b>	<b>3,163,088</b>

There are no other recognised gains or losses for the financial year except for those listed above. All income and expenditure are derived from continuing operations.

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**STATEMENT OF FINANCIAL POSITION**  
**FOR YEAR ENDED 31 DECEMBER 2024**

		2024		2023	
	Notes	€	€	€	€
<b>Fixed assets</b>					
Tangible assets	12		1,044,912		1,080,962
<b>Current assets</b>					
Debtors	13	51,450		30,455	
Cash at bank and in hand	14	3,707,183		3,446,417	
		<u>3,758,632</u>		<u>3,476,872</u>	
<b>Creditors: amounts falling due within one year</b>	15	<u>(1,165,261)</u>		<u>(1,164,917)</u>	
<b>Net current assets</b>			2,593,371		2,311,955
<b>Total assets less current liabilities</b>			<u>3,638,283</u>		<u>3,392,917</u>
<b>Creditors: amounts falling after more than one year</b>	16		<u>(204,454)</u>		<u>(229,829)</u>
<b>Net assets</b>			<u>3,433,829</u>		<u>3,163,088</u>
<b>Funds of the charity</b>	19				
Unrestricted Funds - general			613,241		647,306
Unrestricted Funds - designated			<u>2,820,588</u>		<u>2,515,782</u>
<b>Total</b>			<u>3,433,829</u>		<u>3,163,088</u>

The financial statements were approved by the board of directors and authorised for issue on 15<sup>th</sup> May 2025 and are signed on its behalf by:

  
 Anne Marie James  
 Director

  
 Carol Keane  
 Director

15/05/2025

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**STATEMENT OF CASH FLOWS**  
**FOR YEAR ENDED 31 DECEMBER 2024**

	Notes	2024 €	€	2023 €	€
<b>Cash flows from operating activities</b>					
Cash generated from operations	27	320,827		(89,680)	
Interest paid		(18,005)		(18,006)	
<b>Net cash outflow from operating activities</b>		302,821		(107,686)	
<b>Investing activities</b>					
Purchase of tangible assets		(16,680)		(16,920)	
<b>Net cash used in investing activities</b>		(16,680)		(16,920)	
<b>Financing activities</b>					
Repayment of bank loans		(23,221)		(21,807)	
<b>Net cash used in financing activities</b>		(23,221)		(21,807)	
Net increase/ (decrease) in cash		262,921		(146,413)	
<b>Cash &amp; cash equivalents at beginning of year</b>		3,444,262		3,590,675	
<b>Cash &amp; cash equivalents at end of year 14</b>		3,707,183		3,444,262	
<b>Relating to:</b>					
	14				
Cash at bank and in hand		3,707,183		3,446,417	
Bank overdrafts included in creditors payable within one year		-		(2,155)	
		3,707,183		3,444,262	

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## NOTES TO THE FINANCIAL STATEMENTS

### FOR YEAR ENDED 31 DECEMBER 2024

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#### 1. General Information

These financial statements comprising the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and the related notes constitute the individual financial statements of Dublin Rape Crisis Centre for the financial year ended 31 December 2024.

Dublin Rape Crisis Centre Ireland is a Charity limited by guarantee and having no share capital, incorporated in the Republic of Ireland. The Registered Office is 70 Lower Leeson Street, Dublin 2, which is also the principal place of business of the Charity. The nature of the Charity's operations and its principal activities are set out in the Director's Report on pages 1-27.

#### 2. Going Concern

The financial statements have been prepared on a going concern basis. The Directors have reviewed the 2024 Statement of Financial Activities and Financial Position, the approved 2025 budget and latest financial information. The Directors are satisfied that the Centre has adequate resources through secured funding for 2025 to continue in operational existence for the next 12 months. As a result, they are satisfied that there are sufficient resources to manage any operational risks. There is no material uncertainty that affects this assumption.

#### 3. Accounting Policies

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

##### **Basis of Preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities Statement of Recommended practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2009 and the Companies Act 2014.

The charity constitutes a public benefit entity as defined by FRS 102.

##### **Currency**

The financial statements have been presented in Euro (€) and rounded to the nearest €0 which is also the functional currency of the company

##### **Fund Accounting**

The following funds are operated by the charity:

##### ***Restricted Funds***

Restricted funds are to be used for the specified purposes as laid down by the donor/grantor. Expenditure which meets these criteria is allocated to the fund.

##### ***Unrestricted Funds***

General funds represent amounts which are expendable at the discretion of the directors in furtherance of the objectives of the charity and which have not been designated for other purposes. Such funds may be held in order to finance working capital or capital expenditure.

##### ***Designated Funds***

Directors can designate part or all, of the unrestricted funds for specific purposes. These designations have an administrative purpose only, and do not legally restrict the board's discretion to apply the fund.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## NOTES TO THE FINANCIAL STATEMENTS

### FOR YEAR ENDED 31 DECEMBER 2024

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#### 3. Accounting Policies (Continued)

##### **Income Recognition**

All income is included in the Statement of Financial Activities (SOFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably, and it is probable that the income will be received.

##### **Donations income**

For donation income to be recognised the charity will have been notified in writing of the amounts and settlement date. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then receipted income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

##### **Legacy income**

For legacies, entitlement is the earlier of the charity being notified of an impending distribution or the legacy being received. At this point income is recognised. On occasion legacies will be notified to the charity however it is not possible to measure the amount expected to be distributed. On these occasions, the legacy is treated as a contingent asset and disclosed.

##### **Grants**

The charity receives government grants in respect of certain projects and services. Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred income.

##### **Education & counselling**

Income is recognised when the event or service has taken place or been provided and the amounts can be reliably measured.

##### **Investment income**

Interest and investment income are included when receivable and the amount can be measured reliably, this is normally upon notification of the interest paid or payable by the bank.

