

**THE DUBLIN RAPE CRISIS CENTRE  
(A COMPANY LIMITED BY GUARANTEE)  
TRADING AS DRCC**

**ANNUAL REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2025**

**Registered Number: 147318  
Charity Number: CHY 8529  
Charity Registration Number: 20021078**

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## THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) COMPANY INFORMATION

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Chair	Anne Marie James	
Directors	Aibhlin McCrann (Resigned 29 January 2025) Grace O'Malley (Resigned 29 January 2025) Síona Cahill (Resigned 20 March 2025) Nóirín O Sullivan (Resigned 30 October 2025) Carol Keane (Resigned 16 December 2025) Nichola Gallagher (Resigned 28 January 2026) Anne Marie James Madeleine McCarthy Fergus Finlay Eoghan Cleary Alison Cowzer (Appointed 29 January 2025) Doreen Gerety (Appointed 29 January 2025) Peter Finlay (Appointed 29 January 2025) Niamh Meenan (Appointed 28 January 2026) Philip Crowley (Appointed 28 January 2026) Deborah Threadgold (Appointed 28 January 2026) Susan Bunworth (Appointed 28 January 2026)	
Chief Executive	Rachel Morrogh	
Company Secretary	Deborah Threadgold (Appointed 11 March 2026) Peter Finlay (Appointed 16 December 2025, Resigned 11 March 2026) Carol Keane resigned (16 December 2025)	
Company Number	147318	
Registered Office	70 Lower Leeson Street Dublin 2	
Auditors	PKF Brenson Lawlor Alexandra House 3 Ballsbridge Park Merrion Road Ballsbridge Dublin 4	
Bankers	PTSB 70 Grafton Street Dublin 2	Allied Irish Banks 40/41 Westmoreland Street Dublin 2
Solicitors	Byrne Wallace Shields, 88 Harcourt Street, Dublin 2	

# **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2025**

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The Board of Directors present their annual report and audited financial statements for the year ended 31 December 2025.

The company is a registered charity and its principal activities are charitable. For the purposes of this report, the company is hereafter referred to as 'the charity'.

The report and results have been prepared in accordance with Accounting and Reporting by Charities Statement of Recommended practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2009 and the Companies Act 2014.

The content of the directors' annual report is set out in the following headings:

- Chairperson's foreword
- Message from Chief Executive Officer
- Vision, mission and values;
- Glossary and Abbreviations
- Achievements and performance;  
Strategic goals:
  - Goal 1: High-quality protection
  - Goal 2: Effective prevention
  - Goal 3: A sustainable organisation
- Financial review;
- Structure, governance and management;
- Reference and administrative details;
- Exemptions from disclosures;
- Funds held as custodian trustee on behalf of others;
- Likely future developments;
- Subsequent event and
- Political donations.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2025

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## Chairperson's Foreword

On behalf of the Board of Dublin Rape Crisis Centre, I am pleased to present our 2025 Annual Report. This was a year characterised by the increasing demand for our services, a growing need for our outreach activity, planning for a major relocation from our Leeson Street headquarters to Equity House on Ormond Quay and sustained advocacy on behalf of victims.

I am delighted to say that Equity House will provide a more accessible, purpose-designed environment for our clients, service users, staff, and volunteers, supporting the continued delivery of our services and our long-term sustainability.

I want to express our gratitude to our colleagues in Cuan, our donors, our legal advisers, our staff, the construction team and the Board sub-committees for their tireless commitment to this critical project. I am pleased that there has been minimal disruption and that the safety, dignity, and well-being of those who rely on DRCC's services has been the central concern from beginning to end.

Throughout 2025, one thing is certain. More people needed our services than ever before. Through our Helpline and outreach service, people know that Dublin Rape Crisis Centre is where victims and survivors can get sensitive, victim-centred and compassionate support. As an organisation, what we are very clear about is that we have been providing support, counselling, advocacy, and information at record levels. This growing demand underscores both the necessity of our work and the trust placed in DRCC by our clients.

For example, calls to our National Helpline reached 23,955 - up almost 6% since 2024. We provided therapy to 838 clients, an increase of more than 31% since 2024. Responding to their needs requires flexibility, resilience, and a continued commitment to maintaining the highest standards of care — qualities demonstrated consistently by our staff and volunteers during the year.

Throughout 2025, the Board remained focused on strong governance, financial oversight, and strategic planning, particularly in light of our relocation and continued service pressures. Looking to the future, we will be steadfast in ensuring the delivery of our mission: supporting survivors, promoting awareness of our services, preventing sexual violence and advocating for a society rooted in dignity, equality, and justice.

We were honoured to receive The Bar of Ireland's prestigious **Human Rights Award 2025** in recognition of our outstanding contribution to the field of human rights and acknowledging our transformative impact on the lives of sexual violence survivors.

During the course of 2025, the Minister for Justice announced his intention to legislate on the issue of counselling notes. Once the Criminal Law and Civil (Miscellaneous Provisions) Bill 2026 is passed, it will introduce additional protections for victim/survivors' counselling notes in sexual offence trials.

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I am proud to say that DRCC was instrumental in achieving this change in the law through our continued advocacy and exposure of the systemic unfairness of the victim's journey through the legislative process. We will continue to advocate for change guided by our values of trust, respect, empowerment, and empathy.

In 2025, we also contributed to and welcomed the work of the Law Reform Commission, chaired by Mr. Justice Frank Clarke, on compensation for victims of crime. Throughout the year, the Commission signalled the need for substantial reform of Ireland's criminal injuries compensation system, including a more victim-centred and trauma-informed approach, broader recognition of psychological harm and consideration of compensation for pain and suffering. We also welcomed the Commission's continued emphasis on compensation as part of a broader victims' rights framework and looked forward to the detailed recommendations in its final report.

I wish to express my sincere appreciation to DRCC's CEO, our staff and our volunteers for their professionalism and dedication. I also thank my fellow Board members for their stewardship, our funders for their continued and vital support, and our partners for their collaboration and shared commitment to addressing sexual violence.

*Anne Marie James  
Chairperson, Dublin Rape Crisis Centre*

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## Message from Chief Executive Officer

Last year, 2025, was one of the most demanding and in many ways defining years in Dublin Rape Crisis Centre's history. Across our National Helpline, therapy and accompaniment services, demand reached levels we have not previously seen, making this one of the busiest years ever for the organisation, and for some services, the busiest on record.

The National Rape Crisis Helpline was under sustained pressure throughout the year, recording 23,955 contacts. This represented a 5.5% increase on 2024 and a 29% increase on 2023, underlining a clear and continuing upward trend in people seeking support. Almost half of all contacts came from repeat callers, reflecting the ongoing and complex nature of trauma recovery, while over 7,300 people contacted us for the first time. I'm always mindful of the enormous courage it takes before picking up the phone for the first time and how it takes some people a number of efforts before finding the words to say what happened to them out loud. The Helpline remained a lifeline at all hours for people dealing with the aftermath of rape, sexual assault and childhood sexual abuse, and last year our telephone counsellors dealt with deep additional complexities caused by intense mental health distress, homelessness and isolation.

Alongside rising calls to the National Helpline, our therapy service experienced unprecedented demand. In 2025, we supported 838 therapy clients, a 31.5% increase on 2024 and a rise of almost 70% over two years. Our therapists delivered almost 7,300 therapy appointments, a significant increase from 5,800 in 2024. Our therapy clients have experienced both recent and historic trauma, and many have experienced multiple and compounding forms of violence, particularly physical and psychological harm. It is in our therapy department that we have observed the greatest increase in demand over the last number of years, which reflects not only the scale of unmet need that exists across the country, but also the extraordinary commitment of our therapy team, who continued to provide high-quality, trauma-informed care under intense pressure.

Demand for our accompaniment service also rose sharply. In 2025, we provided over 1,250 accompaniments across Sexual Assault Treatment Unit (SATU), Garda and court settings. Accompaniment at the SATU in the Rotunda Hospital increased by 34% compared with 2024, making this a demanding year for our team. Behind each of these figures is a person facing some of the most intimidating moments of their lives, and our accompaniment team's presence ensured that no one had to navigate medical or justice processes alone.

Taken together, these figures tell a clear story: 2025 was an exceptionally busy year for the frontline teams at Dublin Rape Crisis Centre, with record or near-record demand across our core services. These data also speak to a wider social reality, where sexual violence remains pervasive and where survivors continue to face significant barriers to safety, recovery and justice. While increased contact with services like ours can indicate growing confidence in support pathways, it also reflects the reality that sexual violence remains deeply embedded, prevalent and enduring across Irish society.

Data from the Central Statistics Office (CSO) published in 2023 tells us that only 1 in 2 people affected by sexual violence will ever tell another person. It also reveals that rape myths and victim-blaming are central and

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common reasons why people don't come forward and disclose what happened to them. We delved further into this with our own research in 2025 and discovered that on the one hand, there was growing societal recognition of sexual violence, reflected in improved public awareness, increased media coverage and greater willingness among survivors to disclose experiences and seek help. On the other hand, many harmful rape myths and victim-blaming attitudes persisted, particularly among younger men, underscoring the need for continued prevention and education efforts. For instance, 1 in 5 people think that false rape accusations occur 'a lot', 1 in 10 people would actively disbelieve someone who said they had been sexually assaulted but didn't get a guilty verdict in court and 1 in 8 would be sceptical about a survivor who had been drinking or taking drugs.

We believe that DRCC has an important role in challenging attitudes that discourage people from seeking help, while at the same time sending a compassionate and positive message to those who have never got support, encouraging them to contact the National Helpline when they are ready to talk. We did this throughout all our communications in 2025, particularly as part of the Signs of Hope national public awareness campaign. Signs of Hope centres the voices of survivors, using short, handwritten messages of reassurance and solidarity displayed on billboards, digital screens, radio and online platforms. The campaign explicitly challenges silence, shame and self-blame, emphasising that support is available whenever someone feels ready to reach out. We were grateful that towards the end of 2025 we were awarded a Silver Effie for this ground-breaking campaign and we are sincerely indebted to the survivors who wrote messages of solidarity to the community of survivors who are carrying the burden of sexual violence alone.

In July, we extended Signs of Hope to Lights of Hope. We hope this will become an annual solidarity and awareness campaign that uses symbolic illumination of public buildings and landmarks in purple to honour survivors of sexual violence and to make visible the scale and impact of harm in Irish society. The campaign took place toward the end of the court term, a period that can be particularly difficult for survivors involved in legal proceedings.

From a policy perspective, 2025 was a year of incremental progress against a backdrop of rising need. Commitments in the Programme for Government and ongoing implementation of the Third National Strategy on Domestic, Sexual and Gender-Based Violence signalled political recognition of the scale of the problem and the importance of specialist services. Proposed reforms relating to counselling notes, consent law and court processes were welcomed by DRCC as essential steps toward reducing re-traumatisation and improving access to justice. However, the detail of some of these reforms are still unfolding and their full impact had yet to be felt by survivors engaging with the system.

To centre sexual violence at the heart of policy-making, Dublin Rape Crisis Centre established the All Party Parliamentary Group Against Sexual Violence, a group of TDs and Senators who are committed to learning more about how they, as elected representatives, can accelerate progress towards the elimination of sexual violence in Ireland. We held two meetings in 2025, the first focused on reforming the 'honest belief' defence in rape trials and the second discussed online sexual violence.

Our mission in Dublin Rape Crisis Centre is as much about prevention as it is about healing. The epidemic of sexual violence will never be eliminated until the harm is stopped from ever occurring. Last year, against the

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backdrop of increased demand for our services, we focused on achieving real cultural change through our education and training programmes, including the national prevention campaign, We-Consent. Over 2025, our education team provided training sessions to 907 participants, among them almost 200 youth-focused programme participants, and with tailored and general programmes offering practical and trauma-aware instruction on issues like awareness and disclosure of sexual violence, supporting survivors in the international protection system, and working with victims of childhood sexual abuse.

Our We-Consent team delivered consent workshops to a further 900 participants, raising awareness about the meaning and practice of consent among of people all ages, genders and backgrounds. We-Consent's annual research revealed that people in Ireland are more aware of consent concepts, with 90% agreeing that people have the right to change their mind at any point in a sexual encounter – this is up 2% on 2024, although other findings indicated we have still much work to do.

With such an increase in demand for our support over the years, our team has grown beyond the capacity for our building on Leeson Street and had to make the difficult decision to move. Thanks to the incredible support of our donors, we spent much of 2025 renovating a building on Ormond Quay so that we can offer our staff a professional and collaborative space to work, and our clients a bespoke space to heal and get support. Moving from the building that has been home to Dublin Rape Crisis Centre for 28 years signals a new chapter for our organisation and we are looking forward to all the opportunities a new space gives us.

Finally, I am profoundly grateful to work with the Board, staff and volunteers, whose professionalism, compassion and resilience made it possible to meet the level of demand we saw in 2025. I also want to thank our funders, partners and supporters, whose commitment enabled us to respond with compassion and kindness, even as pressures on our services increased. Public support for our work is growing every year and we were immensely grateful to all those who fundraised in the name of Dublin Rape Crisis Centre in 2025, including those who attended events such as the Corporate Quiz with Pat Kenny, the Golf Classic in the Castle Golf Club Rathfarnham, WomanKind Lunch and Fashion Show organised by Pluto Communications and the Countdown to Christmas Lunch in the Conrad Hotel. We simply couldn't do what we do without this support. Most importantly, I want to acknowledge the courage of every person who reached out to us in 2025, while recognising that there are many more survivors who are still carrying the trauma of sexual violence alone.

As we look to the year ahead, I'm confident that Dublin Rape Crisis Centre will continue to strengthen its work and be there for the thousands of people who needs our support. Our focus in 2026 will remain on expanding services, driving national cultural change, and shaping policy.

I really do believe that a better future is possible and I know that the Dublin Rape Crisis Centre team won't give up until it is a reality.

Rachel Morrogh  
Chief Executive Officer

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## VISION, MISSION AND VALUES

Our **vision** is of an Ireland free from Sexual Violence.

Our **mission** is to prevent the harm and heal the trauma of rape and other forms of sexual violence.

Our core **values** under our strategic plan are:

Trustworthy	We are a trusted brand, informed by evidence and our understanding of the trauma of sexual violence, committed to speaking out and seeking supports and justice for all victims / survivors of sexual violence.
Respectful	We are respectful of the lived experience of victims/survivors of sexual violence and listen in a careful and non-judgemental manner, providing an empathetic and empowering response to victims/survivors, while also ensuring that our engagement with our staff, volunteers and Board is both respectful and empowering.
Professional	Our services and interactions with clients, partners and staff are of a high standard, targeted at meeting the needs of all those who seek support and engagement with the organisation.
Informed	Our work is informed on an ongoing basis by the voices and lived experiences of the callers and clients with whom we work, as well as international and sectoral best practice.
Inclusive and diverse	We work to ensure our services and supports are accessible to all who need them and are provided by a diverse and inclusive staff and Board.
Action learning	We are an action learning organisation that learns from our successes and our challenges, taking action in order to develop creative, flexible solutions and strategies to pressing problems.

A note on statistics for 2025: The information collected in the directors' report relates to details disclosed by callers, clients and people availing of our support services during 2025. We aim to provide confidential and specialised support and information, and for this reason our statistics have varying levels of detail. Their value is that they tell of the experiences of the people who have availed of our services.

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## Glossary

**Accompaniment:** A service offering practical information, emotional support and personal accompaniment to victims and survivors and those supporting them, such as friends or family, in accessing facilities. Our support staff and volunteers accompany survivors attending the Sexual Assault Treatment Unit (SATU) in the Rotunda Hospital, reporting sexual crimes to An Garda Síochána, and attending court and other such settings. It can include court familiarisation, which involves visiting a courtroom before a trial to allow the survivor to get a sense of the workings of the courtroom and the trial process.

**Consent:** A freely given, ongoing and voluntary agreement between people in a sexual encounter that allows each individual to decide what they want and do not want, and to have that respected. For more on consent visit [we-consent.ie](http://we-consent.ie)

**Coercion:** The use of force to make someone do something they do not want to, such as engage in sexual activity. Coercion can involve physical force, psychological intimidation, blackmail or other threats.

**Counselling and psychotherapy:** Forms of therapy involving a one-to-one relationship between a client and therapist. They provide the support and encouragement necessary to allow someone to talk about the experiences and events that have affected their lives and their way of being in the world. Counselling is usually for a shorter term than psychotherapy, which is a more in-depth, longer-term process.

**Director of Public Prosecutions:** The independent State service that, amongst other functions, decides whether criminal cases will be prosecuted in Ireland.

**An Garda Síochána:** The Irish police force that enforces laws, gathers evidence and investigates crimes on behalf of the State.

**Sexual Assault Treatment Unit (SATU):** A medical facility where victims and survivors of rape or sexual assault can go to have a forensic medical examination and receive specialised medical treatment. There are six SATUs in Ireland in Dublin, Cork, Waterford, Galway, Letterkenny and Mullingar, with a seventh service available out of hours in Limerick which only sees people following Gardaí referral.

**Sexual violence: Any kind of unwanted sexual activity or contact, whether physical or non-physical.** This includes words or actions of a sexual nature forced upon a person without their consent. Sexual violence, including rape, is never the fault of the victim.

**Trauma:** A physical or emotional response experienced by a person following a distressing event, such as sexual violence. People react differently to trauma and it can affect emotions, behaviour and/or relationships with other people.

**Trauma-sensitive or trauma-aware:** Understanding and accommodating the ongoing effects of traumas like sexual violence on victims and survivors when delivering a service or in the course of your work.

**Victim and survivor:** We use these terms to refer to people who have been raped, assaulted or experienced other forms of sexual violence, acknowledging that not everyone will identify with these terms.

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## **Abbreviations**

CARI – Children at Risk in Ireland

CPD – continuing professional development

CSO – Central Statistics Office

DEIS – Delivering Equality of opportunity In Schools

DRCC - Dublin Rape Crisis Centre

DSGBV – Domestic, Sexual and Gender-based Violence

ESHTE – Ending Sexual Harassment & Violence in Third Level Education

HAP – Housing Assistance Payment

NAC – National Advisory Committee

NGO – non-governmental organisation

PTSD – post-traumatic stress disorder

RSE – Relationships and Sexuality Education

SATU – Sexual Assault Treatment Unit

SAVI – Sexual Abuse and Violence in Ireland

SPHE – Social, Personal and Health Education

SVS – Sexual Violence Survey

UK – United Kingdom

V-SAC – Victim Support at Court

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2025

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## ACHIEVEMENTS & PERFORMANCE

The charity's 3-year strategic plan for 2024 to 2026 has three strategic goals:

### Goal 1:

High-quality protection through timely services and supports focused on supporting recovery, building resilience and attaining justice for those harmed by rape and other forms of sexual violence

- Objective 1: Build on the provision of quality frontline services for victims/survivors of sexual violence
- Objective 2: Work to enhance the services provided, and
- Objective 3: Work to ensure services are accessible to all victims/survivors.

**Goal 2:** Effective prevention informed by the lived experiences of victims/survivors of sexual violence (through advocacy, education, as well as legal, policy and research work)

- Objective 4: Record evidence of sexual violence in society
- Objective 5: Promote know-how by providing awareness, education and training for professionals and others
- Objective 6: Lead, inspire and influence.

**Goal 3: Be a sustainable organisation, which effectively manages risk and proactively supports its people towards excellence in meeting the needs of victims/survivors.**

- Objective 7: Resourcing the work
- Objective 8: Encouraging excellence in communications and
- Objective 9: Minding our people.

The three strategic goals and their related objectives are laid out in this report with an account of the charity's work in each area in 2025.

**Goal 1: High-quality protection, through timely services and supports focused on supporting recovery, building resilience and attaining justice for those harmed by rape and other forms of sexual violence**

### **Objective 1: Build on the provision of quality frontline services for victims/survivors of sexual violence**

In its national Sexual Violence Survey, the Central Statistics Office (CSO) described sexual violence as any sexual act which takes place without freely given consent or where someone forces or manipulates someone else into unwanted sexual activity. The word "violence" is sometimes associated with the use of force, but it can also mean "having a marked or powerful effect" on someone, which includes actions or words that are intended to hurt people.

Sexual violence therefore refers to any kind of unwanted sexual activity or contact, whether physical or non-physical, including words or actions, that is done without consent.

Trauma is defined as an event or series of events that the individual perceives as life-threatening, leaving them overwhelmed, helpless and out of control. Dublin Rape Crisis Centre's approach to counselling and therapy is grounded in the understanding that such trauma deeply impacts a person's mental, emotional and physical well-being.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2025

DRCC's frontline services to victims/survivors are delivered through:

- The freephone 24-Hour National Rape Crisis Helpline **1800 778888**;
- An online webchat support service;
- An Interpreting Service for those wishing to access the National Helpline in 240+ languages;
- A text service for Deaf and hard-of-hearing callers;
- Face-to-face counselling and psychotherapy;
- Survivor accompaniment support services in the justice and forensic healthcare systems; and
- A client support/welfare service.

## Freephone 24-Hour National Rape Crisis Helpline

The freephone 24-hour National Rape Crisis Helpline 1800 77 88 88 offers free and confidential listening and support to adult victims/survivors of sexual violence. Trained telephone counsellors are available 24 hours a day, 365 days a year, to provide non-judgmental support to anyone affected by sexual violence. The line can also support families and friends of victims/survivors as well as those who work or volunteer with victims/survivors.

## Other National Rape Crisis Helpline services

In addition to the freephone 24-hour National Rape Crisis Helpline, Dublin Rape Crisis Centre provides some additional specialist services for those seeking crisis help (note that these services are not 24/7 and are closed on public holidays):

- a **text service** for those who are Deaf or hard of hearing, operating **Monday to Friday from 8am to 6.30pm, at 086-823 8443**;
- a **Webchat Support Service** on our website drcc.ie, open **Monday to Friday 10am to 5pm and Tuesday and Wednesday midnight to 3am**, offering a written mode of communication, which is particularly helpful to those who cannot verbally articulate their needs or who don't have a private space in which to speak; and
- a live **Helpline interpreting service** for those who do not speak English, operating **Monday to Friday from 8am to 6.30pm, and midnight to 8am daily**.