##### **Donated Services and facilities**

Where practicable, donations of goods and services are included in donations in the financial statements at their fair value. If it is impracticable to assess the fair value at receipt or if the costs to undertake such a valuation outweigh the benefits, then the income and associated expenditure is not recognised.

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met. The receipt of economic benefit from the use by the charity of item is probable and that economic benefit can be measured reliably.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market, a corresponding amount is then recognised in expenditure in the period of receipt.

No amount is included in the financial statements for volunteer time in line with the SORP (FRS 102).



# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## NOTES TO THE FINANCIAL STATEMENTS

### FOR YEAR ENDED 31 DECEMBER 2024

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### 3. Accounting policies (Continued)

#### **Expenditure Recognition**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

It is categorised under the following headings:

- Costs of raising funds;
- Expenditure on charitable activities; and
- Other expenditure.

#### ***Costs of raising funds***

Cost of raising funds includes expenditure associated with generating fundraising income, including attracting voluntary income and grant income. It includes both costs that can be allocated directly such as wages and salaries and apportioned indirect costs for support function and overheads.

#### ***Expenditure on charitable activities***

Expenditure on charitable activities comprise those costs incurred by the charity in the pursuit of the charity's objectives and in the delivery of its activities and services. It includes both costs that can be allocated directly such as wages and salaries and costs of an indirect nature necessary to support the delivery of its activities and services.

#### ***Other expenditure***

Other expenditure represents other costs not falling into the categories above.

#### **Allocation of support costs**

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back-office costs, finance, personnel, payroll, and governance costs which support the activities and services of the charity. Support costs are allocated to expenditure on charitable activities and the cost of raising funds. Costs relating to a particular project are allocated directly others are apportioned on an appropriate basis such as headcount.

#### **Retirement benefit costs**

The company operates a defined contribution scheme. Retirement benefit contributions in respect of the scheme for employees are charged to the income and expenditure account as they become payable in accordance with the rules of the scheme. The assets are held separately from those of the company in an independently administered fund. Differences between the amounts charged in the income and expenditure account and payments made to the retirement benefit scheme are treated as assets or liabilities.

#### **Tangible fixed assets**

Tangible fixed assets are recorded at historical or deemed cost, less accumulated depreciation and impairment losses. Cost includes transaction cost, legal fees, stamp duty and other non-refundable purchase taxes, and any costs directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management, which can include the costs of site preparation, initial delivery and handling, installation, and assembly, and testing of functionality.

A review for impairment of tangible fixed asset will be carried out if events or changed in circumstances indicate that the carrying value of any tangible fixed asset may not be recoverable. Shortfalls between the carrying value of tangible fixed assets and their recoverable amounts will be recognised as impairments. Impairment losses will be recognised in the Statement of Financial Activities.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## NOTES TO THE FINANCIAL STATEMENTS

### FOR YEAR ENDED 31 DECEMBER 2024

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#### 3. Accounting policies (Continued)

##### Depreciation

Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost or valuation, less estimated residual value, of each asset systematically over its expected useful life, on a straight-line basis, as follows:

Freehold buildings	-	2% Straight line
Leasehold buildings	-	5% Straight line
Furniture & equipment	-	20% Straight line

An amount equal to the excess of the annual depreciation charge on revalued assets over the notional historical cost depreciation charge on those assets is transferred from the revaluation reserve to the income and expenditure reserve.

The residual value and useful lives of tangible assets are considered annually for indicators that these may have changed. Where such indicators are present, a review will be carried out of the residual value, depreciation method and useful lives, and these will be amended if necessary. Changes in depreciation rates arising from this review are accounted for prospectively over the remaining useful lives of the assets.

##### Impairment of fixed assets

Assets not measured at fair value are reviewed for any indication that the asset may be impaired. If such indication exists, the recoverable amount of the asset, or the asset's cash generating unit, is estimated and compared to the carrying amount. Where the carrying amount exceeds its recoverable amount, an impairment loss is recognised in statement of financial activities unless the asset is carried at a revalued amount where the impairment loss is a revaluation decrease.

##### Trade and other debtors

Trade debtors and other debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

##### Cash and cash equivalents

Cash and cash equivalents are basic financial assets and include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

##### Trade and other creditors

Trade creditors are measured at invoice price, unless payment is deferred beyond normal business terms or is financed at a rate of interest that is not a market rate. In this case the arrangement constitutes a financing transaction, and the financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

##### Loans and borrowings

All loans and borrowings, both assets and liabilities are initially recorded at the present value of cash payable to the lender in settlement of the liability discounted at the market interest rate. Subsequently loans and borrowings are stated at amortised cost using the effective interest rate model. The computation of amortised cost includes any issue costs, transaction costs and fees, and any discount or premium on settlement, and the effect of this is to amortise these amounts over the expected borrowing period.

Loans with no stated interest rate and repayable within one year or on demand are not amortised. Loans and borrowings are classified as current assets or liabilities unless the borrower has an unconditional right to defer settlement of the liability for at least twelve months after the financial year end date.

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR YEAR ENDED 31 DECEMBER 2024**

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**3. Accounting policies (Continued)**

**Deferred Income**

The charity recognised deferred income, where the terms and conditions have not been met or uncertainty exists as to whether the charity can meet the terms or conditions otherwise within its control, income is then deferred as a liability until it is probable that the terms and conditions imposed can be met.

Some of the grants received are subject to performance related conditions or time periods, when the performance related or other conditions are met the deferred income is released to income in the statement of financial activities.

**Provisions**

Provisions are recognised when the charity has an obligation at the balance sheet date as a result of a past event where it is probable that an outflow of economic benefits will be required in settlement and the amount of the obligation can be reliably estimated.

**Employee benefits**

When employees have rendered service to the charity, short-term employee benefits for example holiday pay to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service. The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

Holiday pay is not provided for as a liability at the end of the year as annual leave is not allowed to be carried forward unless exceptional circumstances arise.

**Financial Instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments.

Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value except for bank loans which are subsequently measured at amortised cost using the effective interest method.

**Comparative Figures**

Where necessary comparative figures have been regrouped on a basis consistent with the current year.

**Taxation**

No charge to current or deferred taxation arises as the charity has been granted charitable status under Section 207 and 208 of the Tax Consolidation Act 1997.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## NOTES TO THE FINANCIAL STATEMENTS

### FOR YEAR ENDED 31 DECEMBER 2024

#### 4. Judgements and Key Sources of Estimation Uncertainty.

The key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying value amounts of assets and liabilities with the next financial year include:

##### (a) Valuation of buildings

The value on the statement of financial position includes a carrying value for the premises at Leeson Street at the reporting date that does not reflect the current value of the property if it were to be sold. In the event that the premises is sold, the sales proceeds obtained are likely to be significantly higher than the current carrying value.

##### (b) Useful lives of depreciable assets

The annual depreciation charge depends primarily on estimated lives of each type and component of asset and in certain circumstances estimates of fair values and residual values. The Trustees annually review these asset lives and adjust them as necessary to reflect current thinking on remaining lives, in light of technological change, prospective economic utilisation and the physical condition of the assets concerned. Changes in asset lives can have a significant impact on depreciation charges for the period. In 2024, no changes have been made to asset lives

##### (c) Going concern

The directors have prepared budgets and cash flows for a period of at least twelve months from the date of the approval of the financial statements which demonstrate that there is no material uncertainty regarding the company's ability to meet its liabilities as they fall due, and to continue as a going concern. On this basis the directors consider it appropriate to prepare the financial statements on a going concern basis. Accordingly, these financial statements do not include any adjustments to the carrying amounts and classification of assets and liabilities that may arise if the company was unable to continue as a going concern.

#### 5. Income

An analysis of the charity's income is as follows:

##### Donations and Legacies

	2024	2023
	€	€
Donations	1,025,228	1,015,639
Legacies	27,380	-
	<u>1,052,608</u>	<u>1,015,639</u>

##### Charitable Activities

	2024	2023
	€	€
Cuan Grants (Previously Tusla and Dept of Justice)	3,373,848	2,566,894
Other grants from governmental bodies	9,074	12,428
Education, counselling, and other activities	155,937	125,506
	<u>3,538,859</u>	<u>2,704,828</u>

€3,738,759 (2023 €3,037,231) was attributable to restricted income and €852,708 (2023 €683,236) was attributable to unrestricted funds.

€3,382,922 (2023 €2,579,322) of government grants were received to provide Therapy Services, National Helpline and Webchat services, Accompaniment services, BodyRight and Youth Education and training and to develop the We-Consent programme and develop and maintain the Finding Your Way after Sexual Violence online guide. Other contingencies and unfulfilled conditions attaching to government grants include performance related conditions or time periods that can result in deferred income at year end if grant conditions are not met.

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR YEAR ENDED 31 DECEMBER 2024**

**6. Donated Goods and Services**

	2024 €	2023 €
Donated services have been included in the accounts as follows:		
Income - donations	45,276	-
Expenditure - on charitable activities	(45,276)	-

In 2024 Publicis Dublin contributed pro bono hours to our Signs of Hope campaign, the value of this work has been included in the accounts in income as a donation, the same value has been included in expenditure on charitable activities,

**7. Expenditure Analysis and Allocation of Support Costs**

Expenditure Analysis	Activities Undertaken Directly €	Grant Funding of Activities €	Allocated Support Costs €	Total Expenditure €
<b>Raising Funds</b>	232,346	-	16,384	248,730
<b>Charitable Activities including:</b>				
• Therapy Services	1,311,641	-	181,070	1,492,710
• National Helpline and Webchat service	781,810	-	125,878	907,688
• Justice System Accompaniment	393,933	-	59,402	453,368
• Education and Training services	374,390	-	52,122	426,512
• We-Consent National Conversation	434,119	-	28,594	462,713
• Finding Your Way after Sexual Violence	79,197	-	4,140	83,337
• Signs of Hope Campaign	200,654	-	-	200,654
• National Attitudinal Survey on Sexual Violence	15,599	-	-	15,599
• Policy Submissions	23,773	-	-	23,773
<b>Total Expenditure Charitable Activities</b>	<u>3,615,150</u>	<u>-</u>	<u>451,205</u>	<u>4,066,355</u>
<b>Other Expenditure</b>	5,641	-	-	5,641
<b>Total Expenditure</b>	<u>3,853,137</u>	<u>-</u>	<u>467,590</u>	<u>4,320,726</u>

Support costs include facility costs, overheads, finance, hr, governance and other costs which support the activities and services of the charity. Support costs are allocated to expenditure on charitable activities and the cost of raising funds. Costs relating to a particular project are allocated directly, other costs that are shared across activities are apportioned based on headcount.

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR YEAR ENDED 31 DECEMBER 2024**

**7. Expenditure Analysis and Allocation of Support Costs continued**

**Allocated Support Costs Analysis**

	€
Facility costs including insurance, utilities and health & safety	121,282
Staff costs including supervision, training and development	78,462
Office overheads including IT, phone and broadband	77,053
Other costs including bank charges, interest and depreciation	67,923
Governance costs including quality and CRM development	46,335
Finance and HR costs	43,710
Volunteer costs	17,678
Communication costs	15,147
	<u>467,590</u>

**8. Operating surplus**

	2024 €	2023 €
Operating surplus for the year is stated after charging:		
Fees payable to the charity's auditor for the audit of the charity's financial statements	12,300	12,300
Depreciation of owned tangible assets	52,730	50,312
	<u>65,030</u>	<u>62,612</u>

**9. Employees and remuneration**

The centre employs staff to deliver on its strategy, raise income and provide support services.