## National Rape Crisis Helpline contacts in 2025

**Table 1: Contacts with National Rape Crisis Helpline, January–December 2025**

Type of contacts	Number of contacts in 2025
<b>Total Helpline contacts</b>	<b>23,955</b>
Helpline counsellors responded to:	
▪ Calls	20,895
▪ Emails	1,818
▪ Webchat	727
▪ Text messages	452
▪ Social media	21
▪ Other	42
<b>Frequency:</b>	
First-time contacts	7,352
Repeat contacts	11,623
Unknown	4,980

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**Table 2: Breakdown of contacts by type**

Type of contact	Number
Counselling/support	8,794
Therapy-related support	7,255
Information	3,421
Hang-up	3,542
Hoax	283
Silent	266
Abusive	394
<b>Total</b>	<b>23,955</b>

**Table 3: Breakdown of contacts by type of abuse**

Type of abuse	Number of contacts	% of contacts
Adult rape	8,365	34.9%
Child sexual abuse	5,076	21.3%
Adult sexual assault	3,440	14.4%
Unspecified abuse	2,119	8.8%
Sexual harassment	418	1.7%
Unknown	4,537	18.9%

In 2025, there were **23,955** contacts with the 24-hour National Rape Crisis Helpline (see Table 1), up 5.5% from 22,700 contacts in 2024, and 29% from 18,562 contacts in 2023. Almost half of contacts (11,623 or 48.5% of total) were known to be from repeat callers while some 7,352 (30.7%) were known to be first-time contacts.

As in previous years, most contacts related to rape as an adult (34.9%), followed by child sexual abuse (21.3%) and sexual assault as an adult (14.4%) (see Table 3). Sexual harassment was cited by 1.7% of callers.

**Gender and age of contacts**

Among contacts to the 24-hour National Rape Crisis Helpline in 2025, most (70.2%) were female, while 11.7% were male and 0.4% identified as other (see Table 4). Gender was not disclosed in 17.7% of contacts.

The largest group of contacts by age were those aged under 30 at just over one in five contacts (20.4%) (see Table 5). This was followed by callers aged 30–39 years (12.8%), those aged 50–59 years (11.6%) and those aged 40–49 years (11.4%). Some 5.1% of people contacting the helpline were aged over 60 years. These proportions have remained broadly similar over the last number of years.

**Table 4: Gender of contacts**

Gender	Number of contacts	% of contacts
Female	16,802	70.2%
Male	2,810	11.7%
Other	102	0.4%
Unknown	4,241	17.7%

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**Table 5: Breakdown of contacts by age**

Age cohort	Number of contacts	% of contacts
Aged under 16 years	129	0.5%
16–17 years	335	1.4%
18–23 years	1,886	7.9%
24–29 years	2,537	10.6%
30–39 years	3,078	12.8%
40–49 years	2,726	11.4%
50–59 years	2,786	11.6%
60 years and over	1,217	5.1%
Unknown	9,261	38.7%

**Location and origin of contacts**

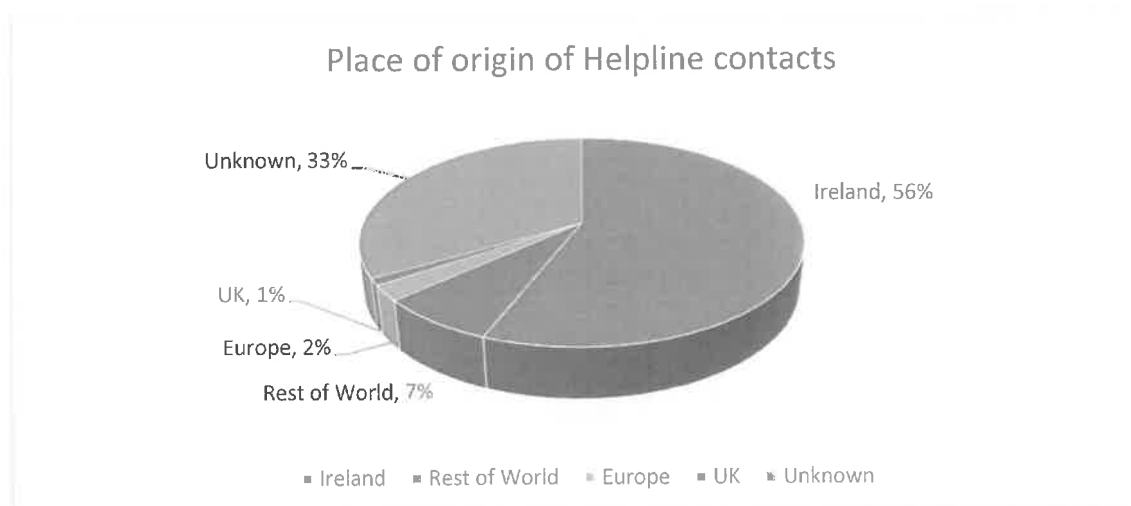
Just over 4 in 10 (41.7%) of contacts to the 24-hour National Rape Crisis Helpline in 2025 were located in Dublin, and a little under 2 in 10 (18.1%) were calling from outside Dublin (see Table 6). Approximately 0.3% were located outside of Ireland, and 39.9% from an unknown location.

The vast majority hailed from Ireland (56%), with 2% from wider Europe, 1% from the United Kingdom and 7% hailing from countries outside of Europe (see Figure 1). A third of callers did not indicate origin.

**Table 6: Breakdown of contacts by geographic location**

Location of contact	Number of contacts	% of contacts
Dublin	9,984	41.7%
Elsewhere in Ireland	4,324	18.1%
Outside of Ireland	81	0.3%
Unknown	9,566	39.9%

**Figure 1: Breakdown of contacts by origin**



# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2025

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## First-time contacts by month and onward referral

The busiest month for first-time contacts on the 24-hour National Rape Crisis Helpline was April, with 502 contacts (see Figure 2). The peak in calls during this month may be due to the number of high-profile cases involving sexual violence at this time as well as growing public discourse and awareness of the topic. There were also high levels of contacts in July (449) and August (445) as well as October (444) and November (428).

Some contacts sought or needed further information or support beyond Dublin Rape Crisis Centre services (see Table 7). The largest groups of referrals were to one of the other 15 rape crisis centres around Ireland (21%) or to other counselling services (15%). Some 13% of external referrals were to An Garda Síochána or specialised Garda service. Just under one in 10 referrals (8%) was to a Sexual Assault Treatment Unit (SATU). Among other referrals were GPs (6%), suicide prevention services (5%) or to friends and relatives of the caller (4%). Some 3% of referrals apiece were made to Women's Aid or other domestic violence service, mental health services, other medical services, One in Four and legal services. About 2% of referrals were to CARI (Children at Risk in Ireland) and 1% of referrals apiece were to Tusla or Child Protection services, addiction services, homelessness services, and children & youth services. Some 4% of referrals were to our Finding Your Way guide at [www.drcc.ie/fyw](http://www.drcc.ie/fyw).

**Figure 2: First-time Helpline contacts by month**



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**Table 7: Referral of contacts to external agencies**

<b>Services and agencies referred to included:</b>	<b>% of contacts</b>
Other Rape Crisis Centre	21%
Other Counselling Service	15%
Gardaí/GNPSU/GVSO	13%
SATU	8%
GP	6%
Suicide prevention services	5%
Finding Your Way	4%
Friends/Relatives	4%
Women's Aid/Domestic violence services	3%
Other medical services	3%
Mental health services	3%
One in Four	3%
Legal services	3%
Other	3%
CARI	2%
Tusla/Child protection services	1%
Addiction services	1%
Homeless services	1%
Children and youth services	1%
<b>Total</b>	<b>100%</b>

These figures are based on the 3,494 contacts who were referred to other agencies.

**Webchat Support Service**

Our webchat support offers a way for people to get support via online messaging and has continued to attract first-time callers to our service who otherwise may not have reached out to us. We received 727 webchats in 2025, a 28% decrease over 2024 when we had 1,013 webchats (see Figure 3). Whilst webchat contacts overall are down, first-time contacts to this service are up by 21%, from 390 in 2024 to 474 in 2025. Webchat interactions in general are presenting with more complex issues requiring longer time spent in individual interactions and more acute emotional support. Sometimes a person may start with a webchat and then call the Helpline, possibly going from there to a therapy engagement, thereby lessening their reliance on webchat support.

**Figure 3: Number of webchats 2022-2025**



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Our webchat support can be very helpful for those who prefer to type rather than talk, or where privacy issues make it difficult to have a telephone conversation. It is available Monday to Friday, 10am to 5pm, and also midnight to 3am on Tuesday and Wednesday mornings.

## **National Helpline trends in 2025**

Our National Helpline team was busy consistently throughout 2025. Although the topics echoed what we have been hearing on the line for many years, some issues seemed to recur in new ways.

Mental health issues – sometimes in very complex form, as well as self-harm, addiction and isolation – are still presenting significantly for our callers. Again in 2025, many people contacting the line expressed suicidal thoughts, with 416 callers voicing suicidal ideation and 132 at immediate risk.

We also saw an increase in disclosures of cyber-abuse, including image-based sexual abuse, with 119 callers referencing this harm, up 63% on 2024 when we had 73 contacts on the issue. Young adults and adolescents were heavily represented among these callers. Anecdotally, we noted a considerable number of parents calling to learn how to support their young adult or adolescent children with the impact of sexual violence, often having occurred within relationships or at events.

We received an increasing number of contacts from people experiencing homelessness, with over 300 callers citing concerns involving homelessness in 2025, up from a little over 200 in 2024. Anecdotally, we heard about the experience of people being forced to stay in their living conditions with dangerous people, or even perpetrators, as a result of not being able to secure other accommodation, and those who feared being made homeless should they speak up or act against housemates or live-in-landlords who were sexually abusive.

Interactions with Gardaí and the judicial system represented another very common theme across 2025, with people at all stages in the reporting or courts process relying on us for both information and support. Although many people spoke about compassionate and positive experiences with the Gardaí assisting in their case, some callers felt unsupported or negatively impacted in contact with their Garda contact. Furthermore, the burden of waiting for the Director of Public Prosecutions (DPP) to make a decision regarding their case, as well as the crushing disappointment felt if the DPP decided not to prosecute their case in court, were cited by many callers to the helpline.

## **Helpline Accreditation**

In April 2025, The National Helpline gained accreditation with the Helplines Partnership Quality Standard for the third time. This nationally recognised quality standard is given following careful inspection across all aspects of Helpline work. We have maintained this certification of best practice and quality assurance from the Helplines Partnership since 2018.

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## Helpline Feedback

- Many callers identified how grateful they were for the Helpline over Christmas - thanking us for always staying open when so many places are closed and telling us how they weren't sure how they would have coped without being able to call.
- First-time callers expressed relief that after not knowing what to expect, how one call "changed" how they felt about themselves and their situation.
- Repeat callers: It was always a comfort to hear how relieved callers were when we told them to please call us back anytime, day or night.
- Many reflected on how guilty they felt for taking up our time, especially callers who were supporting a friend or family member: 'Are you sure it's ok to call? Thank you so much, that's such a relief'.
  
- Webchat: Several users highlighted how useful it was to begin their journey with webchat, coming on to the Helpline and subsequently into therapy.
- Supporting callers waiting to begin therapy: when they were at their lowest, the line kept them going.
- There's nothing quite so isolating as being alone with your thoughts in the middle of the night; callers frequently noted what a difference it made to have that space.
- Many callers didn't know that we were there outside of moments of crisis, and were grateful that we provided a safe space for all those trying so hard to simply live well, despite having had the experience of sexual violence. They told us how having that space has literally saved their lives.

Although the work of the National Helpline team across the year was emotionally taxing as people continue to rely on us in increasingly complex and numerous ways, there is always a sense of deep pride in the work and in our support for people around the country and beyond.

## Looking ahead

We look forward in the upcoming year to rolling out a new development, the integration of WhatsApp as an additional communication platform. This initiative aims to enhance accessibility and support for survivors of sexual violence, allowing them to reach out for help in a more discreet and immediate manner. We hope it will remove barriers to seeking assistance, providing a safe space for individuals to connect with helpline support workers and receive the vital support they need. Our commitment to evolving and adapting our services ensures that we meet the needs of those we serve, fostering a more inclusive environment for healing and empowerment.

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## Therapy and counselling

Dublin Rape Crisis Centre provides therapy for adult survivors of all forms of sexual violence, including rape, sexual assault, sexual harassment and childhood sexual abuse. We also offer a counselling and therapy service for 16- and 17-year-olds, with the consent of their parent(s) or guardian(s).

## Overview of therapy services in 2025

*Note that the statistics in this section reflect the different experiences of clients who experienced sexual violence as adults and who were sexually abused as children, as well as overall figures for some data sets. Percentages given are generally of the total client cohort unless otherwise stated.*

**We provided therapy to 838 clients in 2025**, an increase of 31.5% from 637 clients in 2024 and up 68.6% from the 497 clients seen in 2023. This continued growth in the number of people we support with therapy is thanks to the extremely hard work of our dedicated therapy team and successful staff recruitment drives. Among our clients, 542 were new to the service in 2025, equating to 65% percent of the total.

As well as a substantial increase in the number of clients we supported, our therapy team delivered **7,270 therapy appointments to clients** in 2025, an increase of just under 23% from 5,916 appointments in 2024. As we offered 9,823 appointments overall during the year, the uptake rate was 74%. Of the 7,270 appointments delivered, 26% were for people who had experienced a rape or sexual assault within the previous 6 months, and 74% were for clients who had experienced past sexual violence as an adult or childhood sexual abuse.

Some 79.5% of clients in 2025 had experienced sexual violence as adults, while 32% were abused as children. Some 15% of clients experienced sexual violence both as an adult and in childhood.

Among our therapy clients in 2025, 19 (2%) disclosed that they had a disability.

Among therapy clients in 2025, most were female at 87%, while 12% were male and 1% identified as other (see Figure 4).

**Figure 4: Gender of therapy clients**



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Adults of all ages attend Dublin Rape Crisis Centre for counselling and therapy, with a small number of adolescents also seeking support (see Table 8). In 2025, the largest age cohort was those aged under 30 at 39% of the total. The next largest was those aged 30-39 years who formed a quarter of our clients (25%), followed by those aged 24-29 years (22%), while 18% of clients were aged 40-49 years. One in 20 (5%) of our clients was aged 60 years or over.

**Table 8: Age of therapy clients**

Age cohort	Number	%
16–17 years	18	2%
18–23 years	129	15%
24–29 years	185	22%
30–39 years	206	25%
40–49 years	151	18%
50–59 years	107	13%
Aged 60 years and over	42	5%

**Types of sexual violence**

In terms of the form of sexual violence experienced as an adult (see Table 9), rape was cited most frequently, at 57% of clients. One in 20 of our therapy clients had been raped by an intimate partner or spouse and a further 4% disclosed drug-facilitated rape. More than 1 in 4 clients had experienced sexual assault (27%) and 2% cited aggravated sexual assault that involved additional violence, humiliation or degradation. Sexual harassment was disclosed by 2% of clients, and a further 2% disclosed image-based sexual abuse or cyber abuse. One percent of clients had experienced rape or assault by multiple assailants, and a similar number had been subjected to voyeurism. Almost a third of clients (32%) in 2025 were abused as children (see Table 10), and 2% had been groomed as children or young persons.

**Table 9: Sexual violence experienced by clients as adults\***

Type of abuse	Number of Clients	% of clients
Rape	471	57%
Sexual assault	221	27%
Marital rape	44	5%
Suspected drug-facilitated rape	35	4%
Sexual harassment	19	2%
Aggravated sexual assault	18	2%
Image-based sexual abuse / cyber abuse	15	2%
Multiple assailant rape/assault	10	1%
Voyeurism	8	1%
Other	5	0.5%

\* The total number of clients here is slightly lower (826) than the overall total (838) as a small number of newer clients had not yet managed to discuss their experience in full before the end of the year. Note that some clients experienced multiple types of sexual violence and so the totals exceed 100% of total client number.

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**Table 10: Abuse experienced by clients as children**

Type of abuse	Number of Clients	% of clients
Child sexual abuse	264	32%
Grooming	20	2%

**New clients in 2025**

**New clients: Incidents of sexual and other forms of violence**

The 532 clients who began therapy with Dublin Rape Crisis Centre in 2025 who disclosed sexual violence information (out of the total 542 new clients) cited 616 incidents of sexual violence, indicating that some had been subjected to multiple forms of violence.

Some 232 of these new clients (43.6%) had experienced other forms of violence in addition to sexual violence (see Table 11).

**Table 11: Percentage of new clients in 2025 affected by other forms of violence**

Primary incident category	% with additional violence	Number with additional violence
Sexual violence as adult	45.7%	187 (out of 409)
Child Sexual Abuse	30%	45 (out of 150)
Total	43.6%	232 (out of 532)

For clients who had experienced sexual violence as adults and who had experienced additional forms of violence, almost half (46%) had been subjected to physical abuse, followed by coercive control at 36% and psychological abuse at 31% (see Table 12). Harassment or intimidation was disclosed by 27% while 16% said they had been threatened with killing or actually suffered an attempt to kill them. Spiking was cited by 13%, abduction by 7% and strangulation by 6% of clients who had experienced additional violence. Some 4% had been stalked and 1% had been trafficked, with an additional 1% having been subjected to Female Genital Mutilation.

**Table 12: Adult victims/survivors of sexual violence – percentage experiencing other forms of violence**

Types of violence experienced as adults	% of clients
Physical abuse	46%
Coercive control	36%
Psychological abuse	31%
Harassment / intimidation	27%
Threat or attempt to kill	16%
Spiking	13%
Abduction	7%
Strangulation	6%
Weapon used	4%
Stalking	4%
FGM	1%
Trafficking	1%
Other	4%

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For clients abused as children who had suffered other forms of violence, most disclosed physical abuse (9%) while 7% suffered psychological abuse and a further 7% had experienced coercive control (see Table 13). Some 6% had been harassed or intimidated and 3% had had their life threatened as child victims of sexual abuse.

**Table 13: Childhood abuse victims/survivors – other forms of violence**

Types of violence experienced as children	% of clients
Physical Abuse	9%
Psychological Abuse	7%
Coercive Control	7%
Harassment / intimidation	6%
Threat to Kill	3%

#### **New clients: Relationship between victim and offender**

As in other years, most of our new clients in 2025 knew the person who had raped or assaulted them. (see Table 14). Among incidents of sexual violence experienced as an adult, just over one in 5 (22.6%) involved rape or assault by a stranger, including someone they had met on a date, whereas for CSA survivors the incidence was 6%. For those victimised as adults, nearly 3 in 10 (28.7%) of incidents were of sexual violence inside an intimate relationship. Just over 3 in 10 incidents were rape or assault by someone they knew outside their family or relationship. Just over one in 20 (5.6%) incidents were perpetrated by a person in a position of authority. Among victims and survivors of childhood sexual violence, more than half (53%) of incidents were carried out by a family member, whereas almost one in 20 (4.9%) was by a person in a position of authority over the victim or survivor. A further one in 20 (4.9%) involved sexual violence inside an intimate relationship and a quarter of incidents involved abuse by someone they knew outside their family or relationship.

**Table 14: Relationship between victim and offender by adult and child abuse incidence**

Relationship between victim and offender	Childhood sexual violence - percentage	Incidents Childhood sexual violence	Adult sexual violence - percentage	Incidents Adult sexual violence
Parent	12.5%	33	2.4%	16
Sibling	9.8%	26	1%	7
Partner/spouse	4.9%	13	28.7%	189
Other relative	30.7%	81	5.5%	36
Other known person	25.4%	67	32.2%	212
Person in authority	4.9%	13	5.6%	37
Stranger	6%	16	22.6%	149

*Please note that clients may experience abuse by more than one perpetrator and thus the total incidents of childhood and adult sexual violence exceeds the number of new clients.*

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#### New clients: Pregnancy

In 2025, new female clients disclosed 22 pregnancies as a result of rape, with outcomes including miscarriage, termination, adoption/fostering and parenting.

#### New clients: Reporting to Gardai

Some 171 of our 532 new clients in 2025 had reported the crimes against them to An Garda Síochána (either in 2025 or previously), a reporting rate of 32%, compared with 27% in 2024.

Outcome information was known for 131 of the 171 cases reported to An Garda Síochána (see Table 15). Most (90) remained under investigation. Of the 12 cases that went to trial, 5 resulted in an acquittal and 7 resulted in convictions. Some 14 cases were dropped by the DPP and 15 by clients.

**Table 15: Case outcomes among new clients in 2025 who reported to An Garda Síochána**

Outcome of case	Number of cases
Under Garda investigation	90
Dropped by DPP	14
Dropped by client	15
Trial outcome known	12
Trial outcome not disclosed	40

#### Trends in therapy and counselling in 2025

While many of the issues we observed among our therapy and counselling clients mirror those from previous years, there were a few notable trends in 2025. We saw more clients being referred to Dublin Rape Crisis Centre from domestic violence services, with many having experienced coercive control inside a relationship.

Some clients have complex psychiatric diagnoses, while others may not yet have a diagnosis but are presenting with symptoms of same or where the client, while lacking a firm diagnosis, indicates they assume they have a condition.

While the number of clients reporting crimes to Gardai remains quite high at around 32%, anecdotally, our therapists noted concerns among clients about reporting. Many mentioned their fears around the possible use of their private therapy counselling notes in trials, effectively acting as a deterrent to them seeking justice.

We saw more clients from the international protection system, requiring more frequent use of interpreter services. We also saw unaccompanied minors who had been subjected to sexual violence.

**Training:** As part of our ongoing professional development, our therapy team undertook a number of training courses and workshops in 2025, including intercultural awareness, mindfulness, suicide intervention skills, and ongoing trauma-informed practice training for all new recruits. The therapy team also availed of a one-day workshop on vicarious trauma and compassion fatigue, followed by a two-day trauma toolkit workshop. These sessions further strengthened the team's capacity to support clients while maintaining practitioner wellbeing.

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## Trends in therapy and counselling in 2025 (continued)

**Group therapy:** Towards the end of 2025, final preparations were in place to offer group therapy. This is an integrative process-oriented therapy involving psychoeducation, art therapy, meditation and mindfulness practices, and experiential exercises like role play and guided imagery.

### Therapy feedback:

- My entire experience was positive. Some sessions were more difficult than others but having that support to work through it was amazing.
- I cannot be more grateful for the support I received during this process. I faced my worst fear with so much grace and will to move forward.
- Over the sessions I gained knowledge and understanding in relation to my emotions and how they interact with my thoughts, feelings and my physical body. I also learned how to become more aware of my emotions particularly in relation to my 'triggers' and learned some very useful coping mechanisms.

### Looking ahead

In 2026 as we continue to grow and respond to increasing demand, our focus remains on delivering high quality, compassionate care to survivors of sexual violence. We will prioritise the following key developments:

- The delivery of structured group therapy programmes to expand the range of supports available to clients.
- We will systematically collect and analyse client feedback to inform continuous improvements, ensuring our services remain responsive, effective, and centred on client needs.
- We will continue our targeted recruitment drive to ensure sufficient capacity across our therapy service.
- We will enhance our customer relationship management (CRM) system to strengthen service coordination and improve our client experience.