The average monthly number of persons, full and part-time, employed by the centre during the financial year analysed by category, was as follows:

	2024 Number	2023 Number
Support Functions	8	9
Reception	3	2
Consent	3	3
Policy and communications	3	4
Therapists	18	16
Accompaniment and Volunteer services	8	4
National Helpline counsellors	10	10
Education and Training service	5	4
Fundraising	3	3
	<u>61</u>	<u>55</u>

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR YEAR ENDED 31 DECEMBER 2024**

**9. Employee and remuneration (continued)**

Their aggregate remuneration comprised:

	2024	2023
	€	€
Wages and salaries	2,774,308	2,350,753
Employer's PRSI	287,827	224,758
Pension costs	125,671	103,558
Death in service	13,754	10,909
	<u>3,201,560</u>	<u>2,689,978</u>

**Note:** Workplace Relations Commission (WRC) agreed phased salary increases of 8% were processed in 2024 including agreed back dated increases to April 2023.

**Key Management Personnel**

Key management personnel include the CEO, Head of Therapy Services, Head of Operations and Administration, Head of Finance and Head of Fundraising. The total benefits (including employer's PRSI and pension) paid to key management personnel in 2024 was €507,435 (2023: €411,045) which includes a payment to all staff for phased WRC salary increases backdated to April 2023.

In 2024, the CEO's salary was €119,000. (2023: €129,692 combined salary cost for previous and current CEO) and a further €1,902 was paid for backdated WRC salary increases. The centre contributed €22,603 to the CEO's defined contribution pension scheme (2023: €19,182).

**Salary Band**

	2024 Number	2023 Number
€60,000 - €70,000	8	6
€70,001 - €80,000	2	2
€80,001 - €90,000	2	1
€100,001- €110,000	-	-
€110,001- €120,000	-	1
€120,001- €130,000	1	-

2024 Salary bands are based on remuneration paid in 2024 and include payments to staff for WRC agreed phased salary increases of 8% backdated to April 2023.

**Director expenses**

Directors receive no remuneration for the services. Out of pocket expenses payments were €Nil (2023: Nil).

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR YEAR ENDED 31 DECEMBER 2024**

**10. Retirement benefit schemes**

	2024 €	2023 €
<b>Defined contribution schemes</b>		
Charged to the statement of financial activities	125,671	103,558
	<u>125,671</u>	<u>103,558</u>

The company operates a defined contribution scheme, 'Pension Scheme Fund', for its employees. The scheme is externally financed in that the assets of the scheme are held separately from those of the company in an independently administered fund.

**11. Interest payable and similar expenses**

	2024 €	2023 €
<b>Interest on financial liabilities measured at amortised cost:</b>		
Interest on bank loans	18,332	18,006
	<u>18,332</u>	<u>18,006</u>

**12. Tangible fixed assets**

	Freehold land and buildings €	Leasehold land and buildings €	Fixtures and Fittings €	Total €
<b>Cost</b>				
At 1 January 2024	1,214,833	477,234	568,855	2,260,922
Additions	-	-	16,680	16,680
	<u>1,214,833</u>	<u>477,234</u>	<u>585,535</u>	<u>2,277,602</u>
<b>Depreciation and impairment</b>				
At 1 January 2024	194,397	477,234	508,329	1,179,960
Depreciation charged in the year	24,300	-	28,430	52,730
	<u>218,697</u>	<u>477,234</u>	<u>536,759</u>	<u>1,232,690</u>
<b>Carrying amount</b>				
At 31 December 2024	<u>996,136</u>	<u>-</u>	<u>48,776</u>	<u>1,044,912</u>
At 31 December 2023	<u>1,020,436</u>	<u>-</u>	<u>60,526</u>	<u>1,080,962</u>



**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR YEAR ENDED 31 DECEMBER 2024**

The freehold property relates to the property from which the charity operates from at 70, Lower Leeson Street, Dublin 2. The charity purchased this property in December 2015 at a cost of €1,214,833 and was part financed by a loan from its bankers in the amount of €450,000. The loan attracts an interest rate of 6.94% and is repayable by way of 180 monthly instalments. The borrowing is secured by way of fixed charge over the property.

**13. Debtors**

	<b>2024</b>	<b>2023</b>
	€	€
Trade Debtors	35,225	7,050
Other debtors	2,595	10,966
Prepayments	13,630	12,439
	<u>51,450</u>	<u>30,455</u>

**14. Components of cash and cash equivalents**

	<b>2024</b>	<b>2023</b>
	€	€
Cash at bank and cash in hand	3,707,183	3,446,417
	<u>3,707,183</u>	<u>3,446,417</u>

**15. Creditors: amounts falling due within one year**

	<b>Notes</b>	<b>2024</b>	<b>2023</b>
		€	€
Bank loans and overdrafts	<b>16</b>	23,941	22,202
Trade creditors		45,529	3,590
PAYE and employer's PRSI		189,367	73,745
Deferred income	<b>17</b>	830,620	930,635
Other creditors		27,473	26,145
Accruals		48,331	108,600
		<u>1,165,261</u>	<u>1,164,917</u>

**16. Creditors: amounts falling due after more one year**

	<b>Notes</b>	<b>2024</b>	<b>2023</b>
		€	€
Bank loans and overdrafts	<b>16</b>	204,454	229,829
		<u>204,454</u>	<u>229,829</u>

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR YEAR ENDED 31 DECEMBER 2024**

**17. Loans and overdrafts**

	<b>2024</b>	<b>2023</b>
	<b>€</b>	<b>€</b>
Bank loans	228,395	249,876
Bank overdrafts	-	2,155
	<u>228,395</u>	<u>252,031</u>
Payable within one year	23,941	22,202
Payable between two and five years	113,599	97,351
Payable after 5 years	90,855	132,478
	<u>228,395</u>	<u>252,031</u>

In December 2015, the company obtained a loan from its bankers in the amount of €450,000 in order to part-finance the purchase of its registered office. The loan attracts an interest rate of 6.9%. The loan is repayable by way of 180 monthly instalments and is secured by way of fixed charge over the property at 70 Lower Leeson Street, Dublin 2.

**18. Deferred income**

	<b>1 January 2024</b>	<b>Amount taken to income</b>	<b>Amount received</b>	<b>31 December 2024</b>
	<b>€</b>	<b>€</b>	<b>€</b>	<b>€</b>
<b>Cuan</b>				
• Consent Language research	84,214	(84,214)	-	-
• National Conversation on Consent	213,644	(213,660)	70,016	70,000
• Consent Website Management	51,276	(51,276)	-	-
• Victims of Crime Pre 2024	244,047			244,047
• Victims of Crime Accompaniment	-	(437,260)	542,696	105,436
• BodyRight and Youth Services Training	-	(207,752)	207,752	-
• Victims of Crime Finding Your Way	-	(82,595)	98,707	16,112
• Therapy & National Helpline SLA	103,772	(2,151,665)	2,255,669	207,775
• Therapy Salary costs	66,334	-	-	66,334
<b>Department of Children Equality Disability Integration and Youth</b>				
LGBTI+ Community Services Funding Call: Scheme B	9,074	(9,074)	-	-
<b>Other Income</b>	<u>158,274</u>	<u>(142,359)</u>	<u>105,000</u>	<u>120,915</u>
	<u>930,635</u>	<u>(3,379,856)</u>	<u>3,279,841</u>	<u>830,620</u>

The charity recognised deferred income, where the terms and conditions associated with the income restriction have not been met. Some of the grants received are subject to performance related conditions or time periods. When the performance related or other conditions are met the deferred income is released to income in the statement of financial activities. €395,657 of Cuan funding deferred at 31/12/2024 will be return to the funder in 2025 for inclusion in the 2025 SLA funding process.

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR YEAR ENDED 31 DECEMBER 2024**

**19. Reserves and funds**

	Designated Funds	Unrestricted Funds	Restricted Funds	Total Funds
Balance at 1 January 2024	2,515,782	647,306	-	3,163,088
Surplus for the year	-	270,741	-	270,741
Transfer between funds	304,806	(304,806)	-	-
<b>Balance at 31 December 2024</b>	<b>2,820,588</b>	<b>613,241</b>	<b>-</b>	<b>3,433,829</b>

- **Restricted funds** refer to income received which is restricted for a specific purpose.
- **Designated funds** refer to designated cash reserves of €2,820,588 designated by the board for specific purposes. An amount of €2,160,363 representing 6 months of 2024 expenditure, has been reserved to ensure the centre can continue its core activity during a period of unforeseen difficulty. The balance of €660,225 has been allocated to a capital reserve to cover the charity's long-term mortgage balance of €204,454 and any future capital requirements in regard to the centre's premises or relocation of the premises.

**20. Restricted Funds**

	Income	Expenditure	Transfer	Surplus/ (Deficit)
At 31 December 2024	€	€	€	€
<b>Cuan</b>				
Therapy & National Helpline SLA	2,151,665	(2,151,665)	-	-
Therapy & National Helpline WRC	145,426	(145,426)	-	-
Consent Research	84,214	(84,214)	-	-
National Consent Conversation	213,660	(213,660)	-	-
Consent Website Management	51,276	(51,276)	-	-
Victims of Crime Accompaniment	437,260	(437,260)	-	-
BodyRight and Youth Services	207,752	(207,752)	-	-
Victims of Crime Finding Your Way	82,595	(82,595)	-	-
<b>Department of Children, Equality, Disability, Integration and Youth</b>	<b>9,074</b>	<b>(9,074)</b>	<b>-</b>	<b>-</b>
<b>Others</b>	<b>355,836</b>	<b>(355,836)</b>	<b>-</b>	<b>-</b>
	<b>3,738,759</b>	<b>(3,738,759)</b>	<b>-</b>	<b>-</b>

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR YEAR ENDED 31 DECEMBER 2024**

<b>20 Restricted Funds Continued</b>	<b>Income</b>	<b>Expenditure</b>	<b>Transfer</b>	<b>Surplus/ (Deficit)</b>
<b>At 31 December 2023</b>	<b>€</b>	<b>€</b>	<b>€</b>	<b>€</b>
<b>Tusla - Child and Family Agency</b>	1,718,957	(1,718,957)	-	-
<b>Department of Justice</b>				
Consent Research	25,139	(25,139)	-	-
Campaign on Consent	27,882	(27,882)	-	-
National Consent Conversation	176,416	(176,416)	-	-
Focus Groups Marginalised Communities	44,940	(44,940)	-	-
Victims of Crime Accompaniment	338,225	(338,225)	-	-
BodyRight and Youth Services	144,272	(144,272)	-	-
Victims of Crime Finding Your Way	91,063	(91,063)	-	-
<b>Dublin City Council</b>	11,928	(11,928)	-	-
<b>Department of Children, Equality, Disability, Integration and Youth</b>	500	(500)	-	-
<b>Others</b>	457,909	(457,909)	-	-
	<u>3,037,231</u>	<u>(3,037,231)</u>	<u>-</u>	<u>-</u>