Through these initiatives, we aim to reduce waiting times and broaden access to therapy services. Our central aim is to ensure that every individual who seeks our support receives care that is timely, effective, and delivered with compassion.

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## Accompaniment support

Should they choose to do so, victims and survivors of sexual violence must be able to seek justice for the crimes committed against them as well as healing. However, it can be daunting to engage with the justice system alone. In addition, someone who has just experienced sexual violence may be reluctant or not know how to seek appropriate medical attention.

Dublin Rape Crisis Centre provides a specialised support service to assist people as they access and navigate these various systems.

- Our Accompaniment support staff and volunteers are available 24 hours a day for victims and survivors of rape and sexual assault who attend the Sexual Assault Treatment Unit (SATU) at the Rotunda Hospital Dublin, as well as their family and friends attending with them.
- The team also supports those who report sexual violence to An Garda Síochána or another authority, and/or who attend court or other proceedings in relation to sexual violence, again also offering support to their family and friends in this process.

**SATU accompaniment:** The Sexual Assault Treatment Unit at the Rotunda Hospital in Dublin is available to anyone needing medical/forensic care after experiencing sexual assault or rape. This Dublin unit and five other SATUs around Ireland offer a free service, available day and night, with a seventh unit in Limerick available through local Gardaí.

The accompaniment team from Dublin Rape Crisis Centre is on hand to offer emotional support to those who attend the SATU at the Rotunda Hospital Dublin, whether they are alone, with supporters or with Garda assistance. Dublin Rape Crisis Centre is represented on the national SATU Implementation Project Team.

Many victims and survivors who are thinking about reporting a past or recent sexual offence – or who have already taken that step – will have questions and concerns about it. For those attending a trial or hearing, our accompaniment service can offer support, information and accompaniment. They can answer specific questions, explain unfamiliar language and structures and help navigate what can be a complex criminal legal process. We regularly offer a court familiarisation service to those with impending court dates, where we bring them to the Criminal Courts of Justice to see the courtroom and the victim support unit.

We provide support to victims and survivors who are writing their Victim Impact Statements or considering waiving their anonymity. We also support victims of workplace sexual harassment to access information around their legal options.

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#### Overview of accompaniment services in 2025

Our accompaniment team were privileged to carry out a total of 868 accompaniments for victims and survivors of sexual violence in 2025, as well as a further 388 accompaniments for supporters and family members, across all settings.

**SATU accompaniment:** Over the course of 2025, we carried out 518 accompaniments with victims and survivors at the Sexual Assault Treatment Unit in the Rotunda Hospital Dublin, up 34% from 385 in the previous year. This figure represents support in two different ways:

- Our support for 299 victims and survivors at their first visit, an increase of 17% from 255 in 2024. Some 88% of the total number of people attending the Rotunda SATU unit availed of this psychological and emotional support.
- Our engagement with 219 victims and survivors at SATU's follow-up clinic, where we are present three days a week to offer support to people who were not in a position to engage with us at their first visit.

In addition, we provided emotional support to 146 friends, family members and other supporters of victims and survivors at the unit, who generally find this information and guidance very helpful, almost the same number as the 145 supported in 2024.

**Justice system accompaniment:** Our accompaniment team provided support and information to 108 individuals across all points of the justice system in 2025, including reporting criminal offences to An Garda Síochána and attending trials. Between them, these 108 individuals had 350 support sessions over the year. Some would have had needed accompaniment only once, while others required accompaniment support for weeks in advance of a court hearing and at trial itself. We revised our reporting system for accompaniment work during 2025 and thus cannot compare data directly with previous years.

Much of our court support work takes place at the Courts of Criminal Justice but our team is also available to support victims and survivors at the family courts, civil courts, the International Protection Office and the International Protection Appeals Tribunal. We are available to accompany victims and survivors of any form of sexual violence to wherever they need to attend. In 2025, most of our accompaniment clients were women (86.5%) with 10.5% men and 3% identifying as other. We also supported 242 friends and family members of survivors attending court last year.

#### Client feedback on reporting accompaniment:

- *"[Accompaniment support staff] was so gentle and explained what was going to happen etc . I spoke with [name] also on the phone she was so empathetic and gentle"*
- *"I felt if I hadn't had the support I could not have dealt with the Garda, the person was very helpful and understanding of the issues that I had and it was so much easier to know that someone was there to support me."*
- *"Just keep doing it, without the support we would have less reports of abuse, I wish I had known that they were there sooner."*
- *"I feel that the people in your service deserve more than a medal and the million thanks they get, they have no idea how wonderful they are, if they disappeared tomorrow the system would collapse. "*

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## **Client feedback on court accompaniment:**

- *"Where do I start? The feeling of being guided through the courts, where to go? Where to sit, what to expect! All handled by [accompaniment support staff]. How can I ever repay them? They kept my feet on the ground. They spoke when I couldn't speak. They held me up. They were on my side. Words can't describe the emotional support their presence alone gave me. I am eternally grateful. Not all angels have wings."*
- *"[Accompaniment support staff] was the best support and comfort and having her by my side was essential for helping cope"*
- *"[Accompaniment support staff], they were all time with me in court. And they always motivated to me and support me. I'm very very thankful to [them]."*

**Training:** As every year, in 2025 we ran accompaniment training for our staff, Board of Directors and volunteers, including visits to the courts for familiarisation and also advanced training in the Criminal Courts of Justice for our court accompaniment support staff.

**Outreach:** Our accompaniment team engaged with 16 external organisations including the National Women's Council, AKIDWA, International Protection Accommodation Centres, De Paul Ireland and the Muslim Sisters of Eire. Our Accompaniment Manager also visited a number of Garda stations to explain and unpack how our Accompaniment services can support survivors and offer wider information on our work.

In addition, the team provided 35 interventions to therapy clients between August and December 2025 on a variety of issues including homelessness, housing, international protection and social welfare.

## **Looking ahead**

The Accompaniment department continues to provide physical, practical and emotional supports to victim-survivors throughout the Court Systems, the reporting process to An Garda Síochána and also within the Sexual Assault Treatment Unit (SATU) at the Rotunda Hospital. It is envisaged that in 2026 the team will continue the provision of these vital supports and collaboratively work alongside our stakeholders to further strengthen pathways and relationships in every effort to continually achieve best practice for all service users.

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#### **Objective 2: Work to enhance the services provided**

##### **Regular and relevant staff training**

Staff of Dublin Rape Crisis Centre carry out challenging and diverse work, so it is crucial we ensure access to regular training and upskilling.

- Given the sensitive nature of our work, staff complete Children First Training, Safeguarding Adults Designated Officer Training and Mandatory Reporting Training as appropriate.
- Throughout the year, we organised regular in-house Lunch & Learn sessions, open to staff and volunteers, with invited speakers covering topics such as supporting autistic people, supporting Gay, Bisexual & Men who have Sex with Men (GBMSM), and complexities in consensual sex.
- All staff and volunteers have training on data protection and we were again fortunate to benefit from data protection training hosted by Arthur Cox Solicitors.
- We offered training on working with interpreters to our therapy and National Rape Crisis Helpline teams, and organised visits to the courts and the Sexual Assault Treatment Unit for staff and volunteers.

##### **Volunteer mentoring**

Our volunteers benefited from one-on-one mentoring from our 24-hour National Rape Crisis Helpline team, which volunteers find highly useful in developing their support skills. Volunteers consistently described the Helpline team's support as excellent and deeply reassuring, highlighting how their approachable mentors provided valuable insights, boosted confidence, and created a safe space to discuss their shifts and personal worries.

##### **Monitoring and evaluation of service quality and effectiveness**

Throughout the year, we collected information from across our teams providing services, reviewed regularly by the Chief Executive and Board of Directors.

#### **Objective 3: Work to ensure services are accessible to all victims/survivors**

##### **Working with less-heard groups**

For vulnerable and minority groups who may not see or encounter our general offering, we organise outreach events and meetings. Throughout 2025, we held events and talks in refugee/asylum centres, with Traveller groups, in homeless shelters and in youth residential settings. During these sessions, we had the opportunity to learn about specific barriers facing these groups and equip them with information and strategies for dealing with trauma. We have available specific print resources in a variety of languages which signpost further supports and services.

##### **Themes in education work**

The themes observed by our Training team across 2025 include continued growing demand from frontline workers supporting refugees, migrants and people experiencing homelessness. While DRCC is committed to following a trauma-informed model of training and to covering core topics for all attendees, it is critical that we use our expertise to adapt content for each audience. 2025 has given us greater experience of training frontline workers who are supporting asylum seekers where we have noted that the trainees are typically working in far larger teams (such as in vast temporary accommodation sites and/or direct provision); trainees regularly share their learnings from trainings with other colleagues, meaning that DRCC's impact is goes beyond direct trainees.

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## Satellite therapy services

The growth of our therapy team has led to a significant expansion of our satellite services in Tallaght, Coolock and Balbriggan and our inreach service to women prisoners in the Dóchas Centre.

## Inreach in Dóchas Centre

For many years, Dublin Rape Crisis Centre has provided a counselling service to women prisoners in Dublin's Dóchas Centre Women's Prison. Clients in Dóchas are offered weekly sessions as part of a holistic healthcare service. This is often the first time they may have experienced this kind of therapeutic support, and it can equip them with coping skills, support them in processing their traumatic experiences and encourage them to continue their therapy post-release. Research indicates that an above average number of women in prison have experienced domestic and/or sexual violence, often as children. Being incarcerated can cause past experiences to resurface, and it can intensify trauma symptoms. Our service was temporarily halted from October due to staffing constraints, but resumed in early 2026.

## Sexual Assault Treatment Unit (SATU) accompaniment outreach

When victims and survivors first attend the SATU following an incident of sexual violence, they may sometimes – understandably - be unable to engage with our crisis supports. In 2024, we commenced a new outreach clinic in the Sexual Assault Treatment Unit at the Rotunda Hospital. The clinic allowed us to engage with the clients on an invitational basis on their return health-check visit, where they can voice any concerns they may have and learn about wider rape crisis supports and services such as psychotherapy, the 24-hour National Rape Crisis Helpline and justice system accompaniment. Our feedback is that receiving more information at this point is very useful, as clients may not have been able to take in anything meaningful during their first visit.

## National Rape Crisis Helpline interpreting service

We operate the 24-hour freephone National Rape Crisis Helpline 1800 77 88 88 in English, but where someone needs to engage in another language, the Helpline interpreting service can help. It runs Monday to Friday, 8am to 6.30pm, except on public holidays. It also operates midnight to 8am, 7 days a week. The service is free, non-judgemental and confidential - for more information, visit [our website at drcc.ie](http://our website at drcc.ie).

## Trauma-sensitive and survivor-centred information

### *Finding Your Way after Sexual Violence*

Our online resource, *Finding Your Way after Sexual Violence*, offers clear and comprehensive information to those seeking to know more about the forensic, reporting and legal processes available to survivors of sexual violence. Written in a trauma-informed way, the guide describes the options available with a focus on personal testimonies, how to support yourself and practical tips and information. Using animations, audio clips and personal accounts, it covers how to access medical treatment after rape or sexual assault, report to An Garda Síochána and navigate the courts process. Each module features a section for people who want to support a friend or loved one who has experienced sexual violence. There are stories from victims and survivors as well as staff and volunteers in the health and justice systems explaining how these processes work. In 2025, over 3,400 people accessed the guide. It is available online at [www.drcc.ie/fyw](http://www.drcc.ie/fyw).

## We-Consent Resource Hub

Over 2025, the We-Consent project continued to add to its [online hub of resources](#). The hub contains an array of consent-related topics, from advice for parents and caregivers to masculinity to neurodivergence and consent, as well as resources for survivors of sexual violence. The We-Consent [YouTube channel](#) features lively, informative videos explaining key consent concepts.

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**Goal 2: Effective prevention informed by the lived experiences of victims/survivors of sexual violence (through advocacy, education, as well as legal, research, communications and policy analysis work)**

## **Objective 4: Record evidence of sexual violence in society**

### **Highlighting survivor voices**

Victims and survivors are the experts by their lived experience of sexual violence. It is therefore important that they are given the opportunity to present their views and insights on issues that affect them.

For Dublin Rape Crisis Centre, it has always been a priority to centre and amplify the voices and needs of victims and survivors. Accordingly, throughout 2025 we engaged and consulted wherever possible and appropriate by ensuring that survivors were at the heart of our campaigning, communications and policy work. The survivors we support have told us that it gives them hope and encouragement to hear relatable and authentic voices and stories, and that it helps to normalise their experiences so that they can access support and participate more fully in society.

Some of the ways we sought to centre survivor voices in 2025 included:

- Prioritising the inclusion of survivors' experiences and feedback in our **submissions and policy work**.
- Centring survivors' messages in our campaigning: Our **Signs of Hope** campaign in late 2025 promoted deeply moving messages of reassurance, inspiration and hope from survivors via billboards, radio advertisements and social media aimed at encouraging those who have not sought support before to reach out to the 24-hour National Rape Crisis Helpline.
- In August, our **Lights of Hope** campaign in August, with the support of the OPW, lit up major landmarks in Dublin and farther afield in vibrant purple to spread awareness of sexual violence and to honour our survivor population – we were privileged to have a number of survivors join us for a photo shoot to highlight this campaign.
- Supporting survivors' voices in media: We supported **survivors wishing to share their stories** via media and other platforms. In April we released a new podcast, *Breaking the Silence*, in collaboration with Newstalk which focused on the experience of survivors and the impact of sexual violence.
- The We-Consent campaign is strengthened by a strong and diverse group of survivors – the **We-Consent Survivor Council** – who contribute their expertise, passion and careful insights to the campaign in order to ensure his lived experience is at the core of the work.
- We were able to assist **Cuan**, the national domestic, sexual and gender-based violence (DSGBV) agency, in getting valuable feedback from survivors on its campaigns around issues of sexual and gender-based violence. DRCC and in particular a group of survivors provided insights to the development of a sexual violence awareness strand of Cuan's 'Always Here' campaign. Launched on 29 October, it aims to highlight vital services. At the launch, Bláthnaid Raleigh spoke movingly of her own experience. More at [www.alwayshere.ie](http://www.alwayshere.ie)
- The **We-Speak** online story-sharing website, part of the We-Consent campaign programme, is a secure, anonymous place for survivors of sexual violence to safely tell their own stories, in their own time, in their own words. It aims to provide a platform for these stories, in all of their diversity, thereby enabling victims and survivors to reclaim their voice and empower others.

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## We-Speak quotes

- *I want to share my experience because I've spent years blaming myself and thinking it was my fault, or downplaying what happened and thinking 'it's not that bad, it could have been worse, I'm playing the victim, when there are actual victims/survivors out there that have had it so much worse'. But through therapy I have come to recognise the harm that was done to me. The impact. The trauma and triggers and flashbacks I am living with on a daily basis.*
- *Every day that passes is a day closer to healing and overcoming what happened to you*
- *Healing for me is acknowledging the harm and the impact, and refusing to blame myself anymore*
- *Healing to me is reminding myself that no matter what I never deserved this and I know the truth. The days I get consumed I remind myself that 8 months ago I was too afraid to leave my house, today and every day I am stronger and will not allow anyone to determine my future.*
- **YOU ARE NOT WHAT HAPPENED TO YOU** 🧠
- *Darkness only lasts for a short time and then the sun shines forever*

## Putting a spotlight on sexual violence data and research

**Sexual violence information:** During the year we updated our website's sexual violence information section. This information repository offers definitions, data and research on sexual violence in Ireland as well as drawing on the eminent work of bodies such as the Central Statistics Office, SATUs and the Courts Service. This was one of the most visited sections of our website in 2025, with well over 10K unique visitors, up over 200% on the previous year. Learn more at [bit.ly/sexual-violence-ireland](https://bit.ly/sexual-violence-ireland)

**Research on sexual violence information:** In April we published national research shedding light on public attitudes towards and personal experiences of sexual violence in Ireland. Carried out by IPSOS B&A in February 2025 and funded via Community Foundation Ireland, the survey revealed widespread concerns about sexual assault and violence, a high prevalence of sexual assault among the population, and significant challenges facing victims in reporting incidents and seeking support. Contrasting with this, the survey also provided evidence of disturbing strains of mistrust and victim-blaming, particularly among younger men, but found across every age group. This tallies with fears cited by victims and survivors around reporting or disclosing sexual violence. Headline statistics included:

- 87% agree that society should do more to recognise the issue of male sexual violence;
- 20% believe false allegations are common;
- 28% disclosed having experienced sexual violence and of those 71% didn't report to Gardaí, 70% didn't seek medical attention and 59% didn't seek counselling or support;
- 82% believe education about consent can help reduce incidents of rape and sexual violence.

At the launch, survivor and activist Charlene Masterson said the level of victim blaming revealed did not surprise her and underlined the real need to create a change in attitudes among the public. The launch event featured addresses from Larry Ryan, Director, and Sarah Chapman, Associate Director of IPSOS B&A, Prof Maeve Eogan, National Clinical Lead of Sexual Assault Treatment Unit services, Denise Charlton, Chief Executive of Community Foundation Ireland, and Ireland's GreVio member, Ellen O'Malley Dunlop.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2025

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## Research and academic partnerships:

DRCC supported three PhD researchers in 2025 across a range of topics, including barriers and facilitators for male victims of sexual violence in seeking support; help-seeking among LGBTQ+ survivors of sexual violence, and the experiences of adults disclosing childhood sexual abuse. Engagement with these researchers will continue into 2026, with findings on the male victim's research expected later that year.

## Objective 5: Promote know-how by providing awareness, education and training for professionals and others

### Tailored and specialist training on supporting victim/survivors and in train the trainer in awareness and prevention

With sexual violence at epidemic levels in Ireland, many people are meeting disclosures from survivors in their daily work. It is imperative that this is done in a way that is sensitive to victims' and survivors' circumstances and does not cause further trauma. We aim to help frontline services and professionals become more trauma aware and better able to understand and support victims and survivors and their needs. Over the course of 2025, we provided 62 training sessions of varying duration to 907 participants.

Topics addressed in the sessions included working with victims of childhood sexual abuse, awareness and disclosure of sexual violence, supporting refugees and asylum seekers who have been impacted by sexual violence and awareness and prevention courses for young people. Some 29 training courses were designed specifically for external organisations for their staff. A further 33 sessions were facilitated for the public and open to individuals from many more organisations supporting survivors or working in prevention education.

### Training on effectively supporting victims and survivors

Our courses on skills to support survivors were attended by a wide range of frontline workers, including from such sectors as second and third-level education, disability rights, refugee/ asylum seeker support, mental health services, addiction support, consular, government departments, homelessness support, community outreach and primary healthcare. 45 of these courses were delivered to 618 participants gaining skills in understanding sexual violence, its impact, the points of contact in the justice system and effectively meeting a disclosure of sexual violence. The courses also provided front line staff with an understanding of the potential impact of vicarious trauma and skills to manage the impact.

**Participant feedback:** This qualitative data shines a spotlight on the true, unique value that DRCC has for frontline workers, and for improving community supports available to survivors of sexual violence.

- *"I have attended numerous CPD sessions & courses over the years. None have engaged my attention to the extent that this one has. A privilege to attend."*
- *"It is absolutely essential training. To learn about best practice, use of terms, language & generally to assist an empathetic approach"*
- *"Having trauma informed training is important to acknowledge what individuals can go through at different moments of their lives."*
- *"This was the most valuable training I have done in the SPHE space. The facilitators gave great care to the participants throughout which is definitely something I haven't experienced in other trainings"*
- *"I value knowing the 24-hour helpline is there for support workers as a form of de-brief and support. Also knowing where & how to access support for migrants who have experienced sexual violence"*

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## Youth-focused training

Given the prevalence of sexual violence in our society, Dublin Rape Crisis Centre has as a priority to equip those who work with and educate young people with an understanding of and tools to engage on key issues around sexual violence, healthy relationships and consent. In 2025, some 198 participants took part in 15 sessions of our youth education programmes, BodyRight and #LetsGetReal, as well as other associated youth-focused training programmes. We co-facilitated two consent workshops with Coolock Community Law Centre for 91 young people in transition year locally as part of their *Legal Eagles* programme.

DRCC also provided an online self-directed course on preparation for delivering youth programmes and general education on Relationships and Sex Education (RSE) in schools and youth work settings for 180 educators who had previously graduated from our youth programmes. Alumni from our youth-focused programmes also gain access to our online Learning Management System which has a wealth of relevant resources and where they can share best practice with other alumni. The state has been rolling out the very welcome update of the Social, Personal and Health Education (SPHE) curriculum at junior and senior cycle levels, encompassing Relationships and Sexual Education. However, we are hearing from teachers that they need more timetable space and resourcing to allow them to deliver this vital programme.

- **BodyRight:** This flagship training course is a 4-day programme designed to equip those working with young people with the skills to raise awareness of respect and healthy relationships, consent and online safety, and to prevent sexual violence. It is a highly popular course and generally fills up within a few days of advertising. In 2025, we delivered 10 BodyRight facilitator training sessions to a total of 136 participants, including teachers, teacher trainers, guidance counsellors, youth workers, therapists, residential staff supporting unaccompanied minors and other youth professionals.
- **#LetsGetReal:** This additional training course for youth workers and school staff has become increasingly popular as more educational and youth facilities become aware of the need to educate young people to become more critical in their consumption of advertising, popular culture and pornography. The programme was updated in 2024 in line with the growing needs of young people in this area and was rolled out fully in 2025, with 5 courses taking place involving 62 participants.

### Case study: 'Muireann', secondary school teacher, North County Dublin

"I had the opportunity to take part in the DRCC BodyRight and Let's Get Real training three years ago, and found both programmes to be extremely valuable in supporting the delivery of Relationships and Sexuality Education with senior cycle students.

The content is very accessible for young people while still addressing complex topics such as consent, boundaries, respect, and online safety in a developmentally appropriate and engaging way.

In our school, the resources have supported meaningful classroom discussion with 5th-year students in particular, helping them to reflect critically on relationships, personal responsibility, and respectful communication. Students responded positively to the interactive nature of the materials, and the programmes complemented our existing SPHE provision by placing a strong emphasis on student voice, autonomy, and informed decision-making.

Compared to other trainings I have attended, DRCC's Youth Programme stands out for its practical, ready-to-use resources and its focus on empowering young people to recognise their rights and develop healthy relationship skills in a safe and supportive learning environment".