**21. Analysis of net assets between funds**

	<b>Unrestricted Funds 2024</b>	<b>Designated Funds 2024</b>	<b>Restricted Funds 2024</b>	<b>Total 2024</b>
	<b>€</b>	<b>€</b>	<b>€</b>	<b>€</b>
Fixed Assets	1,044,912	-	-	1,044,912
Cash and current investments	830,620	2,876,563	-	3,707,183
Other current assets / liabilities	(1,113,811)	-	-	(1,113,811)
Creditors more than one year	(204,454)	-	-	(204,454)
Provisions / pensions	-	-	-	-
	<u>557,266</u>	<u>2,876,563</u>	<u>-</u>	<u>3,433,829</u>
	<b>Unrestricted Funds 2023</b>	<b>Designated Funds 2023</b>	<b>Restricted Funds 2023</b>	<b>Total 2023</b>
	<b>€</b>	<b>€</b>	<b>€</b>	<b>€</b>
Fixed Assets	1,080,962	-	-	1,080,962
Cash and current investments	930,635	2,515,782	-	3,446,417
Other current assets / liabilities	(1,134,462)	-	-	(1,134,462)
Creditors more than one year	(229,829)	-	-	(229,829)
Provisions / pensions	-	-	-	-
	<u>647,306</u>	<u>2,515,782</u>	<u>-</u>	<u>3,163,088</u>

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR YEAR ENDED 31 DECEMBER 2024**

**22. Membership**

Dublin Rape Crisis Centre is a company limited by guarantee not having share capital. Every member is liable for the debts and liabilities of the company in the event of a winding up, for such amounts as may be required but not exceeding €1 each.

**23. Subsequent events after the end of the financial year**

Dublin Rape Crisis Centre signed a 10-year lease for a new premises at Equity House on Ormond Quay Dublin 7 in March 2025. The cost of the lease will be €156,115 per annum. The lease facilitates a rent review at the end of year 5. The current premises at Leeson Street will be put up for sale on the open market when the transfer of operations to Equity House is completed at the end of 2025.

**24. Related Parties**

There were no transactions with related parties that require disclosure.

**25. Capital commitments**

There were no capital commitments by the company as at the 31<sup>st</sup> December 2024 which require disclosure. (2023: Nil).

**26. Contingent liabilities**

There were no contingent liabilities as at the 31 December 2024 (2023: Nil).

**27. Cash generated from operating activities**

	2024	2023
	€	€
Surplus for the year	270,741	9,354
<b>Adjustments for:</b>		
Finance costs	18,005	18,006
Depreciation of tangible fixed assets	52,730	50,312
<b>Movements in working capital</b>		
Decrease/(increase) in debtors	(20,995)	(23,050)
Increase / (decrease) in creditors	100,360	(155)
(Decrease) in deferred income	(100,015)	(144,147)
<b>Net cash (outflows)/ inflows generated from operations</b>	<b>320,827</b>	<b>(89,680)</b>

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR YEAR ENDED 31 DECEMBER 2024**

**28. Analysis of changes in net debt**

	1 January 2024	Cash flows	31 December 2024
		€	€
Cash at bank and in hand	3,446,417	260,766	3,446,417
Bank overdrafts	(2,155)	2,155	-
	<u>3,444,262</u>	<u>262,921</u>	<u>3,707,183</u>
Borrowings	(249,876)	21,806	(228,395)
	<u>3,194,386</u>	<u>284,727</u>	<u>3,478,788</u>

**29. Grant disclosures**

The charity receives the following grants and are disclosed in line with the circular 13/2014:

	Name of Grantor	Actual Name of Each Individual Grant	Purpose for Which Funds Are Applied	Amount and Term of the Total Grant Awarded	The Amount of the Grant taken to final Income in Financial Statements	Amount of Grant deferred at 31/12/24
1	Cuan	Service Level Agreement	Funding for the provision of Therapy and National Helpline Services.	€2,292,584 Received 2024 Term: 1 Jan 2024 to 31 Dec 2024	€2,188,580	€104,003  Will be returned to Cuan in 2025 for inclusion in 2025 funding process
2	Cuan	WRC Salary Funding	Funding for National Salary increases for Therapy and National Helpline Services	€108,511 Received Dec 2024 Term: 1 Jan 2024 to 31 Dec 2024	€108,511	-
3	Cuan	We-Consent Conversation	Continue the National We Consent Conversation including Awareness Raising, Media Monitoring, Development of Education Materials and Provision of Workshops.	€70,016 Received Dec 2024 Term: 1 Dec 2024 to 31 Dec 2025	€16	€70,000

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR YEAR ENDED 31 DECEMBER 2024**

**29 Grant disclosures continued**

	<b>Name of Grantor</b>	<b>Actual Name of Each Individual Grant</b>	<b>Purpose for Which Funds Are Applied</b>	<b>Amount and Term of the Total Grant Awarded</b>	<b>The Amount of the Grant taken to final Income in Financial Statements</b>	<b>Amount of Grant deferred at 31/12/2024</b>
4a	Cuan	Victims of Crime - Accompaniment	Support, information and accompaniment services for victims of crime through the criminal Justice System via Sexual assault treatment unit, An Garda Síochana, and the Court Process.	€542,696  Received 2024  Term: 1 Jan 2024 to 31 Dec 2024	€437,260	€105,436  Will be returned to Cuan in 2025 for inclusion in 2025 funding process
4b	Cuan	Victims of Crime BodyRight and Youth Services	Development and provision of Specialised Training for Professionals and Institutions working with Young People to prevent the occurrence of sexual violence.	€207,752  Received 2024  Term: 1 Jan 2024 to 31 Dec 2024	€207,752	-
4c	Cuan	Victims of Crime - Finding Your Way	Maintenance and Development of Finding Your Way after Sexual Violence online guide for Victims of Sexual Violence	€98,707  Received 2024  Term: 1 Jan 2024 to 31 Dec 2024	€82,595	€16,112  Will be returned to Cuan in 2025 for inclusion in 2025 funding process
5	St Stephens Green Trust	Supporting Vulnerable Women and Families in the International Protection process	Strengthening Supports for Survivors Seeking IP	€60,000  €20,000 Received in 2024  Term: May 2023 to Dec 2026	€20,000	-
6	ESB Energy for Generations Fund	Expanding Community Supports for Survivors of Sexual Violence	Salary Costs for Training Officer to facilitate development of Learning Management System and Provision of Training Programmes to Front Line workers.	€13,243  Received in 2024  Term 1 <sup>st</sup> Jan to 31 <sup>st</sup> Dec 2024	€13,243	-

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR YEAR ENDED 31 DECEMBER 2024**

**29 Grant disclosures continued**

	<b>Name of Grantor</b>	<b>Actual Name of Each Individual Grant</b>	<b>Purpose for Which Funds Are Applied</b>	<b>Amount and Term of the Total Grant Awarded</b>	<b>The Amount of the Grant taken to final Income in Financial Statements</b>	<b>Amount of Grant deferred at 31/12/2024</b>
7	Department of Children, Equality, Disability, Integration and Youth	2023 LGBTI+ Community Services Funding Call:	SCHEME B: Promoting Visibility and Inclusion of LGBTI+ Persons.	€9,574  Received in 2023  Term: December 2023 to 31 October 2024	€9,074	-

No capital grants were received during the year ended 31 December 2024. Dublin Rape Crisis Centre is compliant with relevant Circulars, including Department of Finance Circular 44/2006 "Tax Clearance Procedures Grants, Subsidies and Similar Type Payments and with Circular 13/2014.

**30. Approval of financial statements**

The board of directors approved these financial statements and authorised them for issue on 15 May 2025.



**THE DUBLIN RAPE CRISIS CENTRE  
(A COMPANY LIMITED BY GUARANTEE)**

**MANAGEMENT INFORMATION**

*(These pages do not form part of the statutory financial statements)*

**DUBLIN RAPE CRISIS CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**

**Appendix (I) – Incoming Resources**

	<b>Designated Funds €</b>	<b>Unrestricted Funds €</b>	<b>Restricted Funds €</b>	<b>Total 2024 €</b>	<b>Total 2023 €</b>
<b>Income</b>					
Donations and legacies	-	696,771	355,836	1,052,608	1,015,639
<b>Income from charitable activities</b>					
Government grants	-		3,382,922	3,382,922	2,579,322
Education, counselling & other services	-	155,937	-	155,937	125,506
<b>Total income</b>	<b>-</b>	<b>852,708</b>	<b>3,738,759</b>	<b>4,591,467</b>	<b>3,720,467</b>

**DUBLIN RAPE CRISIS CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**

**Appendix II Resources Expended Charitable Activities**

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2024</b>	<b>Total 2023</b>
	<b>€</b>	<b>€</b>	<b>€</b>	<b>€</b>
Wages and Salary Costs	37,821	2,863,955	2,901,777	2,404,684
Pension	2,539	114,338	116,877	94,964
Insurance		30,787	30,787	40,628
Utilities		16,556	16,556	17,254
Repairs and maintenance		33,906	33,906	20,032
Cleaning		32,396	32,396	20,842
Therapy Rooms & Other Rental Costs		53,985	53,985	62,877
Staff Training & Development	2,900	17,993	20,893	10,188
Counselling Supervision		39,556	39,556	31,201
Printing Post and Stationary		11,181	11,181	11,848
Telephone and Broadband		28,696	28,696	27,959
IT Software and Support		27,289	27,289	35,858
IT and Other Office Equipment		3,211	3,211	1,659
Household Supplies		7,246	7,246	7,313
Staff Travel Expenses		5,242	5,242	7,410
Couriers		1,056	1,056	839
Professional fees and Other Support Function Costs		16,743	16,743	102,556
Consultancy Fees		47,439	47,439	63,536
Communications including Annual Report		21,917	21,917	15,387
Membership & Subscriptions		12,326	12,326	2,156
Interpreting, Translation and other Client support services		1,903	1,903	5,752
BodyRight and Youth Services		21,258	21,258	20,614
Education and Training programme costs		18,101	18,101	27,969
Volunteer costs		19,238	19,238	14,882
Accompaniment programme costs		23,942	23,942	
We-Consent programme costs		201,161	201,161	256,355
Finding Your Way programme costs		39,192	39,192	42,110
Other programme costs		5,033	5,033	400
Fundraising Expenses			-	-
Campaign and Survey costs	216,253		216,253	-
Audit fees		15,415	15,415	14,973
Bank charges	7,072	920	7,992	5,777
Bank interest	15,701	1,745	17,446	18,006
Depreciation on Buildings and Equipment	45,309	5,034	50,344	50,312
Sundry			-	-
	<b>327,596</b>	<b>3,738,758</b>	<b>4,066,355</b>	<b>3,436,341</b>

**DUBLIN RAPE CRISIS CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**

**Appendix III Resources Expended Cost of Raising Funds**

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2024</b>	<b>Total 2023</b>
	<b>€</b>	<b>€</b>	<b>€</b>	<b>€</b>
Wages and Salary Costs	169,880	-	169,880	179,657
Pension	8,794	-	8,794	8,594
Insurance	1,564	-	1,564	2,342
Utilities	691	-	691	832
Repairs and maintenance	1,659	-	1,659	1,155
Cleaning	1,646	-	1,646	1,201
Staff Training & Development	189	-	189	453
Printing Post and Stationary	650	-	650	907
Telephone and Broadband	1,792	-	1,792	1,611
IT Software and Support	1,920	-	1,920	2,067
IT and Other Office Equipment	214	-	214	142
Household Supplies	363	-	363	422
Staff Travel Expenses	20	-	20	33
Couriers	10	-	10	48
Professional fees and Other Support Function Costs	316	-	316	0
Consultancy Fees	1,292	-	1,292	3,662
Fundraising Expenses	53,642	-	53,642	49,277
Campaign and Survey costs	-	-	-	-
Audit fees	595	-	595	863
Bank charges	220	-	220	646
Bank interest	886	-	886	-
Depreciation on Buildings and Equipment	2,386	-	2,386	-
	<b>248,730</b>		<b>248,730</b>	<b>253,912</b>