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## BodyRight participant feedback

- *"The training was excellent. It is one of the best and most useful trainings I have done in 30 years of teaching. It was well-paced and delivered by 2 very capable and engaging facilitators."*
- *"Excellent training. Would love for management of school to realise how crucial it is. Although grateful to have been freed to take the training too"*
- *"I thought it was a great training experience - there was so much useful information. The facilitators broke down the information so well, there was so much involved. The resources are fantastic to have. I felt supported throughout and they made a really nice atmosphere with the use of group work so you became comfortable and safe with the other participants. Thank you so much!"*

## #LetsGetReal participant feedback:

- *"I'm very enthusiastic about the training and the delivery of some of the material I have learned. I think its invaluable to young people, they deserve to know how to protect themselves and others and where to go for support if needed. "*
- *"The resources are invaluable. Being able to discuss the content and our experiences in schools is extremely valuable. It sometimes feels like we are fighting a lonely fight, so to speak, and knowing that there is support is comforting and reassuring."*
- *"Excellent training and super tools. Every single thing is set up for me to deliver the training with lots of options for me to pick what is right for my groups."*

**School Outreach Project:** In 2025, DRCC education and training were lucky to receive philanthropic funding via Community Foundation of Ireland to start a school outreach project over 2025/2026. This involved Dublin Rape Crisis Centre visiting schools to do workshops directly with young people in pilot format. The workshops focus on opening a safe space for discussion and learning with young people on harmful gender stereotypes, influencers and algorithms online and how they can potentially impact young people's understanding of consent. The students were given the opportunity to think about how to challenge what they are learning online and question how influencers might be impacting on their understanding of what is expected of them and what to expect from others in relationships.

Alongside these workshop resources and education are given to teachers to support further learning and to parents to enable them to open up conversations with their children. In the first part of the project in 2025, the pilot reached 181 young people in schools around Dublin. This project will continue for the first 6 months of 2026.

## Working with third-level education bodies:

DRCC is represented on the 'Speak Out' Advisory committee to give sector advice and guidance on victim/survivor perspective. Speak Out is an anonymous reporting tool which creates a safe space for members of college communities to speak out about their experiences of bullying, cyberbullying, harassment, discrimination, hate crime, coercive behaviour/ control, stalking, assault, sexual harassment, sexual assault, and rape.

Staff members sit on consent committees for higher education institutions as they tackle the issue of sexual violence and harassment on campus, and our Education and Training Team gave guidance and support on policies and resources to third-level colleges in 2025.

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## Looking ahead

In 2026, the education team will continue to provide training to frontline groups to support survivors along with prevention and awareness training for those working with young people. In addition, there will be a focus on bringing e-learning elements to the training, and courses will soon be available to the general public on our website along with some more specialised offerings to those supporting survivors more regularly in their work. Particular focus will be on e-learning around the impact of vicarious trauma, consent and how the views of society around sexual violence can impact victims and survivors.

## Objective 6: Lead, inspire and influence – campaigning and policy work

### Informing, educating and engaging with society: Our We Consent programme:

Throughout 2025, the We-Consent campaign transitioned from a broad public awareness initiative into a high-impact, evidence-based movement which increasingly focused on tailored messaging and outreach projects to meet diverse communities.

The year was characterised by a significant surge in demand for We-Consent Conversation Workshops, an expansion of digital engagement, a focus on connecting and collaborating with harder-to-reach communities and the publication of ground-breaking research that highlighted both Ireland's progress and its most urgent cultural challenges.

The **2025 Benchmark Research** serves as the cornerstone in assessing the project's progress, while also revealing areas of strategic importance which require more attention. It revealed that 90% of the population now agree that everyone has the right to change their mind at any point in a sexual encounter, a 2% increase from 2024. It also showed that 47% of the total population - nearly half - want to know more about consent, indicating the "We-Consent" message is landing. While a remarkable 93% of adults reported a personal understanding of consent, the same group believed only 62% of the general population shared that knowledge. This suggests a culture where individuals feel they "get it" but do not yet trust the social environment around them.

The research identified some concerning trends among young men: 23% of men under 45 admitted they would "probably keep going" even if they suspected a partner wasn't enjoying a sexual encounter - a 3% increase from the previous year. Furthermore, 43% of men under 45 (rising to 54% among those aged 18–24) endorsed the harmful myth that a "no" sometimes means the person "wants convincing." These statistics, combined with the project's general work, cemented our conviction that the campaign must find a way to engage with men more effectively. This has paved the way for DRCC's dedicated Masculinity Project, with the formation of an expert and diverse Masculinity Advisory Group in late 2025.

The demand for our **We-Consent workshops** and other engagement options reached new heights in 2025, with over 900 participants engaging in our talks and workshops from Men's Sheds, groups of autistic adults and people with intellectual disabilities, secondary schools, bars and clubs, NGOs and corporate organisations.

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We-Consent collaborated on a number of important tailored projects in 2025:

- We-Consent and **AsIAm** collaborated to secure funding from IHREC to conduct a full-scale study on Autism and Consent in order to build an evidence base for future resources. The project aim was to carry out qualitative and quantitative research that identifies exactly what education and communication tools autistic people and their families need to navigate consent safely. The research was launched at an event in November and you can download at: <https://bit.ly/consent-autism-understanding>. Some key findings included:
  - 90% of young Autistic adults understood consent can be withdrawn anytime, but 65% had continued unwanted sexual activity due to guilt or obligation.
  - 70% of young Autistic adults rated school sex education as unsatisfactory;
  - 73% needed more processing time to express boundaries.
  - 87% of parents would use free Autism-affirming sex education resources.
- Our collaboration with **AkiDwA** focuses on delivering tailored consent education and resources to diverse and often hard-to-reach communities. We have collaborated on successful outreach and education sessions, such as the one delivered alongside DRCC's outreach team at the City West Direct Provision Centre. We translated our consent leaflets into Swahili and Arabic to support this work.
- Another highlight of the year was our participation in the **Pavee Point Men's Health Day** in the Phoenix Park, where we were able to engage with a large number of men in a familiar and supportive environment. In late 2025, we hosted a specialised deep-dive discussion specifically for Traveller men and translated a series of leaflets into Romanian, Czech, Slovak and Polish.

**Online engagement:** The campaign's digital footprint continues to be a primary engine for cultural change. Reaching over 7.1 million people across social platforms, We-Consent maintained an engagement rate of 7.39%, nearly triple the industry standard. A pivotal moment occurred in July with the second "Creators for Consent" event. Hosted by prominent influencers PJ Kirby and Kevin Twomey, the event triggered a 6,000% increase in social media reach compared to the same period in 2024, proving that peer-led, digital-first storytelling is the most effective way to reach younger demographics.

**Events:** For **Culture Night** in September we hosted an evening of storytelling and community that centred survivors' voices and heard a variety of stories, poems, comedy pieces about consent, dating, and sexual violence. Through our presence at Dublin Pride, the Fleadh Cheoil, and the Kilkenny Arts Festival, ambassadors engaged in hundreds of "informal" consent conversations, distributing stickers and badges to over 800 people in Kilkenny alone.

**We-Speak:** Simultaneously, the WeSpeak.ie platform provided a necessary sanctuary for survivors throughout 2025. With over 12,500 page views and 101 stories published by year's end, the site acted as both a healing tool and an educational archive. Testimonials revealed that many survivors only identified their experiences as sexual violence after reading the stories of others on the platform, reinforcing the mantra that "Every Story Matters."

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**Ambassador Programme:** During the year, we graduated 41 We-Consent Ambassadors and they have been instrumental in supporting events, social media and college outreach in Limerick, Sligo, Athlone and Dublin as part of universities 'Sexual Health and Wellbeing' weeks. Many Ambassadors have engaged in further training in areas such as social media and design.

**Education programmes:** After an introduction from survivor and activist Bláthnaid Raleigh, the We Consent and Education teams worked alongside the Irish Rugby Football Union management teams to develop a new programme focused on fostering sustainable and positive change in attitudes and behaviours, on all levels of the organisation. We soft-launched a joint programme, "Enhancing the Culture: Respect, Consent & Allyship in Rugby", in November at the IRFU's in-person Women in Rugby event. The programme will be rolled out online from January 2026.

#### All-Party Parliamentary Group on Sexual Violence

In October we were pleased to convene this new cross-party group which brings together Oireachtas members committed to prioritising sexual violence as an urgent area requiring political leadership, interagency collaboration, academic insight and victim and survivor-informed policy reform. The group meets regularly to discuss emerging issues, research and policy developments related to sexual violence and abuse.

It held its first meeting on 5 November, hearing from two expert speakers, Dr Susan Leahy and Lisa Ann Wilkinson BL, on the 'honest belief' defence and its proposed removal under the recently published Criminal Law (Sexual Offences, Domestic Violence & International Instruments) Bill 2025. The 'honest belief' defence allows an accused person to argue in a trial that they genuinely believed consent was present. Its proposed removal would mean that any claim regarding consent must have a reasonable rather than a subjective basis.

The group met for the second time on 4 December, hearing from three expert speakers, Sarah Benson of Women's Aid, Gemma Kelly formerly of the UK Centre to End All Sexual Exploitation (CEASE) and Cara Hunter of the SDLP Northern Ireland. They addressed the rapidly evolving online threats and harmful influences affecting women and girls, pointing out gaps in our legislation as well as comparative developments in other jurisdictions. Cara shared her personal experience of being targeted by a sexually explicit deepfake during her 2022 election campaign.

#### Reforming use of counselling notes in Irish trials

Survivors may face the prospect of legal teams seeking access to their counselling notes as part of the criminal trial process. This practice has grown steadily over the last years and efforts to reform it in 2017 have been undermined. We along with other rape crisis centres and support groups have seen first-hand how it can cause some people to reconsider whether or not to seek vital healing through counselling, effectively forcing them to choose between healing and justice. Having raised this issue over a number of years, Dublin Rape Crisis Centre advocated steadily for a legislative solution that would impose the highest possible restrictions on this practice, given constitutional limitations on a complete ban. It is expected that the Minister for Justice will introduce legislation to amend the law in this area in 2026, and we continue to push for a solution that will lead to positive and immediate change for survivors.

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## Bar of Ireland Human Rights Award 2025

We were deeply honoured in May to receive the Bar of Ireland's Human Rights award for 2025 in recognition of our work supporting victims and survivors of sexual violence. Chair of the Bar Council, Seán Guerin SC, commented that "the work of Dublin Rape Crisis Centre is invaluable to those on the bench and at The Bar of Ireland, and it should be acknowledged and carefully considered as we continue to examine how the administration of justice can be improved and the rights of all persons sensitively and fairly upheld." Our Chief Executive Rachel Morrogh accepted the award in recognition of the transformative impact that our volunteers and staff have on the lives of survivors, and an acknowledgement of how our work is central to the restoration of human rights breached by acts of sexual violence.

## Policy submissions

In 2025 we made a considerable number of individual and joint submissions on issues of policy and legislation, covering a range of issues:

- Together with eight other rape crisis centres, we made a joint submission to the **Sentencing Guidelines & Information Committee** in response to their draft guidelines on applying Section 40 of the Domestic Violence Act 2018. We underlined that intimate partner violence extends beyond physical or sexual harm to include psychological and emotional abuse, as well as the sense of betrayal and loss of autonomy experienced by victim/survivors, which can act as a barrier to reporting and seeking support.
- In January we were pleased to see some measures we had called for reflected in the **Programme for Government**, including a pledge to act on the use of counselling notes in trials, fully implementing the Zero Tolerance plan and developing its successor, effectively delivering our national SPHE/RSE curricula, establishing specialised judges on DSGBV cases, and investing in survivor-centred training for Gardaí and the DPP.
- Alongside sectoral colleagues, Dublin Rape Crisis Centre contributed to the development of the **National Strategy for Women and Girls 2025–2030**, launched in November. This engagement provided an important opportunity to highlight the experiences of victim/survivors of sexual violence and to inform the broader policy framework advancing gender equality across Ireland.
- We submitted a response to **An Garda Síochána's Human Rights Strategy 2025-2027**, highlighting several specific goals within the strategy that can further advance the protection, dignity, and rights of victim/survivors while strengthening the force's capacity to deliver a human rights-based approach to policing.
- We made a submission on the Council of Europe's draft recommendations on **Equality and Artificial Intelligence**, pointing out the need for a stronger focus on victim/survivor safety and the integration of trauma-informed principles to help ensure that AI systems are developed in ways that do not unintentionally increase the risk of harm to victims/survivors.
- We also gave input on draft recommendations from the **Committee of Experts on Combating Technology-Facilitated Violence against Women and Girls** (a Council of Europe body) welcoming recognition of this serious harm and supporting the proposal to treat the digital dimension as an aggravating factor. We also urged Member States to ensure safeguards are in place to protect victim/survivors from re-traumatisation during investigations and/or legal proceedings, particularly in how their personal digital data is accessed, used and protected.

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## Policy submissions (continued)

- We contributed to a **Department of Health** survey on the impact of online activity on the health of children and young people. The **Online Health Taskforce Final Report**, published in September, included measures to strengthen protections from online harm, improve digital literacy and prevention, enhance regulatory oversight of platforms and greater EU-level coordination.
- With seven other Rape Crisis Centres, we made a joint **shadow report** to the Committee on the **Convention on the Elimination of All Forms of Discrimination Against Women** as it prepared to examine Ireland's progress under the Convention, offering insight into the lived realities of those we support and the role of rape crisis centres.
- In July, we made a written submission to the **Joint Committee on Justice, Home Affairs & Migration** on the **General Scheme of the Criminal Law & Civil Law (Miscellaneous Provisions) Bill 2025**, which included provisions on counselling notes, and abusive and predatory landlord behaviour known as 'sex for rent', among other matters.
- We also made a submission on the efficacy of **bail laws** in the context of sexual offence cases, highlighting in particular the distress caused when perpetrators are granted postconviction bail prior to sentencing.
- We provided input into the **Policy and Community Safety Authority** consultation on its **Strategy Statement 2026-2028**, pointing out how an over reliance on quantitative indicators misses the realities and barriers facing victims and survivors when engaging with An Garda Síochána. We also emphasised the need for oversight of trauma-informed practice and a recognition of the expertise of specialist DSGBV services in supporting training and identifying emerging risks and systemic issues.
- Together with colleagues in Ruhama and five other rape crisis centres, we made a submission to the **Department of Foreign Affairs & Trade** on priority themes for Ireland's **Presidency of the Council of the European Union** in the second half of 2026, calling for a focus on equality, human rights and the rule of law. We also highlighted the need to tackle violence against women and girls, including sexual exploitation and online harm, as barrier to safety and full participation in all aspects of life.

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## Coalition-building

One of our strongest tenets is a belief that everyone gains in knowledge and impact through collaboration across the community and voluntary sector and beyond. Dublin Rape Crisis Centre is part of a number of strategic and sectoral groups aimed at advancing victims' and survivors' rights and contributing to the prevention of sexual violence at national and local levels:

- **Rape Crisis Centres Forum**, a collective group of 10 of the country's 16 rape crisis centres, chaired by our Chief Executive Rachel Morrogh.
- **All Ireland Network on Sexual Violence Research**: an interdisciplinary network bringing together academics, practitioners and policy makers from across the island of Ireland, working in the area of sexual violence.
- **National Women's Council (NWC) of Ireland**: As a member of the National Women's Council of Ireland, in 2025 we participated in numerous campaigns and activities, including the All-Ireland Women's Assembly. Our Policy Manager Shirley Scott sat on the NWC Board throughout the year offering key insights and guidance.
- **Children's Rights Alliance**: Dublin Rape Crisis Centre provided feedback and other inputs to the Children's Rights Alliance's Report Card which evaluates the State's performance in upholding children's rights in Ireland every year.
- **Sex Offender Risk Assessment and Management (SORAM) group**, of which Dublin Rape Crisis Centre is a member of the National Advisory Committee.
- **The Wheel**, which represents and engages with community and voluntary organisations around Ireland.
- **Charities Institute Ireland** which aims to promote greater transparency and impact for our sector through best practice in governance, fundraising, and financial standards
- **Victims' Rights Alliance** of victim support and human rights organisations in Ireland.
- **Victims' Forum** which facilitates dialogue between civic society organisations working with victims of crime, the Department of Justice and other stakeholders to help ensure appropriate responses to the reporting of a crime, enhance outcomes in the justice system and support the healing of victims.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2025

**Goal 3: Be a sustainable organisation which effectively manages risk and proactively supports its people towards excellence in meeting the needs of victims/survivors**

## Objective 7: Resourcing the work

### Funding

The generosity of the public as well as state support and partnerships with companies, trusts and philanthropists are critical to DRCC's work; it is only thanks to this support that we can continue to prevent the harm and heal the trauma of rape and sexual violence. Over 2025, we sought to develop diverse and sustainable multi-annual income streams that could sustain and grow the broad platform of work we carry out, as well as finance our move to new premises in Ormond Quay.

We were grateful to have a significant increase in state funding in 2025 to help us meet the growing demand for our services and supports. The year saw another run of successful events in aid of our work. As always, we started the year with our **Corporate Quiz** hosted by Pat Kenny. Over 40 teams from businesses across Dublin joined us to test their knowledge while supporting survivors. We were very proud to be chosen by **Lord Mayor of Dublin** Emma Blain as one of her 2025 Charity Partners, and very grateful for the opportunity to show a powerful video featuring survivor Paula Doyle during an impactful dinner event at the Mansion House in May.

We continue to be indebted to our friends in corporate partner Pluto for organising yet another fabulous **WomanKind Lunch and Fashion Show** in September, generously MC'd by broadcaster Claire Byrne once again. This was closely followed by our annual **Golf Classic** where 20 four-ball teams competed at Castle Golf Club in Rathfarnham for the perpetual Joe Carr Trophy! We closed our calendar of events with the **Countdown to Christmas lunch** which saw a great performance from Mary Byrne that had all of our 400 guests on their feet dancing! Each of these events provide critical funding for Dublin Rape Crisis Centre, collectively raising €190,000 in 2025.

There were a number of community events and initiatives arranged throughout the year and we are very grateful to the individuals and groups who were so creative in how they raised both awareness of sexual violence and more than €24,000 for Dublin Rape Crisis Centre. Just some fantastic examples included tarot card readings, walking tours, comedy events, t-shirt sales, tennis world-record attempts, an 80s night and self-defence events.

Our running community grew during the year and we were delighted to have runners representing and supporting survivors at the VHI Women's Mini-Marathon, the Dublin City Half-Marathon, the Dublin City Marathon and further afield at the Rotterdam Marathon and the Valencia Half-Marathon. People also undertook other physical challenges including sea swims, walks and hyrox events. Together, our wonderful army of 135+ fitness fanatics raised more than €61,000 for DRCC.

We ran two appeals during Spring and Christmas, which raised over €70,000. The companies, trusts and philanthropists that support these appeals, together with our strategic funding partners, have a tremendous impact for our work. The projects they fund and the long-term gifts they provide enable Dublin Rape Crisis Centre to plan for the months and years ahead, so that we can be here to listen whenever survivors feel ready to talk. Some of our valued partners in 2025 included Airbnb, Bouleo Ventures, Community Foundation Ireland, the French Embassy, the Fidelis Partnership, Greencoat Renewables, Hospital Saturday Fund, JTI, Robus Group, St Stephen's Green Trust and the generosity of a number of philanthropists and anonymous donors. We were also very pleased to be awarded funding from the Department of Justice Community Safety Fund.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2025

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## Objective 8: Excellence in communications

**Internal communications:** To update our every growing cohort of staff and volunteers on all the work being done across the charity, we issued a regular staff bulletin as well as a bi-annual volunteer update. Team and management meetings and wider staff and volunteer gatherings ensured regular exchange of views and information over 2025.

### External communications:

As in previous years, in 2025 we worked to build awareness of Dublin Rape Crisis Centre as a trusted national source of support, especially for the 24-hour National Rape Crisis Helpline, through media engagement, public campaigns and digital outreach. We used communications tools and channels to broaden understanding of sexual violence and its impacts, to promote our services and supports to victims and survivors, and to campaign for a society that has zero tolerance for sexual violence and that understands and values sexual consent.

The voices and views of victims and survivors are at the heart of our communications work, and we sought to support and amplify them wherever possible – especially in campaigns, media and wider online messaging.

### Digital engagement

**Websites:** DRCC maintains a [website](http://drcc.ie) (drcc.ie) with information on our services and supports, including the online guide *Finding Your Way after Sexual Violence*. The website is the access point for our Webchat Support Service, which allows people to receive crisis support via online chat with a support worker. The site also houses downloadable resources offering information and tools to understand and manage the impacts of trauma. In 2025, there were over 108,000 views with over 50K unique users, as well as 4,700 downloads, 2,360 telephone calls and over 700 emails sent from the site.

**Social media:** We used our social media channels on Facebook, Instagram, LinkedIn, TikTok and YouTube to highlight our work, engage with followers and draw attention to issues of concern. We had a reach 4.1M on Facebook and 4.2M on Instagram, as well as just under 438K on LinkedIn. On TikTok we had a strong reach of over 22M primarily due to the work of our We-Consent campaign. Our engagement rate across platforms was 6%, well above industry average.

**Digital pedestals:** Again in 2025 we were grateful for the opportunity to promote our services and supports via street-level advertising in Dublin and other locations in Ireland. These digital pedestals, maintained by Bauer Media in cooperation with eir and Dublin City Council, advertised our services and supports. The pedestals also feature integrated telephone units with free access to emergency telephone numbers, including the 24-hour National Rape Crisis Helpline 1800 77 88 88.

### Media engagement

In 2025, our communications team aimed to maintain the charity's profile in the media and other channels as an expert voice on issues of sexual violence and its prevention. The team shared insights and evidence, flagged issues of concern and provided comment on issues related to our work. We issued 14 media releases on a diverse range of topics, all available on our website, gave comment to media on almost 30 further issues and garnered more than 2,350 pieces of media coverage and other engagements over the year, with a reach exceeding 157 million.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2025

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## Campaigns and awareness

Alongside our national We-Consent campaign, DRCC ran a number of targeted campaigns highlighting equality, safety and support for survivors, particularly noting International Women's Day, Pride and the 16 Days of Activism against Gender-Based Violence. We also supported campaigns by other bodies, including national campaigns launched by Cuan to raise awareness of domestic and sexual violence, consent and support services.

## "Signs of Hope" campaign

As the CSO's national Sexual Violence Survey has revealed, most survivors of sexual do not seek support, although those who do find it helpful. Following a first impactful phase in 2024, our 'Signs of Hope' campaign continued in 2025 with a fresh collection of powerful messages from survivors, encouraging others who have experienced the trauma of sexual violence but never accessed support to take the first step and call the National Helpline. The powerful words of Aoife, Catherine, Dylan, Karen, Kathleen and Nikita went out across Ireland in handwritten, personal messages displayed on beautiful and arresting billboards in 32 locations in Dublin, Cork, Limerick and Galway. The campaign was very effective on social media, with combined digital impressions of 9.3m and a reach of 2.4m. the engagement rate was particularly high across channels with an average of 12.76%. Words of experience and encouragement ran in audio ads on daytime national and local radio with over 40M impacts between November and January. We displayed longer letters from our group of survivors, offering personal insights and encouragement, on our website at [www.drcc.ie/signsofhope](http://www.drcc.ie/signsofhope)

The campaign again resonated with callers to the National Helpline in 2025, with a substantial rise of over 23% in first-time callers to the line. Calls increased from several areas where the OOH campaign was active, such as Dublin (up 8%), Cork (up 45%), Limerick (up 17%) as well as in other parts of the country like Clare and Kerry (each up 200%), Kilkenny (up 400%), Laois and Wexford (each up 43%) and Monaghan (up 600%). We had a remarkably warm and welcoming response on social media, with many people expressing support for both the messaging and for survivors generally:

- *"Saw your fantastic signs of hope campaign, all amazing people with their words of hope and giving, sharing that to reach people so they can get support to break the silence".*
- *'I love this campaign. I was stopped at traffic in Dublin this week on a dark evening, late for college and Catherine's message caught my eye and gave me such hope. A really important campaign'*
- *Such a powerful message to survivors*
- *You are all so brave. You help me every day*

We are very grateful to our pro bono partners Media 365 and Publicis for their continued care and support with the campaign, to our funders for their principled investment and above all to the survivors who have shared their words and experiences to empower others. Our message to all those who have experienced the trauma of sexual violence remains: "When you are ready to talk, we are ready to listen."

**In October, our Signs of Hope campaign was honoured to win one of only a few Silver Effies bestowed in 2025. This was a wonderful recognition of survivors' messages in our society.**

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2025

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## 'Breaking the Silence' podcast

We made our entry to the world of podcasting with the launch on 23 April of 'Breaking the Silence', created in conjunction with and supported by Newstalk. It features survivors talking to the talented Clare McKenna about different aspects of their journey, from reporting to waiving anonymity to going to court, as well as hearing from others working in the various fields. Guests include Charlene Masterson, Kathleen Correia, Sarah Grace, Bláthnaid Raleigh, Áine McHugh and Chris Rooke and perspectives from our Chief Executive Rachel Morrogh and Therapy Manager Yvonne Barnewall, Detective Sergeant David Connolly, Newstalk's Frank Greaney, barrister Gemma McLoughlin Burke, and educator Eoghan Cleary. It is available on GoLoud or any podcast platform.

**In October we were incredibly proud to learn *Breaking the Silence* had won Podcast of the Year at the IMRO awards. It had 20.8K downloads by the end of 2025. We are grateful to producer Siobhan Walsh, presenter Clare McKenna, our sponsors Avolon, and most of all to the wonderful guests who brought their immense understanding and experience to these topics.**

## Lights of Hope campaign

In August we were proud to light up iconic buildings around Dublin and farther afield in purple to honour and support survivors of sexual violence. The campaign marked the end of a gruelling legal term; it aimed to remind the wider public of the need for solidarity with survivors around them, and for awareness and action in addressing sexual violence. We intended the campaign to be a beacon of hope to anyone looking for light in a time of darkness: whether someone was taking their first steps towards speaking out or simply trying to get through the day, we wanted them to know - you are not alone.

One person sent a lovely comment in response to Lights of Hope:

*This is brilliant as my case went to the DPP but came back as not having a strong enough case which was devastating because it triggers thoughts as 'I am not believed' - thank you for recognizing my struggle*

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2025

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## Objective 9: Minding Our People

As we are working in an area of immense sensitivity, maintaining a safe space year-round for our clients and callers who are coping with the impact of sexual violence, it is vital that we also look after ourselves. All staff and their immediate families can avail of the Health Assured employee assistance programme – which includes assessment, short-term counselling and referral services. In addition to this, frontline teams have access to regular supervision sessions with an external supervisor and in some departments the teams have access to peer and group supervision as well. Our volunteers also benefit from facilitated peer support sessions.

### Staff

The day-to-day work of the charity is carried out by our dedicated and professional staff, led by our Chief Executive Rachel Morrogh and management team, and overseen by our voluntary Board of Directors. In 2025 the management team met regularly to provide updates on developments and operational matters, and monitor implementation of strategy and work plans.

Our teams report monthly to our Chief Executive, who prepares summaries on this work across the charity to the Board of Directors. Members of the management team present on their individual areas of responsibility as required.

We have been extremely privileged to have been able, thanks to a generous bequest, to own the building in which we carry out our work. However, as our current offices no longer meet the demands of our growing workforce and clientele, in 2025, we sourced a new location more suitable and accessible for our clients and which offers the opportunity to further expand the services and supports they need to further their healing journey. Work commenced on this premises in late 2025 and it is expected that we will move into the new office in April 2026.

**Remuneration:** The Board of Directors in cooperation with the Chief Executive manages staff remuneration as outlined in the payroll policy. Funding constraints mean that while salaries are reviewed annually there is no entitlement to an annual increase. In 2025 The Workplace Relations Commission (WRC) agreed phased salary increases totalling 5.25% which were approved by the Board of Directors and processed in December 2025 including agreed back dated increases to October 2024 (2.25% from Oct 2024, 1% from April 2025 and 2% from November 2025).

### Volunteers

In 2025, volunteers continued to provide invaluable support to survivors of sexual violence via the 24-hour National Rape Crisis Helpline and within the Sexual Assault Treatment Unit. Engagement reached new heights this year, with a total of 74 volunteers contributing a combined 10,051 hours to the work of the Centre.

**Recruitment:** Driven by a high level of interest throughout the year, the Volunteer Services team recruited and trained two new cohorts during Spring and Autumn sessions. These intakes reflected a great diversity of backgrounds, notably attracting a significant number of younger applicants. Interested candidates attended online information evenings to gain an overview of services and the volunteer role before joining the training. Both training programs took place in person over four weekends. This immersive environment allowed groups to develop essential skills while learning together in a safe, supportive space.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2025

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#### Volunteers (continued)

**Support:** Throughout their journey with the centre, our volunteers receive comprehensive support from the Volunteer Services team and staff. This includes regular monthly supervision sessions and individual check-ins, which provide a safe space for volunteers to share experiences, reflect on their work, and receive guidance. We also organised some self-care and learning days for volunteers and some staff teams during the year. Beyond the support received from DRCC staff, a strong team spirit has emerged, with volunteers actively supporting one another both during supervision and while on shift.

Commitment to ongoing learning remains a priority. Volunteers have participated in various educational "Lunch & Learn" sessions, as well as specific workshops and presentations focused on consent and suicide prevention. To honour their dedication, the team organised recognition events and a graduation ceremony celebrating those who reached their two-year commitment milestone, underscoring how highly we value their contributions.

#### Volunteer voices:

- LK: This training has given me so much: knowledge, grounding techniques, and practical tools that I can use not only in my volunteer role but also in daily life. It has also provided new connections with fellow volunteers and a strong sense of community and shared **purpose**. I feel grateful and privileged to have been given the opportunity to participate. Although the experience has been at times intense and emotionally heavy, it has been profoundly meaningful. I hope to contribute positively to the DRCC community and to be the kind of volunteer who can truly make a difference, one person, one conversation at a time.
- KM: One of the most impactful learnings I will take with me from the training is how to speak about abuse. It remains taboo as it is too uncomfortable for many to discuss and so stories of abuse often remain unspoken. A gift that the DRCC has given me is a framework to articulate what happens to those who are abused and why it frequently stays subterranean. I am appreciative of being taught this language and I intend to use it henceforth for the purpose of advocacy and to speak meaningfully about experiences that are at once universal and diminished.
- SN: Firstly, the team were and are incredible. A very well thought out training program, a gentle a kind pace for a very serious and often times upsetting topic. For me personally, I've been trying to educate myself over the last few years to be more inclusive, aware and challenge myself on topics that I have not known much about or have stayed away from. I thought I knew what sexual assault was, I didn't. I thought I knew what sexual violence was, I also didn't. I come away from the training with a wealth of knowledge and understanding on a level I didn't know existed. To see words on a page written in a way that helps you see the impact of sexual violence, how it can start and when it leads to, was powerful. It has opened my eyes to my own short coming's I am not at fault, I quite simply did not know or didn't understand the description properly, but I understand now. I'm a naturally empathetic person, so some of training has come easily then other parts, using different style of language was definitely challenging but I got there. Not being able to ask someone if they are ok or tell them they will be ok was a big change, something I'll take into my personal life too!
- PW: There were moments when I felt completely out of my depth, and that's when I realised that humility is key. The role is not about having all the answers or offering immediate solutions. It's about listening, supporting, being present, and offering a compassionate space for survivors to process their experiences at their own pace. No amount of theoretical knowledge can replace the importance of empathy and the ability to just sit with someone in their pain without needing to fix anything.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2025

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#### Board of Directors

Our work is immensely strengthened by the guidance of our voluntary Board of Directors. The members of our Board of Directors are non-executive and receive no remuneration for their services, and they contribute a rich and wide range of skills and experience to Dublin Rape Crisis Centre's work. The Board of Directors has strategic oversight of our organisational risk, budget and financial management and compliance with governance requirements. It provides expert input around fundraising and strategic direction, as well as people management and resourcing.

#### FINANCIAL REVIEW

The Board of Directors report the following financial events during the year.

The financial results for the year ended 31 December 2025 are shown in the Statements of Financial Activities on page 62 and are considered satisfactory by the Board of Directors.

Income has increased by 24% to €5,694,658 (2024: €4,591,467). €361,436 of this increase is Equity House Refurbishment capital funding. Non-Statutory grant income increased by €334,888 in 2025 and increases in donations including donated goods and services accounts for €275,081. An analysis of the various income streams is included in the notes to the financial statements.

Expenditure is up by 10% to €4,770,764 (2024: €4,320,726). Salary cost increases in 2025 account for €283,593 due to headcount additions to support the continued growth in our services and the processing of a phased 5.25% salary increase agreed by the Workplace Relations Commission (WRC). Lease costs associated with our new premises at Ormond Quay to facilitate service delivery expansion are the other significant cost driver in 2025.

The 31 December 2025 operating surplus is €923,894 (2024: €270,741). It includes €361,436 of income received for refurbishment works at our new premises at Ormond Quay (with relevant expenditure booked to fixed assets on the statement of financial position) and €101,825 restricted income for donor specified service delivery costs in 2026. As noted above, 2025 fundraising results were very positive and this support from our donors will facilitate continued development of our services to meet our clients' needs into the future.

In 2025 following a detailed value engineering and tender process the charity signed a contract to refurbish its new leased premises at Equity House to facilitate continued growth of services into the future. Construction work began in October 2025. Total project costs are €1,190,452 of which €251,436 was invoiced at 31 December 2025 with costs included in leasehold additions on the statement of financial position. The refurbishment is progressing to schedule and budget with a completion date in April 2026 by which time the balance of the committed cost at 31 December 2025, €939,016, will be invoiced. We are very grateful to our statutory and other donors who have pledged €1,047,407 in funding to support this project which will improve and expand our service facilities for our clients.

**Reserves Strategy:** Dublin Rape Crisis Centre has a responsibility to ensure that it uses the funds and resources it receives to continue its charitable purpose. Future funding uncertainty is always a key risk though we acknowledge and are extremely grateful to Cuan our main statutory funder who provided a service delivery agreement in 2025 that extends to 31 December 2026.

Dublin Rape Crisis Centre has a reserves policy in place where reserves are maintained at a level which ensures that Dublin Rape Crisis Centre can manage a period of unforeseen difficulty.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2025

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#### Reserves Strategy (Continue)

In March 2025, the charity entered into a 10 year Right of Use Lease at Equity House increasing its committed costs with lease payments €1,432,943 due from 01 January 2026 to 01 January 2035 (2024: € Nil). At 31 December 2025, the Board of Directors have designated unencumbered cash reserves of €2,385,382 (2024: €2,160,363), equal to 6 months of 2025 expenditure, to ensure the charity can meet its costs beyond 2026 if its future statutory funding becomes uncertain. At 31 December 2025 the charity has capital commitments of €939,015 (2024: €Nil) relating to its Equity House refurbishment. A further €572,978 (2024: €660,225) has been designated to a property reserve to fund the completion of the refurbishment in 2026. These designations will be reviewed by the Board of Directors when the move to the new premises at Equity House is completed or if multi-year statutory funding is confirmed by Cuan beyond 2026.

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

Dublin Rape Crisis Centre is a company limited by guarantee, not having a share capital, registered CRO 147318. The charity holds charitable tax exemption from the Revenue Commissioners (CHY 8529) and is also registered with the Charities Regulatory Authority (RCN 20021078). The charity has a constitution. The Board of Directors are volunteers to Dublin Rape Crisis Centre.

Dublin Rape Crisis Centre is committed to openness and transparency both within the charity and externally with donors, funders, supporters and the public.

#### Governing document

The Dublin Rape Crisis Centre is a charitable company limited by guarantee, and not having a share capital incorporated in the Republic of Ireland under the Companies Act 2014. As the company does not have a share capital and consequently the liability of members is limited, subject to an undertaking by each member to contribute to the net assets or liabilities of the company on winding up such amounts as many be required not exceeding one Euro (€1).

The charity was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its constitution and managed by a Board of Directors.

#### Meeting legal and statutory obligations

Throughout the year, Dublin Rape Crisis Centre fulfilled its legal requirements under regulations including the General Data Protection Regulation (GDPR) and the Children First Guidance and Regulation, providing relevant training to staff and ensuring that all requirements were incorporated in the charity's policies.

We made timely lobbying returns to the Standards in Public Office Commission and completed the annual Governance Code Compliance Record Form as well as submitting the standard annual report to the Charities Regulator to comply with *the Code of Practice for Good Governance of Community, Voluntary and Charitable Organisations in Ireland*. Our Board of Directors and Staff complied fully with our conflict of interest policy.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2025

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#### Effective monitoring and evaluation strategies

Dublin Rape Crisis Centre tracks its work on an ongoing basis and throughout 2025 we reported extensively on our work to funders and State bodies. We recorded and reviewed progress against our strategic key performance indicators (KPIs) monthly, and collected external feedback on all our services and supports to improve our work. We highlighted and discussed our performance against these benchmarks at our monthly management team meetings throughout the year.

Alongside our strategic goals and indicators, we also implemented a teams-based performance and development review process that unites the charity's targets with the personal development goals of individual staff members. This process allowed us to reflect on progress, challenges and opportunities at regular intervals throughout the year.

**Principal Risks and uncertainties:** The Board of Directors are responsible for governance and developing and approving policies and strategies. The Board of Directors have responsibility for managing risk and are aware of the risks associated with the operating activities of the charity.

**Challenges and risks:** We have an active risk register that was reviewed and updated throughout 2025 by the Board of Directors. Red risks are reviewed at each board meeting, amber checked biannually and green annually. We tracked these changes in a dedicated log as part of the register.

Issues that presented particular challenges in 2025 included:

- An increase in demand for services, requiring constant hiring cycles.
- A challenging regulatory environment, with strong compliance requirements.
- The transition to a new sectoral funder in Cuan, requiring a new and detailed reporting structure.
- The refurbishment of our new premises at Ormond Quay.
- Increased attention and resourcing requirements for cyber-security measures.
- A competitive and challenging financial and fundraising environment.
- An adverse economic climate, leading to rising costs.

These challenges will continue into 2026 along with the following:

- Moving our principal place of operations from Leeson Street to Ormond Quay.
- Implementing WhatsApp into the National Helpline.
- Exploring UKAS accreditation for Service Standards.
- Developing our strategy for 2027 onwards.
- Updating our accounting system to better manage our funding reporting requirements.

These risks are mitigated by:

- Continuous monitoring of the level of activity
- Managing and monitoring of staff turnover levels supported by efficient recruitment processes.
- Moving to our new premises at Ormond Quay
- Regular reporting of financial results against the Board of Directors' approved budget.
- Maintaining active communication with Cuan our principal statutory funder and with our other non-statutory major donors.
- Monitoring of emerging changes to regulations and legislation on an ongoing basis.
- Regular review of policies, procedures and related internal controls.
- Use of external professionals to provide specialised resources as required.

# **THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**

## **DIRECTORS' REPORT**

### **FOR YEAR ENDED 31 DECEMBER 2025**

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#### Effective monitoring and evaluation strategies (continued)

The charity has no currency risk and limited credit risk. The charity has some interest rate risk linked to its variable rate mortgage. Interest rates are monitored year on year and budgets are adjusted to reflect the average prevailing rate.

Our internal control systems aim to ensure compliance with laws and policies and efficient and effective use of the charity's resources. They also safeguard our assets and maintain the integrity of the financial information produced.

The Board of Directors are satisfied that adequate systems of governance, supervision and internal controls are in place and that these controls provide reasonable assurance against identified risks.

#### Satisfying Funder Duties

The charity fulfilled its targets and reporting obligations for all funders during the course of the year. The financial accounts give a detailed picture of the income, expenditure and activities in 2025.

#### Directors and secretary and their interests

The Board of Directors do not hold any beneficial interest in the charity.

#### Recruitment and appointment of new directors

Directors are required to stand down at their third Annual General Meeting but may stand for re-election. However, no director can serve for more than nine consecutive years. During 2020, the Board of Directors passed a special resolution that provided always that in special circumstances those directors who would ordinarily be required to retire, under Article 46 of the Constitution, shall be eligible for re-election for a further three years. The decision as to what constitutes special circumstances shall be at the discretion of the Board of Directors.

The Board of Directors may appoint any person to be a director so long as the total number of directors shall not at any time exceed 15. Any director appointed shall hold office until the next annual general meeting, at which point he or she will be eligible for re-election.

#### Induction and training of new directors

There is an induction pack for new directors, which includes copies of the governing document and strategic plan, introduction of Board vision and remit, Board Director job description, Board Director declaration and confidentiality agreement, conflict of interest policy and Board Director code of conduct

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2025

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## Organisational structure

The Board of Directors of Dublin Rape Crisis Centre, who are also the charity's only members, are responsible for the running of the charity.

The names of the persons who at any time during the financial year were directors of the company are as follows:

Aibhlin McCrann	Nóirín O Sullivan
Grace O'Malley	Alison Cowzer
Síona Cahill	Doreen Gerety
Carol Keane	Peter Finlay
Anne Marie James	Nichola Gallagher
Madeleine McCarthy	Eoghan Cleary
Fergus Finlay	

In 2025, our Board of Directors met seven times, including one joint Board meeting and annual general meeting (AGM).

There are two permanent Board subcommittees, each of which met regularly throughout the year:

- Finance, Audit and Risk: Carol Keane (Chair, replaced by Peter Finlay on Carol's resignation) Alison Cowzer, Anne-Marie James, Madeleine McCarthy, Fergus Finlay.
- Human Resources and Remuneration: Anne Marie James, Nikki Gallagher (Chair) & Doreen Gerety.

A temporary Building Oversight Committee was constituted during the year to support and assist with the process of moving to the new premises. This consisted of Nikki Gallagher, Alison Cowzer (Chair), Peter Finlay.

We started the year with a number of new members joining our Board of Directors who bring fresh skills and experience. Alison Cowzer, Doreen Gerety and Peter Finlay SC came on board in January. Our long-standing Board member, Treasurer and Company secretary Carol Keane finished her term in November, and former Garda Commissioner Nóirín O'Sullivan resigned in October.

## Board of Directors members in 2025

### **Anne Marie James, Chairperson**

**Start of term:** As Chair – June 2024; As board member – 2017

**Experience, skills and knowledge:** Anne Marie is a solicitor with nearly 40 years' experience, and is Managing Partner of Kirwan McKeown James Solicitors LLP, specialising in litigation, commercial and family law. She has campaigned on several national issues and fundraised for many causes, including Women's Aid, the Irish Hospice Foundation and the Dublin Rape Crisis Centre. She is a member of the Institute of Directors and mentors young professional female lawyers under the auspices of the incorporated Law Society of Ireland.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2025

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Board of Directors members in 2025 (Continued)

## **Eoghan Cleary**

**Start of term:** 2023

**Experience, skills and knowledge:** Eoghan is a secondary school teacher and assistant principal at Temple Carrig School in Co Wicklow. He has over a decade's experience as a youth worker, working in the most marginalised communities in the east inner cities of both Dublin and Galway. Eoghan holds master's degrees in Drama and Theatre Studies, International Human Rights Law, and Education. He is a regular contributor to newspapers and radio programmes and is the co-author of a series of textbooks for the new SPHE curriculum at both Junior and Senior Cycle levels. Eoghan is currently completing a master's degree in Humanistic and Integrative Psychotherapy, with the aim of specialising in the area of child and adolescent psychotherapy.

## **Alison Cowzer**

**Start of term:** January 2025

**Experience, skills and knowledge:** Alison is a strong advocate for gender equality, having formerly chaired Women for Election, and has worked for 10 years to improve the gender balance in Irish politics. She is a director of the international humanitarian agency GOAL, is Chairperson of Rough Magic Theatre Co and a Board member of the Ronald Mc Donald House Charity. She is also a member of Bord Bia Consumer Foods Board. Alison is co-founder of East Coast Bakehouse based in Drogheda, Co Louth. As a Dragon investor in the RTE series Dragons' Den, Alison has invested in and mentored a number of new Irish businesses. She also hosts a business podcast series on the online business publisher "The Currency".

## **Fergus Finlay**

**Start of term:** 2022

**Experience, skills and knowledge:** Fergus is the former Chief Executive Officer of Barnardos, Ireland's largest children's charity. Prior to that he was Senior Adviser to the Labour Party and was one of the drafters of the Downing Street Declaration, and he was centrally involved in the election of President Mary Robinson in 1990. He served as a Director of Wilson Hartnell Public Relations and is the author of four books. Fergus is a lifelong campaigner for the rights of people with disabilities. He broadcasts regularly on radio and television and contributes a weekly column to the *Irish Examiner*. He is a member of the Board of the Health Service Executive (HSE), the Christine Buckley Centre and the Tyrone Guthrie Centre, and was previously on the Charities Regulatory Authority. Fergus has been given a French Republic Human Rights Prize by the French Embassy in Dublin to recognise the work of Barnardos. He has also been honoured by UCC as an Outstanding Alumnus and been awarded an honorary doctorate by the University of Galway.