**DUBLIN RAPE CRISIS CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**

**Appendix IV Resources Expended Other Expenditure**

	<b>Unrestricted Funds €</b>	<b>Restricted Funds €</b>	<b>Total 2024 €</b>	<b>Total 2023 €</b>
Wages and Salary Costs	-	-	-	10,843
Pension	-	-	-	-
Insurance	-	-	-	-
Utilities	-	-	-	-
Repairs and maintenance	-	-	-	-
Cleaning	-	-	-	-
Staff Training & Development	-	-	-	-
Printing Post and Stationary	-	-	-	-
Telephone and Broadband	-	-	-	-
IT Software and Support	-	-	-	-
IT and Other Office Equipment	-	-	-	-
Household Supplies	252	-	252	-
Staff Travel Expenses	-	-	-	-
Couriers	-	-	-	-
Professional fees and Other Support Function Costs	2,739	-	2,739	8,899
Consultancy Fees	-	-	-	-
Fundraising Expenses	-	-	-	-
Campaign and Survey costs	-	-	-	-
Audit fees	-	-	-	-
Bank charges	-	-	-	-
Bank interest	-	-	-	-
Depreciation on Buildings and Equipment	-	-	-	-
Sundry	2,650	-	2,650	1,118
	<u>5,641</u>		<u>5,641</u>	<u>20,860</u>

**DUBLIN RAPE CRISIS CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**

**Appendix (V) – Segmented Accounts for Cuan For Provision of Therapy Services and National Helpline**

	<b>Core Funding</b>	<b>WRC Salary Funding</b>	<b>Other Funding</b>	<b>Total</b>
<b>Income</b>	€	€	€	€
Core funding	2,255,669	145,426	-	2,401,094
<b>Expenditure</b>				
Wages and salaries (incl ER PRSI)	(1,756,406)	(139,340)	-	(1,895,746)
Pension costs	(69,075)	(6,086)	-	(75,161)
Death in service	(9,122)	-	-	(9,122)
Staff development and other costs	(11,901)	-	-	(11,901)
Volunteer Training and Supervision	(12,367)	-	-	(12,367)
Insurance	(21,455)	-	-	(21,455)
Light and heat and Water	(9,475)	-	-	(9,475)
Facility Costs with Cleaning & H&S	(50,420)	-	-	(50,420)
CRM Development Costs	(6,247)	-	-	(6,247)
Counselling supervision	(31,405)	-	-	(31,405)
Audit & accountancy	(11,867)	-	-	(11,867)
Interpreting & translation services	(902)	-	-	(902)
Telephone, Broadband and IT Costs	(39,319)	-	-	(39,319)
Therapy Room and Other Rent Payable	(49,635)	-	-	(49,635)
Support Function Costs	(61,448)	-	-	(61,448)
Printing, Post, Stationary & Other Costs	(10,513)	-	-	(10,513)
Bank charges	(109)	-	-	(109)
<b>Total Expenditure</b>	<b>(2,151,666)</b>	<b>(145,426)</b>	<b>-</b>	<b>(2,297,091)</b>
<b>Surplus/(Deficit)</b>	<b>104,003</b>	<b>-</b>	<b>-</b>	<b>104,003</b>
<b>Balance at 1 January 2024</b>	<b>170,106</b>	<b>-</b>	<b>-</b>	<b>170,106</b>
<b>Surplus/(Deficit)</b>	<b>104,003</b>	<b>-</b>	<b>-</b>	<b>104,003</b>
<b>Balance at 31 December 2024</b>	<b>274,109</b>	<b>-</b>	<b>-</b>	<b>274,109</b>

## DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

### Appendix (VI) – Segmented Accounts for Cuan For Provision of Victims of Crime Services and National We-Consent Conversation

	Victims of Crime	We Consent
	€	€
<b>Income</b>		
2024 Funding	849,155	70,016
<b>Expenditure</b>		
Wages and salaries (incl ER PRSI)	(538,108)	(202,191)
Pension costs	(17,856)	(7,149)
Death in service	(2,392)	(958)
Staff development and Other costs	(10,185)	-
Volunteer Training and Supervision	(6,870)	-
Insurance	(5,626)	(2,253)
Light Heat & Water	(5,445)	(995)
Facility Costs with Cleaning & H&S	(14,987)	(5,198)
CRM Development Costs	(1,124)	-
Counselling supervision	(5,803)	(480)
Audit & accountancy	(2,139)	(856)
Interpreting & translation services	(493)	-
Telephone, Broadband and IT Costs	(11,312)	(3,720)
Other Rent Payable	(3,074)	-
Support Function Costs	(14,607)	(4,613)
Printing, Post, Stationary & Other Costs	(3,167)	(1,061)
Accompaniment Programme Support and Development	(23,942)	-
Training Costs BodyRight and Youth Services	(21,258)	-
Finding Your Way Maintenance & Development	(39,192)	-
We Consent Programme Costs	-	(119,666)
Bank charges	(29)	(10)
<b>Total Expenditure</b>	<b>(727,606)</b>	<b>(349,150)</b>
<b>Surplus/(Deficit)</b>	<b>121,549</b>	<b>(279,134)</b>
<b>Balance at 1 January 2024</b>	<b>-</b>	<b>349,134</b>
Surplus/(Deficit)	121,549	(279,134)
<b>Balance at 31 December 2024</b>	<b>121,549</b>	<b>70,000</b>

Note Victims of Crime balance at 1 January 2024 has been assigned to another programme.