## **Peter Finlay**

**Start of term:** January 2025

**Experience, skills and knowledge:** Peter was called to the Bar in 1986 and appointed Senior Counsel in 1999. He practiced mainly in public law, specialising in Criminal and Administrative Law (including Health Law and Human Rights). He was Lead Counsel to the HSE at the Commission of Inquiry into sexual abuse in the Archdiocese of Dublin and the Diocese of Cloyne, and was Chief Legal Advisor to the original inquiry into the death of Savita Halappanavar. Peter was an Advisor on the Eight Amendment and appeared in legal cases related to the Health (Regulation of Termination of Pregnancy) Act 2018.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## DIRECTORS' REPORT

### FOR YEAR ENDED 31 DECEMBER 2025

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#### Board of Directors members in 2025 (Continued)

##### **Nikki Gallagher**

**Start of term:** 2023

**Experience, skills and knowledge:** Nikki is Head of Public Affairs at Ibec. Prior to that, Nikki led teams at the Ombudsman for Children's Office, SOLAS and the National Lottery, and was previously a National Press Officer with Fine Gael. Nikki has for many years been a champion of human rights and equality through her professional and voluntary roles, specifically in the areas of LGBTI+ rights, children's rights, gender equality, prisoners' rights and reproductive healthcare rights. She has considerable experience of governance, having served on state and civil society boards, including as Chair of BeLonG To, Ireland's largest LGBTI+ youth organisation, from 2015 to 2021, and on the advisory board of the Together for Yes campaign. Her qualifications include a professional certificate in Corporate Governance and a diploma in Law.

##### **Doreen Gerety**

**Start of term:** January 2025

**Experience, skills and knowledge:** Doreen is an experienced executive coach and organisational development specialist with over 35 years of leadership experience in Learning & Development, Human Resources, and Organisation Development. She has worked as a trusted partner to executive leadership teams in leading Irish and international companies across diverse industries, including Semiconductors, Pharmaceuticals and Food in Ireland, EMEA, USA, and Latin America. Committed to excellence in leadership and governance, Doreen has invested in board performance and governance expertise, with a Diploma in Company Direction from the Institute of Directors (Dip IOD). She is passionate about supporting businesses in developing the right talent and organisational culture to align with ambitious strategy and deliver meaningful impact.

##### **Carol Keane (Secretary and Treasurer)**

**Start of term:** 2016

**Retired:** November 2025

**Experience, skills and knowledge:** Carol is a qualified Chartered Accountant, having trained with PwC Ireland. She has over 15 years' experience leading private organisations through periods of high growth and change. She is passionate about contributing to society and has previously volunteered as a youth mentor in Foroige's Big Brother Big Sister programme and also as a visitor with Friends of the Elderly. Carol currently chairs the Dublin Rape Crisis Centre Audit, Finance and Risk Committee.

##### **Madeleine McCarthy**

**Start of term:** 2020

**Experience, skills and knowledge:** Dr Madeleine McCarthy is a specialist GP with over 30 years' experience in women's health and general practice. She set up her own practice in 1988 in Dún Laoghaire, which is now known as Harbour Health. Her work includes training both GP registrars and undergraduate medical students. She is also a family planning and contraception tutor. She developed a keen interest in menopause over her many years in general practice and has advanced clinical training in menopause care. She has multiple further qualifications in Occupational Health, Diabetes, Sexual Health, Family Planning, Therapeutics, Minor Surgery, Dermoscopy and Travel Health. Madeleine is a member of the Irish College of General Practitioners; the Royal College of Physicians of Ireland Faculty of Occupational Health; the British Menopause Society; the Dún Laoghaire ICGP Faculty; the Travel Medicine Society of Ireland; and the Irish Association of Sexual and Reproductive Health Care Professionals.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2025

Board of Directors members in 2025 (Continued)

## Nóirín O'Sullivan

**Start of term:** 2024

**Retired:** October 2025

**Experience, skills and knowledge:** Nóirín was the first woman to lead An Garda Síochána as Garda Commissioner, and to head the Garda National Crime & Security Intelligence Service. Throughout her career, she has prioritised and promoted a rights-based service to victims of crime and established the Garda National Protective Services Bureau (GNPSU) to provide a professional and consistent approach to the investigation of sexual related crime. She now operates as non-executive director, independent advisor and consultant across a number of sectors. She recently served as Assistant Secretary General in the United Nations (UN) Department of Safety and Security, based in New York. Nóirín is a graduate of the Federal Bureau of Investigation's National Executive Institute (NEI). She holds a Master's in Business Studies (MBS) from the UCD Smurfit School of Business. She is the recipient of numerous awards, including an Honorary Doctorate of Laws (LLD) for Distinguished Public Service from Ulster University.

## Board members attendance during 2025

Board member	Meetings attended (Total=7)
Anne Marie James	7
Eoghan Cleary	7
Alison Cowzer	6
Fergus Finlay	4
Peter Finlay	5
Nikki Gallagher	5
Doreen Gerety	6
Carol Keane (Secretary and Treasurer)	7
Madeleine McCarthy	6
Nóirín O'Sullivan (to October)	2

*Note: The Board of Directors are not remunerated for their services to Dublin Rape Crisis Centre, nor are their expenses reimbursed for travelling to/from board meetings.*

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2025

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## Key Management Personnel

The day-to-day running of Dublin Rape Crisis Centre operations is overseen by the Chief Executive Officer, Rachel Morrogh, to whom all staff report and who, in turn, reports to the Board of Directors. The management team meets on a monthly basis to monitor implementation of strategy and work plans.

The Chief Executive and management team to whom responsibility for the day-to-day management of the Charity during 2025 was delegated are:

Rachel Morrogh	Chief Executive Officer
Vivienne Carson (to April 2025)	Head of Therapy Services
Paula Byrne (from Sept 2025)	Head of Services
Suzanne McMullen	Head of Operations and Administration
Kirsty Cawthron	Head of Fundraising
Vanessa Gaughan	Head of Finance
Naomi Patton	HR and Payroll Manager
Yvonne Barnewall	Therapy Services Manager
Michelle Grehan	National Helpline and Webchat Service Manager
Cliona Woods (to March 2026)	Accompaniment Services Manager
Caroline Ruddell (from Nov 2025)	Accompaniment Services Manager
Caitriona Freir	Education and Training Manager
Yvonne Woods	Communication and Campaigns Manager
Sarah Monaghan	We-Consent Manager
Shirley Scott	Policy and Data Protection Manager

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2025

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## Commitment to Best Practice

We follow good practice standards including guidelines and recommendations for charities published by the Charities Regulator.

**Database:** In 2025, we were fortunate to welcome an experienced Power Platform Developer and IT Support Officer to join our Senior Data and Systems Analyst in maintaining and upgrading our internal systems.

**Data security:** As our data is especially sensitive due to the nature of our work, data security is a top priority for the charity including:

- Our data was housed primarily on a cloud-based platform with robust access controls and security features.
- Data access was restricted based on role-specific permissions.
- We also used a separate external backup solution to maintain critical data and protect against potential data loss.
- Multi-factor authentication was enforced across all systems to enhance access security
- We commissioned penetration testing by an external security partner to identify and address vulnerabilities.
- All staff laptops were encrypted to prevent unauthorised access.
- Additionally, we maintained up-to-date antivirus software on all devices and conducted ongoing security awareness for employees to ensure comprehensive data security across all endpoints.

**Accreditation:** In April 2025, The National Helpline gained accreditation with the Helplines Partnership Quality Standard for the third time. This nationally recognised quality standard is given following careful inspection across all aspects of Helpline work. We have maintained this certification of best practice and quality assurance from the Helplines Partnership since 2018.

**Triple Lock Standard:** During 2025, the charity was awarded the Triple Lock Standard which is awarded annually to charities that demonstrate the highest standards of transparency, governance, and ethical fundraising.

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)  
DIRECTORS' REPORT  
FOR YEAR ENDED 31 DECEMBER 2025**

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**REFERENCE AND ADMINISTRATIVE DETAILS**

<b>Name of charity</b>	The Dublin Rape Crisis Centre (A Company Limited by Guarantee)
<b>Charity number</b>	CHY 8529
<b>Charity registration number</b>	20021078
<b>Company Number</b>	147318
<b>Address</b>	70 Lower Leeson Street, Dublin 2

**Professional Advisors**

**Auditors:**

*PKF Brenson Lawlor,*  
Alexandra House,  
3 Ballsbridge Park  
Merrion Road,  
Ballsbridge,  
Dublin 4  
D04 C7H2

**Solicitors:**

Byrne Wallace Shields LLP

**EXEMPTIONS FROM DISCLOSURES**

The charity has availed of no exemptions, it has disclosed all relevant information.

**FUNDS HELD AS CUSTODIAN ON BEHALF OF OTHERS**

The charity does not hold any funds or other assets by way of custodian arrangement.

**LIKELY FUTURE DEVELOPMENTS**

The charity plans to continue the activities outlined in its objectives and activities in forthcoming years subject to satisfactory funding arrangements.

**SUBSEQUENT EVENTS**

Nichola Gallagher resigned from the Board of Directors on 28 January 2026.

Niamh Meenan, Philip Crowley, Deborah Threadgold and Susan Bunworth were appointed to the Board of Directors on 28 January 2026.

In May 2026 the charity is transitioning its operations from its premises at 70 Lower Leeson Street, Dublin 2 to a larger leased premises at Equity House, Ormond Quay Upper, Dublin 7.

**POLITICAL DONATIONS**

The charity did not make any political donations during the year.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' REPORT FOR YEAR ENDED 31 DECEMBER 2025

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## Accounting Records

The measures taken by the directors to secure compliance with the requirements of sections 281 to 285 of the Companies Act 2014 with regard to the keeping of accounting records are the implementation of necessary policies and procedures for recording transactions, the employment of competent accounting personnel with appropriate expertise and the provision of adequate resources to the financial function. The accounting records of the company are located at the charity's premises, 70 Lower Leeson Street, Dublin 2.

The Board of Directors acknowledge that they have a responsibility to ensure that the charity is fully compliant with their obligations under the Companies Act 2014. To this end, the audit finance and risk committee review the internal controls in place on a regular basis. They confirm that:

- Adequate controls are in place in order to meet the obligations of the company,
- Appropriate arrangements and structures are in place that is, in their opinion, designed to secure material compliance with the company's relevant obligations.

## Statement on relevant audit information

In the case of each of the persons who are directors at the time this report is approved in accordance with section 332 of Companies Act 2014:

- so far as each director is aware, there is no relevant audit information of which the company's statutory auditors are unaware, and
- each director has taken all the steps that he or she ought to have taken as a director in order to make himself or herself aware of any relevant audit information and to establish that the company's statutory auditors are aware of that information.

## Auditors

The charity has elected to rotate auditors after the current auditors term of 9 years. In accordance with Section 383(2) of the Companies Act 2014, the auditors, PKF Brenson Lawlor, will remain in place until the completion of an audit tender process expected to take place in 2026.

Approved by the Board of Directors and signed on its behalf by

Anne Marie James  
Director



Peter Finlay  
Director



14 May 2026

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) DIRECTORS' RESPONSIBILITIES STATEMENT FOR YEAR ENDED 31 DECEMBER 2025

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The Board of Directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

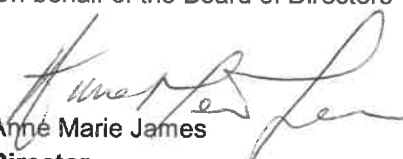
Irish company law requires the directors to prepare financial statements for each financial year. Under that law, the Board of Directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (Generally accepted Accounting Practice in Ireland) issued by the Financial Reporting Council. Under company law, the Board of Directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the charity as at the financial year end date and of the profit or loss of the charity for that financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the Board of Directors are required to:

- select suitable accounting policies for the charity's financial statements and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Board of Directors are responsible for ensuring that the charity keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the charity, enable at any time the assets, liabilities, financial position and profit or loss of the charity to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the Board of Directors

  
Anne Marie James  
Director

Peter Finlay   
Director

14 May 2026

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF DUBLIN RAPE CRISIS CENTRE

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## Opinion

We have audited the financial statements of Dublin Rape Crisis Centre ('the charity') for the year ended 31 December 2025, which comprise the statement of financial activities, the statement of financial position, the statement of cash flows and notes to the financial statements, including the summary of significant accounting policies set out in note 3. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland issued in the United Kingdom by the Financial Reporting Council modified by the Statement of Recommended Practice 'Accounting and Reporting by Charities'.

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the charity as at 31 December 2025 and of its surplus for the year then ended;
- have been properly prepared in accordance with FRS 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland modified to the Charities SORP*; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

## Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

## Conclusions relating to going concern

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

## Other information

The directors are responsible for the other information in the annual report. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF DUBLIN RAPE CRISIS CENTRE

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Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

## **Opinions on other matters prescribed by the Companies Act 2014**

In our opinion, based on the work undertaken in the course of the audit, we report that:

- the information given in the directors' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report has been prepared in accordance with applicable legal requirements.

We have obtained all the information and explanations which, to the best of our knowledge and belief, are necessary for the purposes of our audit.

In our opinion the accounting records of the charity were sufficient to permit the financial statements to be readily and properly audited, and the financial statements are in agreement with the accounting records.

## **Matters on which we are required to report by exception**

Based on the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified any material misstatements in the directors' report.

The Companies Act 2014 requires us to report to you if, in our opinion, the requirements of any of sections 305 to 312 of the Act, which relate to disclosures of directors' remuneration and transactions, are not complied with by the company. We have nothing to report in this regard

## **Responsibilities of directors for the financial statements**

As explained more fully in the directors' responsibilities statement, the directors are responsible for the preparation of the financial statements in accordance with the applicable financial reporting framework that give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the charity's ability to continue as a going concern, disclosing, if applicable, matters related to going concern and using the going concern basis of accounting unless management either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF DUBLIN RAPE CRISIS CENTRE

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## **Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the charity's financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the charity's financial statements is located on the IAASA's website at: <https://www.iaasa.ie/Publications/Auditing-standards/Standards-Guidance-for-Auditors-in-Ireland/Description-of-the-auditor-s-responsibilities-for>. This description forms part of our auditor's report.

## **The purpose of our audit work and to whom we owe our responsibilities**

This report is made solely to the charity's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.



**Ciara Ferguson**  
For and behalf of PKF Brenson Lawlor

Date: 14 May 2026

**Chartered Accountants**  
Statutory audit firm

Alexandra House,  
3 Ballsbridge Park,  
Merrion Rd,  
Ballsbridge,  
Dublin 4.  
D04 C7H2

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR YEAR ENDED 31 DECEMBER 2025**

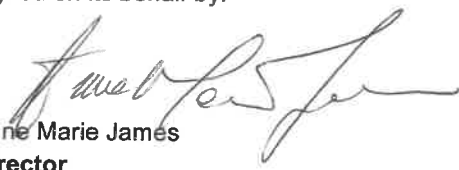
	Notes	Unrestricted Funds €	Restricted Funds €	Total 2025 €	Total 2024 €
<b>Income from:</b>	<b>5</b>				
Donations and legacies		1,018,370	795,424	1,813,794	1,052,608
Charitable Activities		168,815	3,712,049	3,880,864	3,538,859
<b>Total income</b>		<u>1,187,185</u>	<u>4,507,473</u>	<u>5,694,658</u>	<u>4,591,467</u>
<b>Expenditure on:</b>	<b>7</b>				
Raising Funds		296,245	-	296,245	248,730
Charitable activities		430,210	4,044,211	4,474,421	4,066,355
Other		98	-	98	5,641
<b>Total expenditure</b>		<u>726,553</u>	<u>4,044,211</u>	<u>4,770,764</u>	<u>4,320,726</u>
<b>Net income</b>	<b>8</b>	460,632	463,262	923,894	270,741
Transfer to / between funds		251,437	(251,437)	-	-
<b>Net movement in funds for the year</b>		<u>712,069</u>	<u>211,825</u>	<u>923,894</u>	<u>270,741</u>
<b>Reconciliation of funds</b>	<b>20</b>				
Total funds brought forward		3,433,829	-	3,433,829	3,163,088
<b>Total funds carried forward</b>		<u>4,145,898</u>	<u>211,825</u>	<u>4,357,723</u>	<u>3,433,829</u>

There are no other recognised gains or losses for the financial year except for those listed above. All income and expenditure are derived from continuing operations.

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)  
STATEMENT OF FINANCIAL POSITION  
FOR YEAR ENDED 31 DECEMBER 2025**

	Notes	2025		2024	
		€	€	€	€
<b>Fixed assets</b>					
Tangible assets	12		2,319,485		1,044,912
<b>Current assets</b>					
Debtors	13	46,662		51,449	
Cash at bank and in hand	14	5,047,062		3,707,183	
		5,093,724		3,758,632	
<b>Creditors: amounts falling due within one year</b>	15	(1,923,539)		(1,165,261)	
<b>Net current assets</b>			3,170,185		2,593,371
<b>Total assets less current liabilities</b>			5,489,670		3,638,283
<b>Creditors: amounts falling after more than one year</b>	16		(1,131,947)		(204,454)
<b>Net assets</b>			4,357,723		3,433,829
<b>Funds of the charity</b>	20 / 21				
Restricted Funds			211,825		-
Unrestricted Funds - general			1,187,538		613,241
Unrestricted Funds - designated			2,958,360		2,820,588
<b>Total</b>			4,357,723		3,433,829

The financial statements were approved by the Board of Directors and authorised for issue on 14 May 2026 and are signed on its behalf by:

  
Anne Marie James  
Director

Peter Finlay  
Director 

14 May 2026

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**STATEMENT OF CASH FLOWS**  
**FOR YEAR ENDED 31 DECEMBER 2025**

	Notes	2025 €	€	2024 €	€
<b>Cash flows from operating activities</b>	<b>28</b>		1,808,836		320,827
<b>Investing activities</b>					
Purchase of tangible assets		(261,909)		(16,680)	
<b>Net cash used in investing activities</b>			(261,909)		(16,680)
<b>Financing activities</b>					
Mortgage Interest paid	11	(13,637)		(18,005)	
Repayment of bank loans		(26,176)		(23,221)	
Right of Use Lease payments	18	(167,235)		-	
<b>Net cash used in financing activities</b>			(207,048)		(41,226)
Net increase in cash			1,339,879		262,921
<b>Cash &amp; cash equivalents at beginning of year</b>			3,707,183		3,444,262
<b>Cash &amp; cash equivalents at end of year</b>			5,047,062		3,707,183
<b>Relating to:</b>	<b>14</b>				
Cash at bank and in hand			5,047,062		3,707,183
Bank overdrafts included in creditors payable within one year			-		-
			5,047,062		3,707,183

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## NOTES TO THE FINANCIAL STATEMENTS

### FOR YEAR ENDED 31 DECEMBER 2025

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#### 1. General Information

These financial statements comprising the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and the related notes constitute the individual financial statements of Dublin Rape Crisis Centre for the financial year ended 31 December 2025.

Dublin Rape Crisis Centre Ireland is a Charity limited by guarantee and having no share capital, incorporated in the Republic of Ireland. The Registered Office is 70 Lower Leeson Street, Dublin 2 which is also the principal place of business of the charity until it moves to Equity House 16/17 Ormond Quay Upper, Dublin 7 D07 H7DE in May 2026. The nature of the charity's operations and its principal activities are set out in the Directors' Report on pages 1-57.

#### 2. Going Concern

The financial statements have been prepared on a going concern basis. The Board of Directors have reviewed the 2025 Statement of Financial Activities and Financial Position, the approved 2026 budget and latest financial information. The Board of Directors are satisfied that the Centre has adequate resources through secured funding for 2026 to continue in operational existence for the 12 months following the date of approval of the financial statements. As a result, they are satisfied that there are sufficient resources to manage any operational risks. There is no material uncertainty that affects this assumption.

#### 3. Accounting Policies

The following accounting policies have been applied consistently using the historic cost convention in dealing with items which are considered material in relation to the charity's financial statements.

##### **Basis of Preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities Statement of Recommended practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) hence forward referred to in the notes as the Charities SORP (FRS 102), the Charities Act 2009 and the Companies Act 2014. The charity has early adopted the amendments to FRS 102 (Periodic Review 2024) for the first time in the current financial year. As a result, the charity has recognised its new right-of-use assets and corresponding lease liabilities on the statement of financial position in respect of leases within the scope of the revised Section 20 of FRS 102. The amendments have been applied in accordance with the transition provisions of FRS 102. Comparative information has not been restated.

The charity constitutes a public benefit entity as defined by FRS 102.

##### **Currency**

The financial statements have been presented in Euro (€) and rounded to the nearest €0 which is also the functional currency of the charity.

##### **Fund Accounting**

The following funds are operated by the charity:

##### ***Restricted Funds***

Restricted funds are to be used for the specified purposes as laid down by the donor/grantor. Expenditure which meets these criteria is allocated to the fund.

##### ***Unrestricted Funds***

General funds represent amounts which are expendable at the discretion of the directors in furtherance of the objectives of the charity and which have not been designated for other purposes. Such funds may be held in order to finance working capital or capital expenditure.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## NOTES TO THE FINANCIAL STATEMENTS

### FOR YEAR ENDED 31 DECEMBER 2025

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#### 3. Accounting Policies (Continued)

##### ***Designated Funds***

Directors can designate part or all, of the unrestricted funds for specific purposes. These designations have an administrative purpose only, and do not legally restrict the Board of Directors' discretion to apply the fund.

##### **Income Recognition**

All income is included in the Statement of Financial Activities (SOFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably, and it is probable that the income will be received.

##### ***Donations income***

For donation income to be recognised the charity will have been notified in writing of the amounts and settlement date. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then receipted income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

##### ***Legacy income***

For legacies, entitlement is the earlier of the charity being notified of an impending distribution or the legacy being received. At this point income is recognised. On occasion legacies will be notified to the charity however it is not possible to measure the amount expected to be distributed. On these occasions, the legacy is treated as a contingent asset and disclosed.

##### ***Grants***

The charity receives government grants in respect of certain projects and services. Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred income.

##### ***Education & counselling***

Income is recognised when the event or service has taken place or been provided and the amounts can be reliably measured.

##### ***Investment income***

Interest and investment income are included when receivable and the amount can be measured reliably, this is normally upon notification of the interest paid or payable by the bank.

##### ***Donated Services and facilities***

Where practicable, donations of goods and services are included in donations in the financial statements at their fair value. If it is impracticable to assess the fair value at receipt or if the costs to undertake such a valuation outweigh the benefits, then the income and associated expenditure is not recognised.

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of item is probable and that economic benefit can be measured reliably.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market, a corresponding amount is then recognised in expenditure in the period of receipt.

No amount is included in the financial statements for volunteer time in line with the Charities SORP (FRS 102).

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## NOTES TO THE FINANCIAL STATEMENTS

### FOR YEAR ENDED 31 DECEMBER 2025

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#### 3. Accounting policies (Continued)

##### **Expenditure Recognition**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

It is categorised under the following headings:

- Costs of raising funds;
- Expenditure on charitable activities; and
- Other expenditure.

##### ***Costs of raising funds***

Cost of raising funds includes expenditure associated with generating fundraising income, including attracting voluntary income and grant income. It includes both costs that can be allocated directly such as wages and salaries and apportioned indirect costs for support function and overheads.

##### ***Expenditure on charitable activities***

Expenditure on charitable activities comprise those costs incurred by the charity in the pursuit of the charity's objectives and in the delivery of its activities and services. It includes both costs that can be allocated directly such as wages and salaries and costs of an indirect nature necessary to support the delivery of its activities and services.

##### ***Other expenditure***

Other expenditure represents other costs not falling into the categories above.

##### **Allocation of support costs**

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back-office costs, finance, personnel, payroll, and governance costs which support the activities and services of the charity. Support costs are allocated to expenditure on charitable activities and the cost of raising funds. Costs relating to a particular project are allocated directly others are apportioned on an appropriate basis such as headcount.

##### **Retirement benefit costs**

The charity operates a defined contribution scheme. Retirement benefit contributions in respect of the scheme for employees are charged to the income and expenditure account as they become payable in accordance with the rules of the scheme. The assets are held separately from those of the charity in an independently administered fund. Differences between the amounts charged in the income and expenditure account and payments made to the retirement benefit scheme are treated as assets or liabilities.

##### **Tangible fixed assets**

Tangible fixed assets are recorded at historical or deemed cost, less accumulated depreciation and impairment losses. Cost includes transaction cost, legal fees, stamp duty and other non-refundable purchase taxes, and any costs directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management, which can include the costs of site preparation, initial delivery and handling, installation, and assembly, and testing of functionality.

A review for impairment of tangible fixed assets will be carried out if events or changes in circumstances indicate that the carrying value of any tangible fixed asset may not be recoverable. Shortfalls between the carrying value of tangible fixed assets and their recoverable amounts will be recognised as impairments. Impairment losses will be recognised in the Statement of Financial Activities.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## NOTES TO THE FINANCIAL STATEMENTS

### FOR YEAR ENDED 31 DECEMBER 2025

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#### 3. Accounting policies (Continued)

##### Right of Use (ROU) Lease

The charity recognises a Right of Use asset and a corresponding lease liability at the commencement date. The ROU asset is initially measured at cost (the initial lease liability plus any prepayments or initial direct costs) and subsequently depreciated over the shorter of the lease term or the asset's useful life. The lease liability is measured at the present value of future lease payments discounted using the charity's incremental borrowing rate implicit in the lease value at the date of signing.

##### Short-Term Leases

The charity defines short term leases as any lease with a term of 12 months or less at commencement. Lease payments are recognised as an expenditure within the Statement of Financial Activities (SOFA).

##### Depreciation

Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost or valuation, less estimated residual value, of each asset systematically over its expected useful life, on a straight-line basis, as follows:

Freehold buildings	-	2% Straight line
Furniture & equipment	-	20% Straight line
Right of Use (ROU) Lease	-	Lease life Straight line
Refurbishment works at ROU Lease	-	Remaining Lease life Straight line

An amount equal to the excess of the annual depreciation charge on revalued assets over the notional historical cost depreciation charge on those assets is transferred from the revaluation reserve to the income and expenditure reserve.

The residual value and useful lives of tangible assets are considered annually for indicators that these may have changed. Where such indicators are present, a review will be carried out of the residual value, depreciation method and useful lives, and these will be amended if necessary. Changes in depreciation rates arising from this review are accounted for prospectively over the remaining useful lives of the assets.

##### Impairment of fixed assets

Assets not measured at fair value are reviewed for any indication that the asset may be impaired. If such indication exists, the recoverable amount of the asset, or the asset's cash generating unit, is estimated and compared to the carrying amount. Where the carrying amount exceeds its recoverable amount, an impairment loss is recognised in statement of financial activities unless the asset is carried at a revalued amount where the impairment loss is a revaluation decrease.

##### Trade and other debtors

Trade debtors and other debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

##### Cash and cash equivalents

Cash and cash equivalents are basic financial assets and include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## NOTES TO THE FINANCIAL STATEMENTS

### FOR YEAR ENDED 31 DECEMBER 2025

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#### 3. Accounting policies (Continued)

##### **Trade and other creditors**

Trade creditors are measured at invoice price, unless payment is deferred beyond normal business terms or is financed at a rate of interest that is not a market rate. In this case the arrangement constitutes a financing transaction, and the financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

##### **Loans and borrowings**

All loans and borrowings, both assets and liabilities are initially recorded at the present value of cash payable to the lender in settlement of the liability discounted at the market interest rate. Subsequently loans and borrowings are stated at amortised cost using the effective interest rate model. The computation of amortised cost includes any issue costs, transaction costs and fees, and any discount or premium on settlement, and the effect of this is to amortise these amounts over the expected borrowing period.

Loans with no stated interest rate and repayable within one year or on demand are not amortised. Loans and borrowings are classified as current assets or liabilities unless the borrower has an unconditional right to defer settlement of the liability for at least twelve months after the financial year end date.

##### **Deferred Income**

The charity recognised deferred income, where the terms and conditions have not been met or uncertainty exists as to whether the charity can meet the terms or conditions otherwise within its control, income is then deferred as a liability until it is probable that the terms and conditions imposed can be met.

Some of the grants received are subject to performance related conditions or time periods, when the performance related or other conditions are met the deferred income is released to income in the statement of financial activities.

##### **Provisions**

Provisions are recognised when the charity has an obligation at the balance sheet date as a result of a past event where it is probable that an outflow of economic benefits will be required in settlement and the amount of the obligation can be reliably estimated.

##### **Employee benefits**

When employees have rendered service to the charity, short-term employee benefits for example holiday pay to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service. The charity operates a defined contribution pension plan for the benefit of its employees. Contributions are expensed as they become payable.

##### **Financial Instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments.

Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value except for bank loans which are subsequently measured at amortised cost using the effective interest method.

# THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)

## NOTES TO THE FINANCIAL STATEMENTS

### FOR YEAR ENDED 31 DECEMBER 2025

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#### 3. Accounting policies (Continued)

##### Comparative Figures

Where necessary comparative figures have been regrouped on a basis consistent with the current year.

##### Taxation

No charge to current or deferred taxation arises as the charity has been granted charitable status under Section 207 and 208 of the Tax Consolidation Act 1997.

#### 4. Judgements and Key Sources of Estimation Uncertainty.

The key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying value amounts of assets and liabilities with the next financial year include:

##### (a) Valuation of buildings

The value on the statement of financial position includes a carrying value for the premises at Leeson Street at the reporting date that does not reflect the current value of the property if it were to be sold. In the event that the premises is sold, the sales proceeds obtained are likely to be significantly higher than the current carrying value.

##### (b) Useful lives of depreciable assets

The annual depreciation charge depends primarily on estimated lives of each type and component of asset and in certain circumstances estimates of fair values and residual values. The Board of Directors annually review these asset lives and adjust them as necessary to reflect current thinking on remaining lives, in light of technological change, prospective economic utilisation and the physical condition of the assets concerned. Changes in asset lives can have a significant impact on depreciation charges for the period. In 2025, no changes have been made to asset lives

##### (c) Valuation of Right of Use Lease on commencement date

On 6 March 2025, the charity signed a 10 year Right of Use (ROU) lease for offices at Equity House on Ormand Quay, Dublin 7 to facilitate service expansion. The present value of the lease was calculated on the commencement date with an implicit finance rate of 6.609% which represents the charity's variable borrowing rate on its mortgage at the time which was in line with the likely borrowing rate for a comparative unsecured loan.

##### (d) Recognition of donated goods, services and facilities

On receipt, donated goods, services and facilities are recognised in donations on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain goods, services or facilities of equivalent economic benefit on the open market, a corresponding amount is then recognised in expenditure in the period of receipt.

##### (e) Going concern

The directors have prepared budgets and cash flows for a period of at least twelve months from the date of the approval of the financial statements which demonstrate that there is no material uncertainty regarding the charity's ability to meet its liabilities as they fall due, and to continue as a going concern. On this basis the directors consider it appropriate to prepare the financial statements on a going concern basis. Accordingly, these financial statements do not include any adjustments to the carrying amounts and classification of assets and liabilities that may arise if the charity was unable to continue as a going concern.

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)  
NOTES TO THE FINANCIAL STATEMENTS  
FOR YEAR ENDED 31 DECEMBER 2025**

**5. Income**

An analysis of the charity's income is as follows:

<b>Donations and Legacies</b>	<b>2025</b>	<b>2024</b>
	€	€
Non statutory grant income	740,424	355,536
Donations	578,779	316,185
Fundraising event income	317,400	308,232
Donated goods and services	117,762	45,276
Legacies	59,429	27,380
	<u>1,813,794</u>	<u>1,052,608</u>
 <b>Charitable Activities</b>	 <b>2025</b>	 <b>2024</b>
	€	€
Cuan grants service delivery	3,460,613	3,373,848
Cuan grant Equity House refurbishment	196,134	-
Other government grants Equity House refurbishment	55,302	-
Other government grants service delivery	-	9,074
Education, counselling, and other activities	168,815	155,937
	<u>3,880,864</u>	<u>3,538,859</u>

€4,507,473 (2024 €3,738,759) was attributable to restricted income and €1,187,185 (2024 €852,708) was attributable to unrestricted funds.

€3,712,048 (2024 €3,382,922) of government grants were received to provide Therapy Services, National Helpline and Webchat services, Accompaniment services, BodyRight and Youth Education and training and to continue the We-Consent programme and maintain the Finding Your Way after Sexual Violence online guide. Government grants were also received in 2025 to support the Equity House refurbishment. Other contingencies and unfulfilled conditions attaching to government grants include performance related conditions or time periods that can result in deferred income at year end if grant conditions are not met.

**6. Donated Goods and Services**

	<b>2025</b>	<b>2024</b>
	€	€
Donated goods and services have been included in the accounts as follows:		
Income - donations	117,762	45,276
Expenditure - charitable activities	(95,522)	(45,276)
Expenditure - raising funds	(22,240)	-

In 2025 a number of individuals and organisations donated goods and contributed pro bono services across the charity. The value of this work has been included in the accounts in income as a donation, the same value has been included in expenditure on charitable activities and raising funds. For the financial year 2025, in-kind donations have been recognised and classified to comply with the Charities SORP (FRS 102).

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR YEAR ENDED 31 DECEMBER 2025**

**7. Expenditure Analysis and Allocation of Support Costs**

Expenditure has been classified to comply with the Charities SORP (FRS102). Such costs include costs of raising funds and charitable activities. The cost of raising funds includes the costs of inducing others to make gifts that are voluntary income. Charitable activities relate to costs associated with the charitable activities of the charity.

<b>2025 Expenditure Analysis</b>	<b>Activities Undertaken Directly €</b>	<b>Grant Funding of Activities €</b>	<b>Allocated Support Costs €</b>	<b>Total Expenditure €</b>
<b>Raising Funds</b>	283,808	-	12,437	296,245
<b>Charitable Activities including:</b>				
• Therapy Services	1,564,743	-	190,720	1,755,463
• National Helpline and Webchat service	841,496	-	98,869	940,364
• Justice System Accompaniment	382,145	-	50,429	432,574
• Education and Training services	376,897	-	32,541	409,438
• We-Consent National Conversation	333,690	-	18,446	352,136
• Finding Your Way after Sexual Violence	35,958	-	2,809	38,767
• Signs of Hope Campaign	266,206	-	-	266,206
• Equity House Expenditure	212,691	-	-	212,691
• Policy, Survey and Podcast Costs	39,759	-	-	39,759
• Other Service Development	27,023	-	-	27,023
<b>Total Expenditure Charitable Activities</b>	<b>4,080,607</b>	<b>-</b>	<b>393,814</b>	<b>4,474,421</b>
<b>Other Expenditure</b>	<b>98</b>	<b>-</b>	<b>-</b>	<b>98</b>
<b>Total Expenditure</b>	<b>4,364,513</b>	<b>-</b>	<b>406,251</b>	<b>4,770,764</b>
<b>2024 Expenditure Analysis</b>	<b>Activities Undertaken Directly €</b>	<b>Grant Funding of Activities €</b>	<b>Allocated Support Costs €</b>	<b>Total Expenditure €</b>
<b>Raising Funds</b>	232,346	-	16,384	248,730
<b>Charitable Activities including:</b>				
• Therapy Services	1,311,641	-	181,070	1,492,710
• National Helpline and Webchat service	781,810	-	125,878	907,688
• Justice System Accompaniment	393,933	-	59,402	453,368
• Education and Training services	374,390	-	52,122	426,512
• We-Consent National Conversation	434,119	-	28,594	462,713
• Finding Your Way after Sexual Violence	79,197	-	4,140	83,337
• Signs of Hope Campaign	200,654	-	-	200,654
• National Attitudinal Survey on Sexual Violence	15,599	-	-	15,599
• Policy Work	23,773	-	-	23,773
<b>Total Expenditure Charitable Activities</b>	<b>3,615,150</b>	<b>-</b>	<b>451,205</b>	<b>4,066,355</b>
<b>Other Expenditure</b>	<b>5,641</b>	<b>-</b>	<b>-</b>	<b>5,641</b>
<b>Total Expenditure</b>	<b>3,853,137</b>	<b>-</b>	<b>467,590</b>	<b>4,320,726</b>

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR YEAR ENDED 31 DECEMBER 2025**

**7. Expenditure Analysis and Allocation of Support Costs continued**

Support costs include facility costs, overheads, finance, hr, governance and other costs which support the activities and services of the charity. Support costs are allocated to expenditure on charitable activities and the cost of raising funds. Costs relating to a particular project are allocated directly, other costs that are shared across activities are apportioned based on headcount.

**Allocated Support Costs Analysis**

	<b>2025</b>	<b>2024</b>
	€	€
Facility costs including insurance, utilities and health & safety	98,146	121,282
Finance, HR & Recruitment	77,960	43,710
Office overheads including IT, phone and broadband	68,888	77,053
Other support costs including bank charges, interest and depreciation	56,045	67,923
Governance costs including audit and annual report	52,937	46,335
Staff costs including death in service, training & development	30,435	78,462
Volunteer costs	14,483	17,678
Communication costs	7,357	15,147
	<u>406,251</u>	<u>467,590</u>

**8. Net Income**

The net income for the year ending 31 December 2025 is €923,894 (2024: €270,741). This includes significant restricted income received for specific projects that remain ongoing into 2026 including:

**Equity House Refurbishment**

€361,436 (2024: €Nil) restricted income was received from both statutory and non-statutory sources to fund the Equity House refurbishment. At year-end €251,437 has been expended on the works and the expenditure is recognised within fixed assets on the Statement of Financial Position. The remaining balance of €110,000 is held within restricted funds to fund the continued refurbishment in 2026.

**Other 2026 Restricted Operational Funding.**

The surplus further includes €101,825 (2024: €Nil) restricted income receipted and recognised in the accounts in 2025 specifically designated by donors for operational requirements in 2026. This income is also held within restricted funds and is budgeted for operational expenditure in 2026.

**Cuan 2025 Open Funding Consent**

€169,316 was receipted on 17 December 2025 to retrospectively fund Consent programme salaries increasing the 2025 surplus. Notification was received from Cuan in December 2025 that the charity was successful in its earlier open funding application for the Consent programme.

**Fundraising Results**

The charity has experienced strong fundraising results over the last two financial years. When the upcoming move to our larger premises at Equity House is complete in the first half of 2026, the surplus will be utilised to expand our core services and increase our overall impact for beneficiaries.

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR YEAR ENDED 31 DECEMBER 2025**

**8. Net Income continued**

	2025	2024
	€	€
Operating surplus for the year is stated after charging:		
Fees payable to the charity's auditor for the audit of the charity's financial statements	15,775	12,300
Depreciation of owned tangible assets	42,290	52,730
Depreciation of Right of Use Lease asset	94,817	-
Right of Use Lease Implicit finance cost	60,347	-
Amortisation of Right of Use Lease asset	(89,243)	-
	<u>123,986</u>	<u>65,030</u>

**9. Employees and remuneration**

The centre employs staff to deliver on its strategy, raise income and provide support services.

The average number of persons, full and part-time, employed by the centre during the financial year analysed by category, was as follows:

	2025	2024
Therapy Services	22	18
National Helpline	10	10
Accompaniment and Client Support	5	6
Support Functions	8	8
Education and Training services	5	5
Consent Programmes	3	3
Policy and Communications	2	3
Volunteer Services	2	2
Reception	3	3
Fundraising	3	3
	<u>63</u>	<u>61</u>

Their aggregate remuneration comprised:

	2025	2024
	€	€
Wages and salaries	2,992,210	2,774,308
Employer's PRSI	320,770	287,827
Pension costs	158,419	125,671
Death in service	13,754	13,754
	<u>3,485,153</u>	<u>3,201,560</u>

**Note:** The Workplace Relations Commission (WRC) agreed phased salary increases totalling 5.25% which were processed in December 2025 including agreed back dated increases to October 2024 (2.25% from October 2024, 1% from April 2025 and 2% from November 2025).

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR YEAR ENDED 31 DECEMBER 2025**

**9. Employee and remuneration (continued)**

**Key Management Personnel**

Key management personnel include the CEO, Head of Services, Head of Operations and Administration, Head of Finance and Head of Fundraising. The total benefits (including employer's PRSI and pension) paid to key management personnel in 2025 was €529,838 (2024: €507,435) which includes a payment to all staff for phased WRC salary increases backdated to October 2024.

In 2025, the CEO's salary was €119,000. (2024: €119,000). The centre contributed €29,725 (2024: €22,603) to the CEO's defined contribution pension scheme which includes a backdated payment for phased WRC salary increases to October 2024.

**Salary Bands**

	2025 Number	2024 Number
€60,000 - €70,000	7	8
€70,001 - €80,000	1	2
€80,001 - €90,000	3	2
€110,001- €120,000	1	-
€120,001- €130,000	-	1

2025 Salary bands are based on remuneration paid in 2025 and include payments to staff for WRC agreed phased salary increases of 5.25% backdated to October 2024.

**Board of Director expenses**

The Board of Directors receive no remuneration for their services. Out of pocket expenses payments were €Nil (2024: €Nil).

**10. Retirement benefit schemes**

	2025 €	2024 €
<b>Defined contribution schemes</b>		
Charged to the statement of financial activities	158,419	125,671
	<u>158,419</u>	<u>125,671</u>

The charity operates a defined contribution scheme, 'Pension Scheme Fund', for its employees. The scheme is externally financed in that the assets of the scheme are held separately from those of the charity in an independently administered fund.

**11. Interest payable and similar expenses**

	2025 €	2024 €
<b>Interest on financial liabilities measured at amortised cost:</b>		
Interest on bank loans	13,637	18,005
Interest on right of use lease	60,347	-
	<u>73,984</u>	<u>18,005</u>

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)  
NOTES TO THE FINANCIAL STATEMENTS  
FOR YEAR ENDED 31 DECEMBER 2025**

**12. Tangible fixed assets**

	Freehold land and buildings	Leasehold land and buildings	Fixtures and Fittings	Total
Cost	€	€	€	€
At 1 January 2025	1,214,833	-	585,535	1,800,368
Additions	-	1,401,207	10,472	1,411,679
	<u>1,214,833</u>	<u>1,401,207</u>	<u>596,007</u>	<u>3,212,047</u>
<b>Depreciation and impairment</b>				
At 1 January 2025	218,697	-	536,759	755,456
Depreciation charged in the year	24,300	94,817	17,990	137,107
	<u>242,997</u>	<u>94,817</u>	<u>554,749</u>	<u>892,563</u>
<b>Carrying amount</b>				
At 31 December 2025	<u>971,836</u>	<u>1,306,390</u>	<u>41,258</u>	<u>2,319,484</u>
At 31 December 2024	<u>996,136</u>	<u>-</u>	<u>48,776</u>	<u>1,044,912</u>

The freehold property relates to the property from which the charity currently operates at 70 Lower Leeson Street, Dublin 2. The charity purchased this property in December 2015 at a cost of €1,214,833 and was part financed by a loan from its bankers in the amount of €450,000. The loan attracts a variable interest rate 5.97% at 31 December 2025 (6.94% at 31 December 2024) and is repayable by way of 180 fixed monthly instalments.

On 6 March 2025, the charity signed a 10 year Right of Use (ROU) lease for offices at Equity House on Ormond Quay Dublin 7 to facilitate service expansion. The present value of the lease €1,135,837 was calculated on the commencement date with an implicit finance rate of 6.609% and added with associated lease signing costs €13,933 to leasehold land and buildings. The lease will be depreciated on a straight line basis over the life of the lease. €94,817 lease depreciation was booked in 2025.

After a detailed value engineering and tender process, the charity signed a contract to refurbish its leased space at Equity House to facilitate continued growth of services into the future. Construction work began in October 2025 and will be completed in April 2026. Refurbishment costs incurred to 31 December 2025 €251,436 are included in leasehold additions. Depreciation will begin when the refurbishment is complete and will be over the remaining life of the lease at time of completion.

During the year, a historic leasehold asset with a €nil carrying value was removed from tangible fixed assets following clarification that the charity acquired the freehold interest in the related property in 2015. This adjustment had no impact on the funds or the Statement of Financial Activities.

**13. Debtors**

	2025	2024
	€	€
Trade Debtors	1,000	35,225
Other debtors	6,255	2,594
Prepayments	39,407	13,630
	<u>46,662</u>	<u>51,449</u>

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
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**14. Components of cash and cash equivalents**

	2025	2024
	€	€
Cash at bank and cash in hand	5,047,062	3,707,183
	<u>5,047,062</u>	<u>3,707,183</u>

**15. Creditors: amounts falling due within one year**

	Notes	2025	2024
		€	€
Bank loans and overdrafts	17	27,742	23,941
Right of Use Lease	18	89,124	-
Trade creditors		195,195	45,529
PAYE and employer's PRSI		144,461	189,367
Deferred income	19	1,382,278	830,620
Other creditors		36,295	27,473
Accruals		48,444	48,331
		<u>1,923,539</u>	<u>1,165,261</u>

**16. Creditors: amounts falling due after more one year**

	Notes	2025	2024
		€	€
Bank loans and overdrafts	17	174,477	204,454
Right of Use Lease	18	957,470	-
		<u>1,131,947</u>	<u>204,454</u>

**17. Loans and overdrafts**

	2025	2024
	€	€
Bank loans	202,220	228,395
	<u>202,220</u>	<u>228,395</u>
Payable within one year	27,742	23,941
Payable between two and five years	128,546	113,599
Payable after 5 years	45,932	90,855
	<u>202,220</u>	<u>228,395</u>

In December 2015, the charity obtained a loan from its bankers in the amount of €450,000 in order to part-finance the purchase of its registered office. The loan attracts a variable interest rate 5.97% at 31 December 2025 (6.94% at 31 December 2024) and is repayable by way of 180 fixed monthly instalments. The borrowing is secured by way of fixed charge over the charity's premises at Leeson St.

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
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**18. Right of Use Lease**

	<b>2025</b>	<b>2024</b>
	€	€
Present Value Lease liability on commencement	1,135,837	-
Lease amortisation	(89,243)	-
	<u>1,046,594</u>	<u>-</u>
Present Value Lease liability due within one year	89,124	-
Present Value Lease liability due after more than one year	957,470	-
	<u>1,046,594</u>	<u>-</u>
<b>Minimum Lease payments due:</b>		
Payable within one year	156,115	-
Payable between two and five years	624,460	-
Payable after five years	652,368	-
	<u>1,432,943</u>	<u>-</u>

On 6 March 2025, the charity signed a 10 year Right of Use (ROU) lease for new offices at Equity House on Ormond Quay Dublin 7. The present value of the lease €1,135,837 was calculated on the commencement date with an implicit finance rate of 6.609%. The lease is payable in fixed quarterly payments €39,029 in advance. Lease payments in 2025 were €167,235 comprising €89,243 lease amortisation, €60,347 current year lease interest and €17,645 lease interest prepaid. At 31 December 2025 the lease liability is €1,046,594.

**19. Deferred income**

	<b>1 January 2025</b>	<b>Amount taken to income</b>	<b>Amount received</b>	<b>31 December 2025</b>
	€	€	€	€
<b>Cuan</b>				
• Cuan 2025 Service Delivery and WRC	225,552	(3,191,297)	3,600,865	635,120
• Cuan 2025 Consent Conversation	70,000	(100,000)	30,000	-
• Cuan 2025 Open funding Consent	-	(169,316)	275,519	106,203
• Cuan National Helpline WhatsApp	-	-	34,796	34,796
• Cuan Equity House CRF	-	(196,135)	196,424	289
• Cuan Repurposed funding Equity House	244,047	-	-	244,047
• Cuan (Was Tusla) 2023 funding	103,772	-	-	103,772
• Cuan (Was Tusla) 2022 funding	66,334	-	-	66,334
<b>Department of Justice Home Affairs &amp; Migration</b>				
• Community Safety Fund	-	(55,302)	134,592	79,290
<b>Other Income</b>	120,915	(28,488)	20,000	112,427
	<u>830,620</u>	<u>(3,740,538)</u>	<u>4,292,196</u>	<u>1,382,278</u>

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
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**19. Deferred income continued**

The charity recognised deferred income, where the terms and conditions associated with the income restriction have not been met. Some funding grants received including Cuan grants are subject to performance related conditions or time periods. At year-end Cuan are entitled to request the return of unspent funding or repurpose it for next year service delivery funding. When the performance related or other conditions are met the deferred income is released to income in the statement of financial activities.

**20. Reserves and funds**

	<b>Designated Funds</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds</b>
<b>Balance at 1 January 2025</b>	2,820,588	613,241	-	3,433,829
Surplus for the year	-	460,632	463,262	923,894
Transfer between funds	-	251,437	(251,437)	-
Transfer between funds	137,772	(137,772)	-	-
<b>Balance at 31 December 2025</b>	<u>2,958,360</u>	<u>1,187,538</u>	<u>211,825</u>	<u>4,357,723</u>

**Restricted funds** refer to income receipted and recognised in the accounts in 2025 restricted for a specific purposes. €361,436 of restricted income was received from both statutory and non-statutory sources to fund the Equity House refurbishment. At year-end €251,437 has been expended on the works facilitating the release of the restriction. The remaining balance is held within restricted funds to fund the continued refurbishment in 2026. A further €101,826 in restricted income is receipted to accounts in 2025 specified by donors for operational requirements in 2026 bringing the closing restricted fund at 31 December 2025 to €211,825 (31 December 2024 € Nil).

**Designated funds** refer to unencumbered cash reserves designated by the Board of Directors for specific purposes. The charity's core services are largely funded by Cuan for which the charity is extremely grateful. However, while 2026 service delivery funding is confirmed by Cuan, statutory funding is not guaranteed into the future. In March 2025, the charity entered into a 10 year Right of Use Lease at Equity House increasing its committed costs with lease payments €1,432,943 due from 01 January 2026 to 01 January 2035 (2024: € Nil). At 31 December 2025, the Board of Directors have designated unencumbered cash reserves of €2,385,382 (2024: €2,160,363), equal to 6 months of 2025 expenditure, to ensure the charity can meet its costs beyond 2026 if its future statutory funding becomes uncertain. At 31 December 2025 the charity has capital commitments of €939,015 (2024: €Nil) relating to its Equity House refurbishment. A further €572,978 (2024: €660,225) has been designated to a property reserve to fund the completion of the refurbishment in 2026. These designations will be reviewed by the Board of Directors when the move to the new premises at Equity House is completed or if multi-year statutory funding is confirmed by Cuan beyond 2026.

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
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**21. Restricted Funds**

	Income	Expenditure	Transfer Capital Expenditure	Surplus/ (Deficit)
At 31 December 2025	€	€	€	€
<b>Cuan</b>				
2025 Service Delivery Funding	3,191,297	(3,191,297)	-	-
2025 National Consent Conversation	100,000	(100,000)	-	-
Consent Conversation Open Funding	169,316	(169,316)	-	-
Equity House Refurbishment CRF	196,135	-	(196,135)	-
<b>Department of Justice Home Affairs &amp; Migration Community Safety Fund.</b>	55,302	-	(55,302)	-
<b>Others</b>	795,423	(583,598)	-	211,825
	<u>4,507,473</u>	<u>(4,044,211)</u>	<u>(251,437)</u>	<u>211,825</u>

Cuan Equity House Change Request Funding (CRF) €196,135 and Department of Justice Community Safety funding €55,302 was receipted to income for Equity House refurbishment works, with total expenditure €251,437 booked to Fixed Assets in the Statement of Financial Position in 2025. Total restricted expenditure in the Statement of Financial Activities in 2025 was €4,044,211.

	Income	Expenditure	Transfer	Surplus/ (Deficit)
At 31 December 2024	€	€	€	€
<b>Cuan</b>				
Therapy & National Helpline SLA	2,151,665	(2,151,665)	-	-
Therapy & National Helpline WRC	145,426	(145,426)	-	-
Consent Research	84,214	(84,214)	-	-
National Consent Conversation	213,660	(213,660)	-	-
Consent Website Management	51,276	(51,276)	-	-
Victims of Crime Accompaniment	437,260	(437,260)	-	-
BodyRight and Youth Services	207,752	(207,752)	-	-
Victims of Crime Finding Your Way	82,595	(82,595)	-	-
<b>Department of Children, Equality, Disability, Integration and Youth</b>	9,074	(9,074)	-	-
<b>Others</b>	355,836	(355,836)	-	-
	<u>3,738,759</u>	<u>(3,738,759)</u>	<u>-</u>	<u>-</u>

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)  
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**22. Analysis of net assets between funds**

	Unrestricted Funds 2025 €	Designated Funds 2025 €	Restricted Funds 2025 €	Total 2025 €
Fixed Assets	2,319,485	-	-	2,319,485
Cash and current investments	1,876,877	2,958,360	211,825	5,047,062
Other current assets / liabilities	(1,876,877)	-	-	(1,876,877)
Creditors more than one year	(1,131,947)	-	-	(1,131,947)
	<u>1,187,538</u>	<u>2,958,360</u>	<u>211,825</u>	<u>4,357,723</u>
	Unrestricted Funds 2024 €	Designated Funds 2024 €	Restricted Funds 2024 €	Total 2024 €
Fixed Assets	1,044,912	-	-	1,044,912
Cash and current investments	830,620	2,876,563	-	3,707,183
Other current assets / liabilities	(1,113,811)	-	-	(1,113,811)
Creditors more than one year	(204,454)	-	-	(204,454)
	<u>557,266</u>	<u>2,876,563</u>	<u>-</u>	<u>3,433,829</u>

**23. Membership**

Dublin Rape Crisis Centre is a company limited by guarantee not having share capital. Every member is liable for the debts and liabilities of the charity in the event of a winding up, for such amounts as may be required but not exceeding €1 each.

**24. Subsequent events after the end of the financial year**

Nichola Gallagher resigned from the Board of Directors on 28 January 2026.

Niamh Meenan, Philip Crowley, Deborah Threadgold and Susan Bunworth were appointed to the Board of Directors on 28 January 2026.

In May 2026 the charity is transitioning its operations from its premises at 70 Lower Leeson Street, Dublin 2 to a larger leased premises at Equity House, Ormond Quay Upper, Dublin 7. The status of the owned premises at 70 Lower Leeson Street will be reviewed when the transition is complete.

**25. Related Parties**

There were no transactions with related parties that require disclosure.

**26. Capital commitments**

After a detailed value engineering and tender process, the charity signed a contract in 2025 to refurbish its leased space at Equity House to facilitate continued growth of services into the future. Construction work began in October 2025. Total contracted costs are €1,190,452 of which €251,437 were incurred at 31 December 2025 with expenditure included in leasehold additions on the statement of financial position. The refurbishment is progressing to schedule with a completion date in May 2026 by which time the balance of the committed capital cost at 31 December 2025 €939,015 will be invoiced (2024: €Nil).

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)**  
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**27. Contingent liabilities**

There were no contingent liabilities as at the 31 December 2025 (2024: €Nil).

**28. Cash generated from operating activities**

	Notes	2025 €	2024 €
Surplus for the year		923,894	270,741
<b>Adjustments for:</b>			
Finance costs	11	73,984	18,005
Depreciation of tangible fixed assets	12	137,107	52,730
Amortisation of Right of Use Lease	18	(89,243)	-
<b>Movements in working capital</b>			
Decrease / (increase) in debtors		4,788	(20,995)
Increase in creditors		206,648	100,360
Increase / (decrease) in deferred income		551,658	(100,014)
<b>Net cash inflows generated from operations</b>		<u>1,808,836</u>	<u>320,827</u>

**29. Analysis of Changes in Debt**

	1 January 2025	Cash flows €	31 December 2025 €
Cash at bank and in hand	3,707,183	1,339,879	5,047,062
	<u>3,707,183</u>	<u>1,339,879</u>	<u>5,047,062</u>
Borrowings	(228,395)	26,175	(202,220)
Right of Use Lease	-	(1,046,594)	(1,046,594)
	<u>3,478,788</u>	<u>319,460</u>	<u>3,798,248</u>
	<u>3,478,788</u>	<u>319,460</u>	<u>3,798,248</u>
	1 January 2024	Cash flows €	31 December 2024 €
Cash at bank and in hand	3,446,417	260,766	3,707,183
Bank overdrafts	(2,155)	2,155	-
	<u>3,444,262</u>	<u>262,921</u>	<u>3,707,183</u>
Borrowings	(249,876)	21,481	(228,395)
	<u>3,194,386</u>	<u>284,402</u>	<u>3,478,788</u>

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)  
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**30. Grant disclosures**

The charity receives the following grants and these are disclosed in line with the circular 13/2014 Management of and Accountability for Grants from Exchequer Funds.

	<b>Name of Grantor</b>	<b>Actual Name of Each Individual Grant</b>	<b>Purpose for Which Funds Are Applied</b>	<b>Amount and Term of the Total Grant Awarded</b>	<b>The Amount of the Grant taken to final Income in Financial Statements</b>	<b>Amount of Grant deferred at 31/12/25</b>
1	Cuan	2025 Service Delivery Funding and 2025 WRC Funding	Funding for the provision of services and programmes including Therapy, National Helpline, Accompaniment, Client Support, BodyRight and Youth Services Education and Training and maintenance of Finding Your Way.	€3,664,559 Core Funding  €119,975 WRC payment  €41,882 Service Development  Term: 1 Jan 2025 to 31 Dec 2025	€3,191,297	€635,120
2	Cuan	We-Consent Conversation	Funding for programme costs to Continue the National We Consent Conversation including Awareness Raising, Media Monitoring, Development of Education Materials and Provision of Workshops.	€100,016  €70,016 Received Dec 2024, €30,000 received Oct 2025  Term: 1 Dec 2024 to 31 Dec 2025	€100,000	-
3	Cuan	We-Consent Conversation	Funding for Staff and programme costs to Continue the National We Consent Conversation including Awareness Raising, Media Monitoring, Development of Education Materials and Provision of Workshops.	€275,519  Received Dec 2025  Term 1 Jan 2025 to 31 Dec 2025	€169,315	€106,204

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)  
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**30. Grant disclosures continued**

	<b>Name of Grantor</b>	<b>Actual Name of Each Individual Grant</b>	<b>Purpose for Which Funds Are Applied</b>	<b>Amount and Term of the Total Grant Awarded</b>	<b>The Amount of the Grant taken to final Income in Financial Statements</b>	<b>Amount of Grant deferred at 31/12/2025</b>
4	Cuan	National Helpline WhatsApp Implementation	August 2025 Open funding application to support the implementation of WhatsApp into the National Helpline service in particular to make the service more accessible to adolescents.	€11,614 implementation costs. €98,187 operations costs €34,796 received Dec 25  Term: Ongoing funding	-	€34,796
5	Cuan	Equity House Refurbishment CRF	One off funding to support the refurbishment of Equity House	€196,424 Received Dec 25  Term to end Refurbishment	€196,135	€289
6	Department of Justice, Home Affairs & Migration	2025 Community Safety Fund	Improving Community Safety in relation to Sexual Violence	€149,547 €134,592 received Nov 2025  Term Nov 2025 to 31 December 2027	€55,302	€79,290
7	St Stephens Green Trust	Supporting Vulnerable Women and Families in the International Protection process	Strengthening Supports for Survivors Seeking IP	€60,000 €20,000 Received in 2025  Term: May 2023 to May 2026	€20,000	€13,834

No capital grants were received during the year ended 31 December 2025. Dublin Rape Crisis Centre is compliant with relevant Circulars, including Department of Finance Circular 44/2006 "Tax Clearance Procedures Grants, Subsidies and Similar Type Payments and with Circular 13/2014.

**THE DUBLIN RAPE CRISIS CENTRE (A COMPANY LIMITED BY GUARANTEE)  
NOTES TO THE FINANCIAL STATEMENTS  
FOR YEAR ENDED 31 DECEMBER 2025**

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**31. Approval of financial statements**

The Board of Directors approved these financial statements and authorised them for issue on 14 May 2026.

**THE DUBLIN RAPE CRISIS CENTRE  
(A COMPANY LIMITED BY GUARANTEE)**

**MANAGEMENT INFORMATION**

*(These pages do not form part of the statutory financial statements)*

**DUBLIN RAPE CRISIS CENTRE  
(A COMPANY LIMITED BY GUARANTEE)**

**Appendix I – Incoming Resources**

	<b>Designated Funds €</b>	<b>Unrestricted Funds €</b>	<b>Restricted Funds €</b>	<b>Total 2025 €</b>	<b>Total 2024 €</b>
<b>Income</b>					
Donations	-	841,179	795,424	1,636,603	979,952
Donated goods and services	-	117,762	-	117,762	45,276
Legacies	-	59,429	-	59,429	27,380
<b>Income from charitable activities</b>					
Cuan Government grants	-	-	3,656,747	3,656,747	3,373,848
Other Government grants	-	-	55,302	55,302	9,074
Education, counselling & other services	-	168,815	-	168,815	155,937
<b>Total income</b>	<b>-</b>	<b>1,187,185</b>	<b>4,507,473</b>	<b>5,694,658</b>	<b>4,591,467</b>

**DUBLIN RAPE CRISIS CENTRE  
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**Appendix II Resources Expended Charitable Activities**

	Unrestricted Funds €	Restricted Funds €	Total 2025 €	Total 2024 €
Wages and Salary Costs	105,090	2,987,272	3,092,362	2,901,777
Pension	7,825	138,154	145,979	116,877
Insurance	-	34,730	34,730	30,787
Utilities	-	17,330	17,330	16,556
Repairs and maintenance	-	7,953	7,953	33,906
Cleaning	-	29,099	29,099	32,396
Therapy Rooms & Other Rental Costs	-	67,140	67,140	53,985
Equity House Lease depreciation and implicit finance cost	212,691	-	212,691	-
Staff Training & Development	-	22,299	22,299	20,893
Counselling Supervision	-	44,430	44,430	39,556
Printing Post and Stationary	-	10,218	10,218	11,181
Telephone and Broadband	-	28,744	28,744	28,696
IT Software and Support	-	25,016	25,016	27,289
IT and Other Office Equipment	-	270	270	3,211
Household Supplies	-	9,571	9,571	7,246
Staff Travel Expenses	-	4,426	4,426	5,242
Couriers	-	1,139	1,139	1,056
Professional fees and Other Support Function Costs	4,158	67,734	71,892	16,743
Consultancy Fees	-	16,166	16,166	47,439
Communications including Annual Report	4,928	22,577	27,505	21,917
Membership & Subscriptions	-	14,631	14,631	12,326
Interpreting, Translation and other Client support services	-	4,433	4,433	1,903
BodyRight and Youth Services	-	20,007	20,007	21,258
Education and Training programme costs	4,019	19,192	23,211	18,101
Helpline costs	37,830	-	37,830	-
Volunteer programme costs	-	12,121	12,121	19,238
Accompaniment programme costs	-	2,557	2,557	23,942
We-Consent programme costs	7,004	101,966	108,970	201,161
Finding Your Way programme costs	-	1,005	1,005	39,192
Other programme costs	1,142	28,452	29,594	5,033
Fundraising Expenses	-	-	-	-
Campaign and Survey costs	45,523	226,745	272,268	216,253
Audit fees	-	16,350	16,350	15,415
Bank charges	-	7,785	7,785	7,992
Bank interest	-	13,310	13,310	17,446
Depreciation on Buildings and Equipment	-	41,390	41,390	50,344
Sundry	-	-	-	-
	<u>430,210</u>	<u>4,044,211</u>	<u>4,474,421</u>	<u>4,066,355</u>

**DUBLIN RAPE CRISIS CENTRE  
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**Appendix III Resources Expended Cost of Raising Funds**

	Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
	€	€	€	€
Wages and Salary Costs	189,924	-	189,924	169,880
Pension	11,974	-	11,974	8,794
Insurance	1,782	-	1,782	1,564
Utilities	889	-	889	691
Repairs and maintenance	408	-	408	1,659
Cleaning	1,493	-	1,493	1,646
Staff Training & Development	-	-	-	189
Printing Post and Stationary	643	-	643	650
Telephone and Broadband	2,033	-	2,033	1,792
IT Software and Support	1,353	-	1,353	1,920
IT and Other Office Equipment	-	-	-	214
Household Supplies	442	-	442	363
Staff Travel Expenses	21	-	21	20
Couriers	89	-	89	10
Consultancy Fees	803	-	803	1,292
Communication costs including Annual Report	587	-	587	316
Membership & Subscriptions	762	-	762	
Fundraising Expenses	81,221	-	81,221	53,642
Audit fees	402	-	402	595
Bank charges	191	-	191	220
Bank interest	327	-	327	886
Depreciation on Buildings and Equipment	900	-	900	2,386
	<u>296,245</u>	-	<u>296,245</u>	<u>248,730</u>

**Appendix IV Resources Expended Other Expenditure**

	Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
	€	€	€	€
Household Supplies	-	-	-	252
Professional fees and Other Support Function Costs	-	-	-	2,739
Sundry	98	-	98	2,650
	<u>98</u>	-	<u>98</u>	<u>5,640</u>

**DUBLIN RAPE CRISIS CENTRE  
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**Appendix (V) – Segmented Accounts for Cuan For Provision of DSGBV Services**

	Service Delivery Funding	Consent Programme Delivery	Other Funding	Total
<b>Income</b>				
Service Delivery funding incl WRC	€ 3,600,865	€	€	€ 3,600,865
Consent Programme delivery		305,519		305,519
Equity House Refurbishment			196,424	196,424
National Helpline WhatsApp Implementation			34,796	34,796
	<b>3,600,865</b>	<b>305,519</b>	<b>231,220</b>	<b>4,137,604</b>
<b>Expenditure</b>				
Salary Costs	2,752,162	182,525		2,934,687
Insurance	32,093	849		32,942
Utilities	16,634	144		16,778
Facilities Maintenance and Repairs	28,994	1,394		30,388
Health & Safety	2,414			2,414
Fire Safety	2,420			2,420
Rent Premises / Offices	66,695			66,695
IT Licensing, CRM, Telephone & Data	77,917	126		78,043
HR CPD Training and Supervision	75,657	3,316		78,973
HR Recruitment	16,206			16,206
Accounting and Finance	3,220	212		3,432
Governance	790			790
Legal and Professional Fees (excl Annual Audit)	44,428	902		45,331
Other Communication and advertising costs		37,247		37,247
Subscriptions	12,285			12,285
Service Advertising and Client Reach Costs	6,855			6,855
Stationary & Postage	9,253			9,253
Interpreting Translation & Other Specific Client costs	4,485			4,485
Food & Household	7,818			7,818
Travel & Subsistence	3,839	365		4,204
Bank	109			109
Consent Workshop, Survivor Council and Ambassador costs		27,258		27,258
Consent Website and other programme costs		14,977		14,977
Equity House Refurbishment Costs			196,135	196,135
Other Service development Costs	27,023			27,023
<b>Total Expenditure</b>	<b>3,191,296</b>	<b>269,316</b>	<b>196,135</b>	<b>3,656,747</b>
<b>Surplus / (Deficit)</b>	<b>409,569</b>	<b>36,203</b>	<b>35,085</b>	<b>480,857</b>
<b>Balance at 01/01/2025</b>	<b>225,552</b>	<b>70,000</b>	<b>414,153</b>	<b>709,705</b>
<b>Balance at 31/12/2025</b>	<b>635,121</b>	<b>106,203</b>	<b>449,238</b>	<b>1,190,562</b>